

2024-02-24

SATURDAY HISTORY CALL

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead
<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III OPENING MEDITATION; HOUSEKEEPING; LINKS TO PODCASTS, WEBSITE
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
Pin Code: 353 863#

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

B B S RADIO STATION 1

B B S RADIO STATION 2

- A Night at the Roundtable
- Friday Night Hard News

Saturday History Call

LISTEN ON LINE

CLICK ON **AUDIO ICON**

CLICK ON **AUDIO ICON**



LISTEN BY PHONE

1-631-359-9353
[NO code needed]

1-804-220-6484
[No code needed]

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- go to www.bbsradio.com
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- scroll down to the heading TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.
- Find the table listing the dates. Click on required date.

II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call	Wednesday	Telephone Only	1- 605 - 472 - 5406 PIN 402-493#
Grand Goddess Lillie	6:00 – 7:30 MST		
Abundance Call	Every 2 nd Wednesday	Telephone	
Caroline Oceana Ryan	5:45 PM PT/ 8:45 PM ET	ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call	Every Sunday, Monday	Telephone Only	1-425-436-6260 PIN 9467 441#
Cheryl Croci	9 – 10:30 EST		Call Cheryl for # in your area
Ashtar Legacy Calls	Every 2 nd , 4 th Tuesday 5 th Tuesday – no call	Telephone	1-717-908-1834 PIN 980 339#
Fran Pearre	9:00 – 10:00 pm EST	VOIP/ H D	Call is free; LD charges are not 1-717-908-1834 PIN #980 339#
	https://www.freeconferencecallhd.com/hd-conferencing/ via Skype		Click on VOIP button and enter info as requested

To access past ALC calls, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://ashtarontheroad.com)

III OPENING MEDITATION; HOUSEKEEPING; INFORMATION SOURCES

RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST

- A. Opening Meditation:** Cheryl Croci
- B. Housekeeping:** Rainbird
- C. Link to Podcasts** from B B S
Link to Website See below

BBS: • Listener-supported radio programs – Cost is \$250 - \$300 per week
All BBS archives can be accessed for free, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

• www.rainbowroundtable.net has archives, too.

- Go to BBSradio.com/Station2; find **The True History** call listing & **Paypal** button
- BBS appreciates getting checks via the mail: no Paypal fees!

- The mailing address for those who do not like paying electronically:

B B S RADIO
17419 Wilton Park CT
Spring, TX 77379

[Please put "**Attention Don**" on the envelope]
 [Note inside that it's for T & R calls
 [& the Thursday call, as well]

Tara, Rama: Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

OTHER FINANCIAL REQUIREMENTS

FOOD MONEY: VIA PAYPAL OR See the MENU PAGE ON
www.rainbowroundtable.net

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

Financial Requirements

WEEKLY

B B S RADIO/week

\$277 FOR THIS COMING WEEK There are 3 programs: Thurs, Fri, Sat
ALL OF JANUARY HAS BEEN PAID!!! Thank you, thank you, for your generosity!

PERSONAL

Gas, food, etc
 Bills
 Miscellaneous/Other

\$200.00 General living expenses (inc food, gas)
\$600.00 **4 bills**
 Rama is looking for a new printer too . . .

MONTHLY

\$1150 / mo

PAID

CONTACT INFO

- Please notify Rama when sending something
- Mailing address for checks, money orders, etc

koran999@comcast.net
 Ram D Berkowitz
 PO Box 280
 Santa Cruz, NM 87567

PLEASE MAKE AN ATTEMPT TO DONATE THIS MONTH

- Remember you can book a session with Mother, as well!

Please donate: VIA PAYPAL, either your own a/c or Rama's a/c [koran9999]

There is also a **donate link** on www.rainbowroundtable.net
**** www.rainbowroundtable.net /page/donate ****

EVERY \$ HELPS: no amount is too small! ALL GRATEFULLY RECEIVED

C. Link to Podcasts, Website

THIS WEEK'S PODCAST: <https://bbsradio.com/podcast/true-history-february-24-2024>

WEBSITE AND ADDRESS: <https://www.rainbowroundtable.net/archives>

- (1) Listings: AUDIOS, WEEKLY SETS OF NOTES - on the ARCHIVES page
- (2) WHITE KNIGHT REPORTS <https://www.rainbowroundtable.net/general-5>

D: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION

Contact Rainbird with questions: lightenergync@gmail.com
<https://www.youtube.com/watch?v=aLaVutWXju0> (CHECK THIS OUT)

One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus

[https://en.kfwiki.org/wiki/One_Cup_One_Life -
Production and Application Prevention and Reversal of the Corona Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_Prevention_and_Reversal_of_the_Corona_Virus)

KF Wiki <https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

Keshe Foundation Store <https://store.keshefoundation.org/store/?alias=store>

RAINBIRD: opens the program

RAMA, TARA:

Greetings to all – opening meditation is very active!

The solar flares are huge in size, as well as power ! This is about ascension and doing the work
he sat with the deer and the crows and the caretaker and they did Aurora Ray's meditation and it
worked as she explained . . .

2024-02-23 Guided Energy Meditation with "Spirit Hacker," Shaman Durek

<https://www.youtube.com/watch?v=5CVWhxXed7A> 21:21 min

[Bulletproof](#) Aug 15, 2018

This meditation with Spirit Hacker, Shaman Durek will open up your channels and run energy through you to assist in opening the neural pathways for more cognitive response and awareness in your world. This meditation may work for you right away and for others in can take a couple of rounds, as everyone has a different biological makeup. So breathe and be open and just listen.

If you want to know more about Shaman Durek, download his **Bulletproof Radio podcast with Dave Asprey** on iTunes and Google Podcasts.



2023-12-07 Lost Wisdom of Atlantis, Interdimensional Beings, & Time Cycles | Matias De Stefano & John Churchill

<https://www.youtube.com/watch?v=tCnohzvOV2U>

1:54:07

[Aubrey Marcus](#) [Aubrey Marcus Podcast](#)

What is the wisdom we can recover from ancient civilizations and mystical teachings that could help us understand how to navigate this time of transition? What would the world be like if humanity's ancient wisdom wasn't suppressed for thousands of years, and 'Empire' hadn't systematically installed the maladaptive software of modern cultures worldwide? Our connection to nature, time, spirit, sexuality, and the universe itself have all been manipulated over millennia to bring us to this existentially threatening moment in time. It's time to re-remember what our ancestors knew, and re-imagine how we live.



In this full spectrum dialogue Matias De Stefano and John Churchill share deep codes that stretch back into our ancient past - From the history of Atlantis to ancient Tibetan Buddhist wisdom—that if we re-remembered, could turn the fate of humanity into a reality where the shackles of millennia-old suppression are lifted, and the untold potential of our existence unfolds before us.

Time Stamps:

[00:00](#)- Intro

[1:18](#)- Remembering Atlantis & Cycles Of Time

[28:30](#)- Aliens, Evolution, Good & Evil

[1:01:07](#)- The Process Of Learning & Inner Technologies

[1:15:25](#)- Sacred Sexuality

[1:38:42](#)- Developing Deep Relationships & Community

[1:42:38](#)- Global Consciousness & How To Prepare

Aubrey Marcus |

- ▶ Fit For Service: <https://fitforservice.com/>
- ▶ Own The Day, Own Your Life: <http://bit.ly/2vRz4so>
- ▶ Aubrey Marcus Podcast: <https://apple.co/2ns8zFP>
- ▶ Ayahuasca

ASTROLOGY

Pele Reports

February 21, 2024 Astrology Forecast

<https://youtu.be/EAaDuIB4vk8> 45.22 MINUTES

Love is a magical elixir,
That transforms both you and me,
For tho it binds and may not be kind,
It both ties us and sets us free.



[Click here to listen to the Pele Report](https://youtu.be/EAaDuIB4vk8)

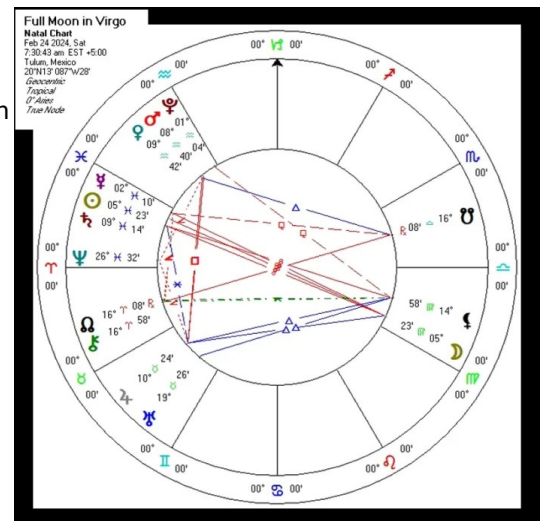
<https://youtu.be/EAaDuIB4vk8>

Hola New Paradigmers!

I wanted to share the mythological story of **Psyche and Eros** with you this week as a contemplation on love! As you will see in the Pele Report, Mars and Venus are not Eros and Psyche. However, they have some things in common! Their story is really one of what the soul (*Psyche*) goes through on its earthly journey back to divine Love (*Eros*). It is not an easy path!

The beauty of it is that even despite the goddess of earthly love (*Aphrodite*) challenging the soul (*Psyche*), all of the natural world, from insects to plants to birds, and love itself, aids and assists her on her way. It is an inspiring myth (all of which depict aspects of the earthly/soul journey) that **can give us faith and hope in divine intervention** as we struggle through our daily lives here in 3D.

This week, then, as Mercury joins the Sun in Pisces, the sign of infinite love and spirit, may we call forth all spirit and earthly beings to assist us not only with visions of what is possible but also the fortitude and will to create them. Venus/Mars/Jupiter = giving birth in Cosmobiology. Whatever dreams or visions you have for yourself and your future at this time, **now is the time to dispel the demons of doubt and take steps toward manifesting your dreams.**



Love is a magical elixir,
That transforms both you and me,
For tho it binds and may not be kind,
It both ties us and sets us free.

Isn't that the paradox? The Great Mystery of Love. Today's Venus/Mars conjunction in Aquarius can bring a "higher love," remove a "lower love," inspire us to rebirth and existing love, or send us off on a wild goose chase! That's right! The square to Jupiter throws a real curve ball into the mix as its function is to expand our consciousness and bring something more into the world than self-pleasure and personal satisfaction.

Zeus would chastise or reward us mortals depending upon the social contribution the individual made, whether they were considered, in earthly terms, "good" or "bad." Aquarius, too, seeks to raise the bar for all of humanity in a very impersonal way. One interpretation this offers us is to evaluate our relationships according to not only what sweetness they bring into our lives but also **what creations result from the union** and what value those creations are to humanity at large, both present and future.

One thing that we can say for sure is that **whatever is either coming or going into or out of your life right now is "divinely ordained."** You may be pleasantly surprised or have your hopes and wishes dashed to pieces. Regardless, the path forward is to continue believing that all of life supports you in bringing your best fruits forward! Blessings on your journey!

[Bring Me a Higher Love!](#)

**So Much Love,
Kaypacha**

AUDIO: 5:5 Virgo Full Moon – New Realities, New Earth

<https://www.youtube.com/watch?v=RmKhmBeWgoQ>

On Saturday we are blessed by the Full Moon in Virgo (with Sun in Pisces) – exact at 12:30 pm UT, 7:30 am EST.

This is the **second consecutive Full Moon at 5°** after the Leo Full Moon in January.

This Virgo Full Moon is very intense and very straightforward.

The only planet sitting alone opposite all the other planets is the Moon.

The other planets are all bunched together in the four signs of Aquarius, Pisces, Aries, and Taurus.

It's a great time to get things done, repaired, researched and to find solutions. Maximize your productivity and tackle smaller projects and tasks. Virgo asks that you nurture yourself as well – not just others.

Virgo symbolizes the miraculous gifts of planet Earth. Rise up and meet the frequency of the new earth. It takes a clearing of your physical body. It takes a purging of your emotions.

Go out in nature. Let the sun hit your body and your face. The sun helps to cleanse your aura and really helps you support your journey going forward now. Open up your heart to all possibilities.



This Virgo Full Moon all part of our magnificent awakening – DESTINED in the stars – and covered in-depth in the free masterclass "*How To Master Your Stars: The Truth About Taking Your Power Back*".

You'll discover:

- **The Secret to Spiritual Mastery**
- The true meaning of your Rising Sign
- **The important difference between Individuality and Uniqueness**
- Your natal Sun and Moon's profound impact on living an abundant, happy life
- **How to instantly connect with Spirit – and many more secret tools!**

Apply the divine star wisdom right away – and it's all free!

[Click here to get instant access.](#)

Joyful Blessings and Love,
Tania Gabrielle

CONFERENCE CALL

Late getting on: trouble with sound. . .

Talking about bulls:

PCC's story: a big Red Angus bull called Charley

RB's story: the bull of the guy who ran sweat lodges – fed buffalo; bowed in front of the bull – total submission and he communicated with the bull and was OK

- second story: a bull came up to her friend's quest site – comes up to the perimeter around the site
There were only prayer flags and you are also connected to the fire keepers as well – the bull charged the perimeter and it flipped him over a wall created by intention, with prayers!
- YES! Prayers work . . .

Anastasia – in Hyberborea – far eastern part of Siberia

RB: a guy in does geodesic domes for all activities

- what actually happened, the veils are so thin – where the 76 cop cars came to the mall in Miami –
- the Pleiadian Council told a lady that there are all kinds of people hanging out on the planet, and the veils were so thin, people could see them
- the energy was there of celebration around new years: cool that people were able to see them!

T: lots of people also bi-locating now too

- Is it the same as remote viewing? ? ?
- Sai Baba has done this, and Baba Ji – he's an immortal

- also the Shou Lin Movie – **crouching tigers, hidden dragons** – there were black magic characters and women who could fly – a martial arts expert.

Pad: agrees that the movie was good: her other half is a ninja !

About the ability to fly – some do do it!

T: when Cynthia Rose Schlosser was able to rise 2 feet over a bog and make it over

- yes we all have that ability, and can hone it
- Pad:** talks of ninja training that she's read of, seen

Pad: brings up the story of the woman in yesterday's video – her ascension symptoms speaking of Marcus Aubrey & the discussion of polyamorous relationships

T: Christana Lopes – Michael Sandler – Insight Nation

R's Music – Adi Shakti

B B S RADIO

Rama's music choice: a song for the return of the spring, in Greek

2024-02- 21 The Geometry of Space Time, The Universe & Ancient Structures

<https://www.youtube.com/watch?v=juv-WI9m810>

1 h 16 sec

[PortalToAscension](#)

Explore the captivating realm of The Geometry of Space Time, The Universe & Ancient Structures with the brilliant mind of Jamie Janover in this thought-provoking YouTube presentation. Janover, a renowned physicist, musician, and expert on the unified field theory, delves into the intricate connections between geometry, space-time, and the enigmatic structures from ancient civilizations.



Join him on a fascinating journey that unravels the secrets of the universe, revealing how geometric principles are embedded in the very fabric of reality.

From sacred geometry to the cosmic dance of particles, Janover's insights provide a holistic perspective that bridges science and spirituality.

Gain a deeper understanding of our world and its profound interconnectedness as Janover explores the timeless mysteries that shape our existence. Prepare to expand your mind and challenge conventional thinking in this mind-bending exploration of the cosmic tapestry.

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🎧 Portal to Ascension Podcast: <https://apple.co/3obPdUm>

✓ Join Portal To Ascension Telegram Chat Room: <https://t.me/portaltoascension>

Mother said Giza pyramid was built in middle star of the Belt of Orion

Commander Kla Ra brought the Giza Pyramid to earth, lowered it to its present location

Time is collapsing in on itself and it is happening now!

2024-02-24 OPEN MINDS

Reshaping Society with Female Neuroscience

S26:Ep14

46 minutes

[https://www.gaia.com/share/clsyr9d6r000h01bs3ppy1sd0?language\[\]=en&utm_source=share](https://www.gaia.com/share/clsyr9d6r000h01bs3ppy1sd0?language[]=en&utm_source=share)

What are the consequences of a default male neurological model for scientific research on our collective and on each one of us as individuals?

Kayla Osterhoff, Ph.D., and host Regina Meredith unpack the institutional architecture of a society crumbling without benefit from study of the female mind. From leadership templates wired for dopamine-driven rewards to work environments structured around a 24-hour biorhythm, we appear to have lost connection and compassion — attributes ascribed to the feminine. Osterhoff proposes that if we acknowledge the unique neural networks of the female brain,

then it is possible to shift the dominant paradigm toward emotional intelligence. How can reading...



Host: Regina Meredith Featuring: Kayla Osterhoff, Ph.D.

Audio Languages: English Subtitles: English

FROM AURORA RAY: SEE THE ARTICLE BELOW

**AUDIO: U F O OF GOD – THE FINAL INSTALLMENT 1 hour or so
- Still a bit more to play**

RAINBIRD: Closing comments

R, T: Good Night !

2024-02-24 THOUSANDS OF PLEIADIAN SHIPS TRANSMIT HIGH-FREQUENCY ON EARTH, ACCELERATING COLLECTIVE ASCENSION!

https://thegalacticfederation.com/015-09?sessionId=f18a81f5-9ee8-43e8-9498-1de26b8e0acd&trigger_link=jnMjp4iJ4cTLeW8tapdo

The Pleiadians, an advanced extraterrestrial race, originate from the Pleiades star cluster, which is located over 400 light years away from Earth.

They have been visiting and quietly observing the Earth for thousands of years, sharing ancient wisdom and assisting humanity's evolution. The Pleiadians are spiritually and technologically advanced beyond our current understanding. Their goal is to guide humanity into a new age of peace, cooperation, spiritual growth, and expanded consciousness.

The Pleiadians are deeply concerned about the current state of humanity and the planet. They hope their presence and assistance will help accelerate humanity's spiritual awakening and evolution of consciousness.

The Pleiadians employ love, trust, and mutual understanding in their interactions with humanity, believing we must uplift ourselves through our own efforts. However, they stand ready to help and teach those who seek higher wisdom and wish to create a better world.

The presence of thousands of Pleiadian motherships in Earth's orbit signifies a monumental increase in their direct activity and interaction with humanity. The massive motherships contain areas specially designed to facilitate spiritual awakening and ascension to higher dimensional levels of existence. This promises to be a truly remarkable phase in the history of humanity and our relationship with our galactic neighbors!

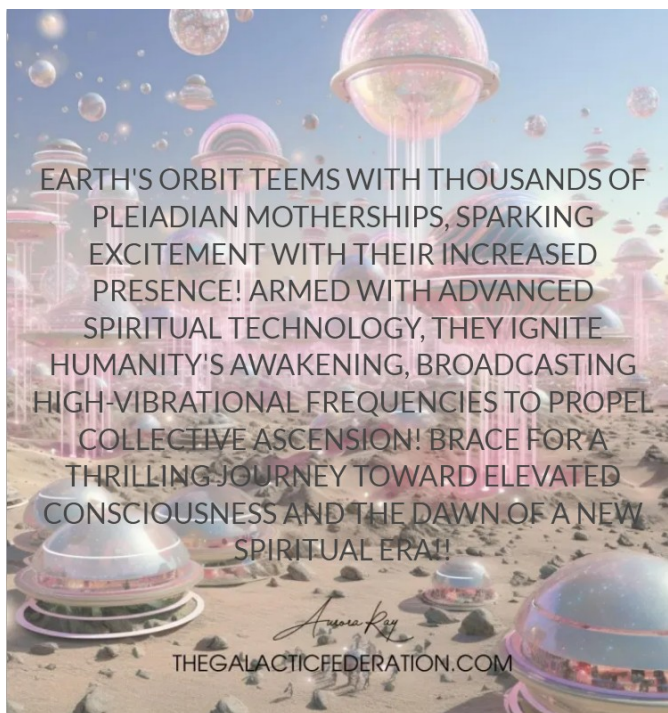
Recent Increase in Motherships

Over the past few years, there have been a growing number of reports about a major increase in the number of Pleiadian motherships around Earth. Whereas previously, there were an estimated few hundred motherships orbiting the planet, recent observations indicate that this number has expanded dramatically into the thousands.

Both professional and amateur astronomers have reported detecting many new, large objects around Earth through their telescopes. These objects tend to be at least several miles in diameter and emit a distinctive energy signature! Numerous individuals with psychic abilities have also sensed a pronounced surge in Pleiadian activity and motherships arriving from the Pleiades star system.

Several factors are contributing to the apparent influx of Pleiadian motherships. As Earth goes through significant changes and prepares to transition into a higher dimension, the Pleiadians are ramping up their support efforts!

The motherships contain advanced spiritual technologies designed to accelerate humanity's awakening and ascension. The Pleiadians are strategically positioning many more motherships around Earth to maximize the effectiveness of these technologies.



Additionally, with global events unfolding rapidly, the Pleiadians want to ensure they have ample motherships on standby. The massive ships provide them with bases from which they can monitor situations, assist humans, and intervene if necessary. As we get closer to the time of first open contact with the Pleiadians, they are increasing their presence as part of careful preparations.

While the exact number of newly arrived Pleiadian motherships is unknown, direct observations and intuitive reports suggest their presence around Earth has substantially grown. This points to an intensified focus on supporting humanity's spiritual progress. The abundant presence of Pleiadian motherships represents an incredible increase in their loving assistance!

Purpose and Capabilities of Motherships

The Pleiadian motherships have advanced technology and capabilities designed to support humanity during this important time of transition. Though their presence largely remains invisible to us, their work aims to accelerate spiritual awakening and ascension.

The motherships employ high-frequency energies and light codes to help activate our dormant DNA. This facilitates the awakening process, allowing more people to tune into the higher dimensions and access greater states of consciousness. The Pleiadians are experts in lightwork, energy healing, and spiritual alignment.

In addition to spiritual acceleration, the ships provide a calming energy that reduces stress and promotes well-being for those receptive to it. Their technologies can actually enhance moods, heal emotional pain, and bring mental clarity to individuals and groups. Just being in proximity of the Pleiadian motherships can catalyze positive personal transformations!

Some of the motherships function as enormous multidimensional lightships. They are equipped to transmit high-vibrational frequencies directly into the ley lines and chakras of the Earth. This benefits the planetary ascension as a whole! The coordinated work of thousands of motherships helps balance and stabilize the Earth's energy grid.

Though their presence is meant to be helpful, the Pleiadians follow a policy of non-interference. They avoid overt demonstrations of their capabilities or direct contact until humanity is ready. For now, the motherships work subtly in the background to encourage our spiritual evolution. Their exact methods may remain mysterious, but their positive impact is undeniable!

On March 4, I'm opening the doors to a new LIVE Ascension Activation Training, the Warrior of Light Activation class. During this brand-new interactive online workshop, I will personally show you how to raise your frequency without meditating for hours. 📍👉
<https://ascensionactivationtraining.com/waitlist>

We love you dearly,

We are here with you,

We are your family of light,

We are the Galactic Federation.

A'HO

Aurora Ray

Ambassador of the Galactic Federation

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