

2024-02-23

HARD NEWS ON FRIDAY

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.”
Margaret Mead

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
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- III ACCESS TO ARCHIVES
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- V KESHE FOUNDATION INFO; N F T REWARDS PROGRAM
- VI FRIDAY HARD NEWS: NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara callers welcome.

**NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
Pin Code: 353 863#**

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

B B S RADIO STATION 1

A Night at the Roundtable
Friday Night Hard News

B B S RADIO STATION 2

Saturday History Call

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B B S ARCHIVES

- go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.**
- Find the table listing the dates. Click on required date.

II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1-605-472-5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D via Skype	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested

To access past ALC calls, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://ashtarontheroad.com)

III ARCHIVES: provided by **B B S RADIO RAINBOW ROUNDTABLE**

ARCHIVES: B B S

- Go to www.bbsradio.com
- In **Search** box, enter the name of the desired program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING**
- Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN**
 - Go to "Archives" tab: See NOTES on RHS
- **AUDIO**
 - Go to "Archives" tab: See AUDIO on LHS:
Included are both BBS podcast + Conference Call Links

IV OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING

A. Opening Meditation: Rainbird

B. Mayan Calendar / Record of Days: Rainbird

• Go to <https://www.spacestationplaza.com> – to locate specific days & lots more information: on the home page, you can find out what your Mayan signature is; while there, look and see where the wave – the birth wave - began

• to learn about the Mayan Calendar, Go to <https://www.spacestationplaza.com> which will link you further to www.lawoftime.org website for further information.

PLEASE LISTEN TO THE PODCAST TO HEAR THE ENTIRE DISCUSSION OF EACH DATE

Also note: This is not a 3rd dimensional calendar! It's a Record of Days.

www.Spacestationplaza.co Click on the tzolkein – it's on page 2 of the link.

PORTAL DAYS = extra dimensionality

ALL THE FOLLOWING DAYS ARE ALSO PORTAL DAYS, AS THEY WERE LAST WEEK! ! !

23rd Friday **9 CIMI** **White Solar World Bridger** **Warrior**

About forgiveness, moving into a state of grace; linking heaven and earth; transmutation. Let go of ego, controlling behavior, r anything that no longer fits in your life.

24th Saturday **10 MANIK** **Blue Planetary Hand** **Healing**

FULL MOON TODAY. Also means deer. Healing self and others, creating contentment and peace; accepting the divinity of our self – let go of distractions, procrastination; manifest what we've been dreaming

25th Sunday **11 LAMAT** **Yellow Spectral Stargate** **Visionary**

Work with illumination of humankind, opening the stargate. Work with power to see beyond the stargate

26th Monday **12 MULUC** **Red Crystal Moon** **Artist**

Wise use of rational mind, accepting Spirit's direction – remember what we came here to do; use your telepathy

27th Tuesday **13 OC** **White Cosmic Dog** **Artist**

We finish the wave of Etnab – manifest what needs to be changed. Unconditional love – healing the pain of the past and working with contact with Spirit guides, awareness of destiny and past lives. Let go of fears, unwise use of anger.

28th Wednesday **1 CHUEN** **Blue Magnetic Monkey** **Artist**

Balancing work and play; pay attention to the wise use of mind; remember to enjoy ourselves; let go of resistance to compassion working with innocence and play

29th Thursday **2 EB** **Yellow Lunar Human** **Healing**

0.0 HUNAB KU a powerful day to set intentions about something: SOURCE energy all day lone!

1st March Friday **3 BEN** **Red Electric Skywalker** **Warrior**

Working with the healer and the human – attune with Spirit – we are the human service warriors – let go of any dependence on the human mind – keep giving!

Zoom Call on Crystal Tone - Joining # 818 682 878 3 – begins at 11:00 and to 11:11 – begins on Wednesday
pass code is 1320

C. Housekeeping:

• We are asking to **have more people contribute**, as some of the regular, long-term donors are stressed and stretched: **any and all small amounts are helpful and very welcome.**
Re **T & R:** Their full-time, life-time commitment is to be tuned in to what is really going on behind the scenes of the artificial world we see around us. They don't ask for anything but they do require food, a home, gas For the car, and access to BBS Radio in order to compile and distribute this information to the world.

• Donations via Paypal button on the **homepage** www.rainbowroundtable.net

B B S RADIO:

- The radio programs are supported by us, the listeners.
- The THREE radio programs cost \$300 each week.
- The mailing address for those who do not like paying electronically

B B S RADIO

B B S RADIO
58 N Marshside Place
Spring, TX 77389

Please put **"Attention Don"** on the envelope
 And note inside "for Thursday, Friday
 AND Saturday calls"

- **All BBS archives can be accessed FOR FREE by everyone.**

- **NB: TO BE FOUND AT** www.rainbowroundtable.net/archives

- **AUDIO ARCHIVES** (BBS Radio Podcasts plus Conference Calls) **and**
- **PROGRAM NOTES** (downloadable and printable **PDFs**)

OTHER FINANCIAL REQUIREMENTS FOR RAMA, TARA:

FOOD MONEY: VIA PAYPAL OR See the PAGE ON www.rainbowroundtable.net

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

	Financial Requirements	Other details
WEEKLY		
B B S RADIO/week	A balance error from Dec which bumped it up \$1,111.00 including February! !! (It's a magical number!)	To get caught up . . . Three programs each week- see above Thursday, Friday, Saturday
PERSONAL		
Living expenses	\$200.00	Food, Gas, etc
Bills	\$50.00	Balance of electric bill
Miscellaneous/Other	\$200.00	For the rest of the cost of the battery
MONTHLY		
Rent - \$1,150 / mo		
Total		

CONTACT INFO

- **Please notify Rama when sending something** koran999@comcast.net
- **Mailing address for checks, money orders, etc**
 Ram D Berkowitz
 PO Box 280
 Santa Cruz, NM 87567

EVERY \$5 HELPS - ALL GRATEFULLY RECEIVED: THANKS TO ALL FOR THEIR HELP . . .

- **Remember you can book a session with Mother, as well!**

**** [www.rainbowroundtable.net /page/donate](http://www.rainbowroundtable.net/page/donate) ****

- Tara and Rama continue to appreciate each & every donation received for food.
- Please continue to go to www.rainbowroundtable.net and link to their Paypal account: choose **family and friends option so Paypal takes off no fees.**

They are under orders by Rama's boss (former President Obama's security chief, known as the King of Swords) to live entirely by donations from the Light community.

Your support is invaluable and greatly appreciated. Thank you so much for your kindness and generosity! Namaste.

V KESHE FOUNDATION INFO; N F T REWARDS PROGRAM

(1) **MAIN address for KFSSI.org** <https://kfssi.org/>
Keshe Foundation Spaceship Institute: The Home of Plasma Science & Technology

• **To access Keshe Foundation** <https://keshe.foundation/>
Keshe Foundation: the place where Science meets the Soul of Man

• **KFWiki** <https://kfwiki.org/>
The free **Plasma Cyclopeda** of the Keshe Foundation

• **Weekly YouTube Presentations**
<https://www.youtube.com/c/KeshefoundationOrg>
Public can join by ZOOM: the link is 939 474 503

• **More information** Carolyn - Rainbird – lightenergync@gmail.com

(2) **N F T Rewards programs**

NFT/reward.biz/register
Enter: koran999

VI FRIDAY HARD NEWS: ACCESS TO THIS WEEK'S PODCAST; NOTES, REFERENCE MATERIALS

This week's PODCAST:

<https://bbsradio.com/podcast/hard-news-friday-february-23-2024>

2024-02-09 POTENTIAL VIDEOS FOR FRI, SAT – FEB 9 & 10, 2024

TO LISTEN TO CALLS ON THE PHONE:

1-631-359-9353
1-631-359-9008
1-804-220-6538

1-518-801-1159
1-667-930-9417

FRIDAY HARD NEWS: Rama, Tara: R, T

Greetings!

Today has been rough for Rama what with energies, solar flares, etc -
Energies going higher and higher every day and are adjusting . . .

Will play Amy on Saturday!

Today: spoke to no one today – spent entire day in Santa Fe; took whole day to get car repaired and after he gassed up, the car would not start . . . again! So the guy from the garage met Rama and let him his car and he took the Ruby Ray car to the garage he sat behind the garage, with 20 – 30 crows sat on the power line and sqawked!

An X class 6.7 solar flare today – it was in 2017 that there was one so big as this one! Continue to work with these higher energies, stay in the high heart,

AUDIO: Aurora Ray Ultimate 5 minute 5D heart opening

Before the launch of my 'Warrior of Light Activation' class on Monday, March 4th, I wanted to share an extremely powerful secret with you.

When you open your heart chakra, you can feel the joys of life and the beauty around you.

I call this the "5D heart opener".

The third video in my 6-part video series leading up to the Warrior of Light Activation class just went live, and you can follow along to try the 5D heart opener.

Give it a try.



When the heart center is strong and open, old wounds can heal, and defenses begin to drop away. We are most aligned with our real Self when we have the strength to stay open and connected.

It will help you to grow out of fear and attachment and lead you into a state of spiritual awakening or feelings of oneness with all of creation.

Make sure you watch the video, since at the end of the video there's a detailed guided walkthrough where we'll literally practice the 5D heart opener together to open your heart to 5D vibes within 5 minutes of pure joy.

Watch the video and try the 5D heart opener

Massive love,
Aurora Ray

NOTE: THIS LINK WILL TAKE YOU TO A FREE 6-PART VIDEO SERIES TO LEARN MORE ABOUT THE UPCOMING CLASS SHE TEACHES

<https://ascensionactivationtraining.com/pre-launch>

CONFERENCE CALL

PCC: she woke up this morning and later in the day, she felt so different – something has lifted!
And wondered if she was OK! !

R: She is OK: we've gone through a lot of stuff in the last few years and he sees the physical changes that I am speaking - it's not that we're late but that it's time to shift this
• And the last time was 2017 when such an X Class flare was present on earth!

R told Carlos to learn how to breathe and Rama showed him how

Pad: tired of all the computers in cars, and that they can shut us

- in terms of the chatter on phones etc – way too much for them to keep track of -
- talks of the chemtrails that have started with the sunshine – and it is not Peruvian cocaine they are leaving on doorsteps !

R: as PCC said, things are falling into place; it is about the times we're in which have to do with what's happening

- the energies now coming from the sun and the Hunab Ku – we're getting an upgrade whether we know it or not – and we ride the waves! Can be easy or a ***** on wheels -
- it's the solar flares – sometimes he can see the waves coming off the sun – they look like the shimmering waves on a sidewalk in the summer – it feels like a breeze when you put your hands out –
- he does the alternate nostril breathing and the waves go through him – and us, if we use the technique
- and sometimes want to lie down – what he is seeing is an upliftment in the people and the animals and have to slow down

Pad: the food system is also contaminated – those on manual labour jobs who eat this stuff

- this all comes back to NESARA!
- She watched *Deep Space* on Gaia – #1-8 is about the lions – Sirians. WATCH IT! Debbie Solaris in hand to hand combat, no matter what or who, is no match for a lion –
- Connected a lot of sub conscious dots for her

R: today was clear – no chemtrails – until late afternoon, started to see them- blue sky, and nothing but the sun

- they target certain areas of the country, planet – has to do with geo-engineering – maybe connected with Gates and other orgs – spraying stuff to keep the sun coming in – they don't want us to get the gold dust monatomic dust -

Pad: there is some city or state have passed a law against the presence of those trails

PCC: from the eastern seaboard: mentioned it last night:

Pad: raises the consciousness that we can do something about them

T: brings up Julian Assange – Australia want him back in australia
it's Hillary who wants him back in the US

Pad: how come he isn't dead already? ? ? does it keep the narrative alive?

T: Amy did something – he got hold of the footage in question; she played it today: the US soldiers overhead were shooting from above – something like 12 journalists -

Democracy Now & others: going over the war crimes: this is what she is pointing out !!!

- This tells T that they are getting ready for arrests – and people are waking up more, and will be present to understand

RB: Amy brought up some good points: the US lawyers had nothing to add – no response – couldn't answer the questions they were asked -

T: because they are afraid of Hillary who kills people she doesn't like

- it is Gazan journalists being killed with US \$ and via IDF soldiers

RB: repeats what happened in that incident – it was in Iraq – a good clip and hard to watch they killed the rescue workers who were there to help

Pad: it is modified DNA: like a bi-pedal alligator with no heart!

- And even ancient alligators were not killing for a loosh addiction which cannot be controlled
- and this is not just bio-sphere related: they kill to take stuff to sell out in the galaxy !!!
And people are not aware of it . . .

T: the work we are doing is changing with the expansion of our consciousness; what we do helps everyone . .
Present: Birdman, a cat – and others

B B S RADIO

AVE SACHE

FROM THE COMPANY OF HEAVEN - The Next Step

www.eraofpeace.org

VLOG 8

EMPOWERING OUR LIGHTWORK

Patricia Cota-Robles



<https://rumble.com/v4eet5z-vlog-8-empowering-our-lightwork.html>

[SEE THE END OF THE NOTES FOR THE VLOG]

2024-02-15 The Goddess Inanna Transmission: The Loss and Re-Emergence of the Divine Feminine

<https://thesoulmatrix.com/2024/02/15/goddess-inanna-transmission/> **43:00**



[Steve Nobel](#)



Inanna is an ancient Goddess associated with love, beauty, fertility, and power. Inanna was worshiped in Sumer at least as early as 4000 BC and she became one of the most widely venerated deities in the Sumerian pantheon with temples across Mesopotamia. She was also known as Ishtar by the Assyrians and Babylonians. She later was worshiped later as the Phoenician Goddess Astarte and later still was worshiped as the Greek goddess Aphrodite. Inanna's most famous myth concerns Her descent into and return from the Sumerian Underworld.

The myth of Inanna outlines the loss and re-emergence of the goddess across the planet. She leaves through seven gates and at each gate she is asked to surrender a piece of clothing or jewellery. This journey into the underworld represents the gradual loss of Divine Feminine gifts and qualities to humanity. After a period of absence, She is allowed to return and She returns through seven gates and at each She reclaims her clothes and jewellery.

The First Gate opened in the 60's. A time of Flower Power and love. There arose a wave of feminist activity. Many spiritual teachers and channels emerged.

The Second Gate was in the 90's where many started to awaken and shift into 4d. More pioneering teachers and healers emerged. Also, the Internet emerged.


The Third Gate was just before 2012; this was a major gateway for humanity. Many here many woke up and realised the nature of ascension and role of Starseeds.

The Fourth Gate opened between 2014-20, a time when many Starseeds began to awaken to the antics, deception, manipulation of Lower Dark Forces on the planet.

The Fifth Gate continues to open 2020-25 where many in the human collective are waking up through certain revelations rather than spiritual practice. This gateway is major shift in the collective consciousness away from darkness.

The Sixth Gate is due to open around 2030-32. At this point there is another very important planetary shift away from the leadership and rule of Darkness into a greater alignment across the planet to the light.

The Seventh Gate is due to open around 2050.

Join this channel to get access to perks:  / [@stevenobel](#)

MOTHER / ALCYONE [M/A]

Greetings in the Light of the Most Radiant one! In the Office of the Christ, and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet Flame.

Greetings, Children of Ra!

Is it hot enough in the kitchen?

T: laughing -

M/A: things are moving quite nicely

T: looks like it's going pretty fast

M/A: Quantum light speed!

T: and we send more love

M/A: Yes. The Darkness is being dispelled - 26,000 years is enough!

T: we're starting a new yuga - sat yuga - 4 x longer than Kali Yuga- can we handle it

M/A: Ask yourselves! Love in the cells

T: It's a good time to be here . . .

M/A: It is a glorious time to be alive, and the most intense because we asked to show up now, with all the ramifications of what it means.

What's being said: this energy coming in at this time like Elon M.. we are moving the 7 gates each day energies get a little higher, little more intense

T: 7 gates?

M/A: Yes

T: Do we do it with alchemy then?

M/A: Yes, it is this work of the temple - body up to handle the light coming in. That's why Aurora Ray is sharing with us what's been in the realm of manifestation for thousand of years - how to merge the consciousness with the body to handle the Light coming in.

It's quite a cosmic dance - we like to dance! Yes!

T: She likes to dance too!

M/A: What we could say about the situations on the planet: Blaze the Violet Fire! It is a tough one to go through this and not feel the heaviness of what's happening

T: she can feel that and that there has never been such a high increase of light – never quite been here before!

M/A: No, this time around we get it right! Not to say that we haven't gotten it right before - all is in perfect Divine order. As what Patti was speaking about – what she calls us: The Company of Heaven, the Galactic forces of all the different realms.

- what's being lifted higher are these cells: it is awesome to behold! As these folks were to realize how powerful we are, it is with great love, great respect, great responsibility: we are creator goddesses and gods of the Most high, and this moment being laid out before us in Lavender, how to change this – Lavender Lad leading the Way – Violet Flame Light.

T: liked what Steve Nobel was saying: the quality of the higher light is permeating all areas politics, education, science, communication

M/A: as we can get past these ideas about false gods showing up saying stop that

- separates the mind from the heart: talking about her wayward children who played around and fell, and our egos also got in the way

we all played, not just the big one:- everybody here has at least once been through this:

- as we are here in a body, welcome to the adventure! It is an adventure to be here, to go through this unscathed! It's . . . Blaze the Violet Fire for all of what's going on

Our wayward children know their time's up and our sun keeps pumping out the light that is transforming the planet, transforming us – we cannot say a day or a time, yet we feel it, we know it.

What's happening even though nobody has rung a bell: it's this wave of light that's coming in, that's changing how folks are seeing things interacting with each other: the flora, the fauna, the animals, all of life;

- there is this sense of urgency; utmost urgency and, yes, we can say it is the need of the hour at hand.
- For as many souls that are leaving right now through conflicts going on, there are trillions of souls coming in here, fully awake and ready, so to speak

So all is not in vain. Even though it looks like shit, it is not. It is a challenge to get through it and that's our mission here.

- These bodies were designed to be living, immortal, radiant suns and we're getting there! It just takes what you might call TIME!
- Time is relative: as we spend our time worrying, that does not help. As we do the sadna, working with the body, the temple, breathing, focusing on how we can change our thoughts: if we were to spend as we were to go into the various realms that are inside this living organism, and these crazy ideas that say embryos are children???

T: it looks as desperate as can be . . .

M/A: all of life is sentient whether is it a single cell amoeba or what we are interacting with

- all of life is sentient to the degree that you gotta take it to the quantum level because all the cells know that it is part of this circle of life: that is how we interact and what has been a bit lost is the good red road –
- that's what was taught by Chief Seattle and the other masters of this planet: talk to the trees, the grass, the rocks, the beings known and unknown. Everybody is listening – the symphony is called the music of the spheres.

The music is in the movement of how things interact with each other: this harmony of the spheres and what your friend Kuthumi taught you all. As we listen to these harmonies of the spheres, it lifts the body, the temple, up. This is why there are so many folks coming forward and saying now is the time because we are ascending and it's a big deal!

The light has won – that’s as much as we can say. It is fitting it together, and that is the task at hand. All these pieces of this cosmic jigsaw puzzle are coming together of their own accord, yet we can lend a hand and it completes the picture, and right now the Force is moving the energies into place to make this happen in spite of our best efforts to forget.

T: We’re not going to forget . .

M/A: No

T: this will never be forgotten - You mentioned that at the end of the biblical text, they talked of in about 100 years we might go back and do this again – and you said it’s been cancelled

M/A: it is an old time story that has no relevance to what we are experiencing

T: and the story about 100,000 years of peace: has it a time limit or is that just throwing out a number? It’s not going to go backwards . . .

M/A: As we would say, the Vedic teachings are a bit more accurate than the western teachings

T: she is challenged with the vedic teachings which have this going on forever - we never get over our stupidity

M/A: that is about how we get past our own noses

T: not happy about hearing that scenario of forever to get past our noses! ! !

M/A: let’s say, when you are in the Oneness, time goes like that: She snaps her fingers!

T: there is something called **no time**

M/A: that is what happening at this moment: we are moving into **no time** and letting the old go by the wayside, and as we spend more time in the Oneness, so to speak, that is doing the spiritual work. It changes the brain waves, changes the thought forms, and we see, can physically see, the dimensions change . .

- that is why we can walk through walls and water, whatever else seems to be the case

And we’d better be on our way – long night still and yet - Light years for us to take a journey

T: where are you going?

M/A: We are going to Denit; it is in the Taurus Constellation: a galactic council meeting with the folks from the Great Orion Council: what was spoken about in El An Ra: Light Council, dark council. It is about this completion of what’s happening now –

- Suffice it to say we are picking up our wayward children and moving on to Dracos so things can be with the higher for here.

T: and it is always for their highest good

M/A: yes, it is, as they asked to step out of their samsara

T: and they look scared

M/A: You cannot lease the energy of the people or the planet for ever; there is a limit and she’s reached her limit

T: Mother Gaia? Enough is enough . . .

M/A: Yes, and with that comes awakening that, as you want to ascend, you go with the flow of the great river. As you get stuck on the banks of the river, things happen and sometimes, they are not so pretty. It’s our choice, all of it.

We’ve got light years to go before we sleep

Both: Greetings in the Light of the Most Radiant One !

Kodoish, Kodoish, Kodoish Adonai `Tsebayoth
ilياهو ilياهو ilياهو
Yod Hey Vod Hey
YHWH

Holy holy holy is the Lord God of Hosts
Illumine Illumine Illumine
Yod Hey Vod Hey of the Living Everlasting Light
The Revealed Name to our Father universe of the Living
God behind all Creator Gods

RAMA RETURNS: was in some kind of purple pond with purple water and the water was glowing with a soft lavender hue. Were beings in the water who reminded him of manatees swimming around and rubbing up against him - kind of like a cat – still a bit unnerving.

- Thinks he was on LM Athena's ship in an arboretum – the ships are 12 levels deep with mountains, river, streams, ocean – manatees are sort of like baby seals – these beings had a silvery grayish colour to them; they stood out in the purplish water – Oh my! Quite an adventure. All these life forms are here and can interact with us – we just have to use our consciousness

T: learning a bit about bi-locating not on an airplane

R: not safe

AUDIO: Inspire Nation show with Michael Sandler with Christina Lopes

Earth's Energy is Speeding Up! Why Life Feels So Overwhelming & How to Slow it Down! Christina Lopes

2024-02-22

<https://www.youtube.com/watch?v=rooao6W2Oow>

1:23:51

[Inspire Nation Show with Michael Sandler](#)

If you've ever wondered WHY time seems to live, everything feels compressed, and like we're in a giant-accelerator of change, then you're not alone. These are powerful signs we're in the Awakening. The question is what does this mean, how does it affect you, and what can you do, to take the topsy-turvy times and flip them on their head, for a positive powerful future.

These questions and more are answered in this fascinating show with Christina Lopes on The Great Awakening and Earth's POWERFUL acceleration!

Here's a link to Christina's AMAZING YouTube Channel:

@ChristinaLopes -  / [spaceandstillness](#)

Find more from Christina Lopes: <https://christina-lopes.com/>

2024-02-24 [Mysteries of the Knights Templar](#) [DaVinci's Secret Vatican Miracle](#)

S1:Ep8 <https://www.gaia.com/video/davincis-secret-vatican-miracle-0> 26 min

Did Leonardo DaVinci create a miracle by request of the Vatican in exchange for protection of the Templars?

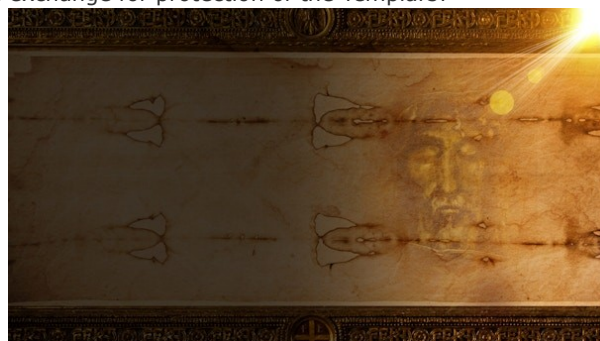
Knights Scott Wolter and Timothy Hogan shed light on church-commissioned Renaissance works like The Shroud of Turin, Virgin on the Rocks, and The Last Supper. Learn how these and other masterpieces were created by artists committed to preserving Templar wisdom while bartering for the order's survival. Explore the connections among Freemasonry, the Vitruvian Man, and a hand signal known as the "M" sign.

If it was considered heretical for the priestly line to be passed through the feminine, then did DaVinci leave behind clues that Mary Magdalene mothered sons with both Jesus and John the Baptist?

Audio Languages: English

Subtitles: English

GOOD NIGHT GREETINGS FROM RAINBIRD, RAMA AND TARA!



INFORMATION RELATED TO THE NOTES

2024-02-20 EMPOWERING OUR LIGHTWORK FROM THE COMPANY OF HEAVEN: The Next Step

Patricia Cota-Robles

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Vlog 8 EMPOWERING OUR LIGHTWORK

<https://eraofpeace.org/blogs/vlog-scripts/empowering-our-lightwork>

Today, the Company of Heaven is reminding us that, in 2023 through myriad activities of Light that were orchestrated by Awakening Humanity and the Beings of Light who have been assisting the evolutions of Earth for millennia, Mother Earth at long last reached a frequency of vibration that allowed our Solar System to God Victoriously Ascend into the full embrace of our *Grand Central Sun*.

In order for us to grasp the magnitude of just what this means, our Father-Mother God are revealing that since our fall from Grace into the abyss of separation and duality which took place aeons ago, the Sons and Daughters of God evolving on Earth have been struggling lifetime after lifetime to raise our energy, vibration and Consciousness effectively enough for Mother Earth to catch up with the rest of our Solar System. At long last, this seemingly miraculous event has happened and changed the course of history for Humanity, the Elemental Kingdom and Mother Earth.

Now as we progress into 2024, we are beginning to experience the full impact of the life-transforming frequencies of Light from our Grand Central Sun and the Beings of Light who are assisting us from that System of Worlds. These highly evolved Sons and Daughters of God were previously far above our vibrational reach. Now, however, they are standing in readiness awaiting the invitation to assist us in previously unknown ways that will elevate our Creativity and teach us how to envision the exquisite patterns of perfection we are destined to Co-create for the 5th-Dimensional Crystalline Solar New Earth. These are patterns that at this moment are truly beyond our ability to conceive of through our physical senses, our finite minds or even our wildest imaginations.

Fortunately, the Beings of Light from our Grand Central Sun have told us that this is a temporary situation. In fact, they have said *THE GREATEST NEED OF THE HOUR FOR HUMANITY IN 2024 is for our I AM Presence to enhance our Creative Faculties of Thought and Feeling by elevating our Senses of Sight, Sound, Smell, Touch, Taste and Intuition to brand new levels*. Only then will we be able to actually perceive the awesome patterns of perfection for the 5th-Dimensional Crystalline Solar New Earth. This is a necessary part of our Ascension process in order for us to be able to Cocreate these patterns tangibly in the world of form. To help us comprehend this Truth, the Beings of Light are reminding us of our purpose and reason for Being embodied on Earth at this time.

In the beginning, as Sons and Daughters of God, our purpose and reason for embodying on Earth was for each of us to learn how to use our free will and our Creative Faculties of Thought and Feeling to become Cocreators with our Father-Mother God. The original Divine Plan was for us to observe through the multidimensional awareness of our I AM Presence all of the patterns of perfection reverberating within the Causal Body of God. Then, through our individual perceptions and our unique ways of thinking and feeling, we were to Cocreate NEW patterns of perfection using our Creative Faculties in previously unknown ways, thus expanding the borders of the Kingdom of Heaven on Earth.

At a point in our evolutionary process, we made the fateful decision to begin experimenting with our thoughts and feelings in ways that were not based in Love. The resulting miscreations eventually caused the horrific event we now refer to as "*our fall from Grace*." When this occurred, Humanity lost the ability to perceive the patterns of perfection in the Causal Body of God. We also lost the ability to hear the intuitive Inner Guidance from our I AM Presence.

This tragic situation prevented us from remembering that our Destiny is to become Cocreators with our God Parents. Consequently, over aeons of time Humanity's miscreations which have been both inadvertently and

deliberately created through our negative thoughts and feelings, have caused unbearable pain and suffering for Humanity, the Elemental Kingdom and Mother Earth.

The reason the Company of Heaven is reminding us of this information now is because over the past several decades the Lightwork of Awakening Humanity has step-by-step resulted in gradually reversing the adverse effects of our fall from Grace. Through the monumental shifts of energy, vibration and Consciousness that have been accomplished through the Divine Intervention of Humanity's I AM Presences, our Father-Mother God and the Company of Heaven and every person's I AM Presence is now able to fully integrate into his or her Heart Flame once again.

This life-transforming event is allowing our I AM Presence to tangibly communicate with us intuitively. In order to experience this Inner Guidance all we have to do is take the time to go within to the Divinity of our Heart Flame and to ask our I AM Presence for guidance. Then, of course, we need to take the time to listen to that Inner Guidance.

Everyday people around the World are Awakening to this profound Truth. Literally hundreds of millions of people are becoming aware that their I AM Presence and the Beings of Light in the Realms of Illumined Truth are standing in readiness awaiting our invitation for them to assist us with the next phase of our Divine Plans. Even though we are unique and no two people have volunteered for the exact same Divine Plan, we have ALL volunteered for a Divine Plan that will, in one way or another, help us to move forward in the Light and to make progress on our journey Home to the Heart of our Father-Mother God.

The Company of Heaven is now revealing that collectively, since the birth of this decade 2020-2030, Awakening Humanity's Lightwork in collaboration with the Company of Heaven has raised the frequency of vibration for Mother Earth and all Life evolving upon her to the highest level we have ever experienced. This has allowed our Planet to catch up with the rest of our Solar System for the very first time since our fall from Grace.

What our Father-Mother God and the Beings of Light from our Grand Central Sun want us to realize is that the NEW patterns of perfection they are ready to help us Cocreate pulsate with frequencies of Light, images, patterns, colors, fragrances', musical tones, potential experiences and possibilities far beyond anything we have ever perceived or even imagined. Since our Creative Faculties consist of our Thoughts and Feelings, without the ability to even imagine these higher expressions of Life it will be impossible for us to Cocreate them without raising our Consciousness and our Senses.

For that very reason our Father-Mother God and the Beings of Light from our Grand Central Sun are revealing that "*the greatest need of the hour*" for Humanity's progress in 2024 is for the I AM Presence of each and every one of us to raise our Creative abilities and our physical senses to a 5th-Dimensional level of Consciousness. We are being assured that with our sincere Heart Call our I AM Presence and the Company of Heaven will guide us step-by-step through myriad activities of Light in 2024 that will help us to gently activate and elevate our 5th-Dimensional Creative Abilities and our 5th-Dimensional Senses of Sight, Sound, Smell, Touch, Taste and Intuition.

Dear One, this week contemplate this information and see how you can most effectively apply this information to enhance your Lightwork. Ask your I AM Presence and the Beings of Light who are now assisting us from our Grand Central Sun for Guidance. Then, listen and pay attention. You will be amazed at the intuitive ideas that begin to pop into your conscious mind and awareness.

God Bless You. I look forward to being with you next week.

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