

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA <i>aka The True History</i>	720-716-7301 Pin Code: 353 863#	Rama, Tara callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
 Pin Code: 353 863#

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

B B S RADIO STATION 1

B B S RADIO STATION 2

- A Night at the Roundtable
 - Friday Night Hard News
- CLICK ON **AUDIO ICON**

Saturday History Call

CLICK ON **AUDIO ICON**



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LISTEN BY PHONE

1-631-359-9353
[NO code needed]

1-804-220-6484
[No code needed]

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- go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.**
- Find the table listing the dates. Click on required date.

II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ via Skype Click on VOIP button and enter info as requested
To access past ALC calls, go to Ashtar Legacy Teleconferences (ashtarontheroad.com)			

III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST

- A. Opening Meditation: Cheryl Croci**
- B. Housekeeping: Rainbird**

BBS: • Listener-supported radio programs – Cost is \$300 per week
All BBS archives can be accessed for free, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

- www.rainbowroundtable.net has archives, too.
- Go to BBSradio.com/Station2; find **The True History** call listing & **Paypal** button
- BBS appreciates getting checks via the mail: no Paypal fees!
- The mailing address for those who do not like paying electronically:
B B S RADIO [Please put "**Attention Don**" on the envelope]
17419 Wilton Park CT [Note inside that it's for T & R calls
Spring, TX 77379 [& the Thursday call, as well]

Tara, Rama: Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

OTHER FINANCIAL REQUIREMENTS

FOOD MONEY: VIA PAYPAL OR See the PAGE ON www.rainbowroundtable.net

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

Financial Requirements

WEEKLY

B B S RADIO/week

\$ 617.51 Just over one week behind! **THANKS!**

PERSONAL

Gas, food, etc

\$200

Bills

\$ 400

Miscellaneous/Other

MONTHLY

Rent - \$1,150 / mo

\$1,150 Due on Tuesday, Nov 29

CONTACT INFO

- **Please notify Rama when sending something** koran9999@comcast.net
- **Mailing address for checks, money orders, etc**
Ram D Berkowitz
PO Box 280
Santa Cruz, NM 87567

PLEASE MAKE AN ATTEMPT TO DONATE THIS MONTH

- **Remember you can book a session with Mother, as well!**

Please donate: VIA PAYPAL, either your own a/c or Rama's a/c [koran9999]

There is also a donate link on www.rainbowroundtable.net

**** www.rainbowroundtable.net/page/donate ****

EVERY \$ HELPS: no amount is too small! ALL GRATEFULLY RECEIVED

FREEMART: <https://www.shopfreemart.com/tarram>

a/c # 7000

<https://www.nugenmart/tarram>

CHECK OUT THE WEBSITE

- Freemart is a private shoppers club; it's **FREE TO JOIN**.
- all the products have much to offer, so take a look!
- check out the heading **READ MORE** - definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there.

The returns also help RainbowRoundtable

THE NUGEN COIN: <https://www.nugencoin.com/tarram>

To help Marshall and support him by signing up under his name:

<https://www.nugencoin.com/marnor>

TO GET HELP, Call Carolyn[Rainbird] or Micah

Carolyn's E-mail: lightenergync@gmail.com

Micah's E-mail: thegreenalchemist@gmail.com

C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION

Contact Rainbird with questions: lightenergync@gmail.com

<https://www.youtube.com/watch?v=aLaVutWXju0>

(CHECK THIS OUT)

One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus

[https://en.kfwiki.org/wiki/One_Cup_One_Life -
Production and Application Prevention and Reversal of the Corona Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_Prevention_and_Reversal_of_the_Corona_Virus)

KF Wiki

<https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

Keshe Foundation Store <https://store.keshefoundation.org/store/?alias=store>

D: ACCESS TO PODCAST: The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-november-26-2022>

E: THE NEW WEBSITE AND ADDRESS: WWW.RAINBOWROUNDTABLE.NET

Saturday Hard News!

- Thanks to all for being here! Thanks for helping them at this time.
- They've been waiting for abundance for 31 years now!

R: he is thankful to be here, be alive, and watch the wondrous things that are unfolding.

- What he is seeing: more and more evidence of change!

Whoopi Goldberg has just put out a video called TILL [Emmet Till] – if we want to change this planet, we need to surmount the idea of race!

In the galaxy, this IS NOT AN ISSUE! It's about the heart!

T: it's about a small group of elites wanting to control the planet

- Skin colour has been used as a weapon for a long long time!
- And people with white skin think they are not being controlled . . .
- The rage of the Sith does not get results
- Accountability is now required – this happens when there is Divine Compassion ? ? ?

- the energies of Higher Consciousness are here now -
- the solar flares came out today – could be aururas tonight – they are powerful!

AUDIO: Blaze the Violet Fire as you listen to this ! ! !



Abby Martin: Empire Files

2022-11-19 Ron DeSantis's Military Secrets: Torture & War Crimes 37:22

In this **Eyes Left/Empire Files exclusive**, Mike Prysner sheds light on the shadowy military career of Ron DeSantis. Featuring never-before-heard testimony by former Guantanamo detainee Mansoor Adayfi about DeSantis's participation in illegal torture at the prison camp, and why he was likely sent to Iraq to do war crime cover-ups next. Eyes Left is available wherever you stream podcasts: <https://linktr.ee/eyesleft>



AUDIO: Why the Mind Should Never be in Charge of the Body... The Energy Codes with Dr. Sue Morter

2022-10-17 Lisa Garr interviews Dr Sue Morter

0:00 / 25:10

https://www.youtube.com/watch?v=8PbHjU04bYw&ab_channel=GreggBradenOfficial

You are watching a preview of Gaia's Originals Series 'Inspirations with Lisa Garr' - https://www.gaia.com/inspirations_gb Gaia -

Have you ever felt disconnected or disassociated from your body? A master of bio-energetic medicine who is known for bringing science, spirit and human possibility together, Dr. Sue Morter explains that the stagnant energy that's trapped in your body could actually be the reason. As she reveals in her recent book **The Energy Codes**, you can learn how to move that energy consciously and intentionally, so it doesn't stagnate.

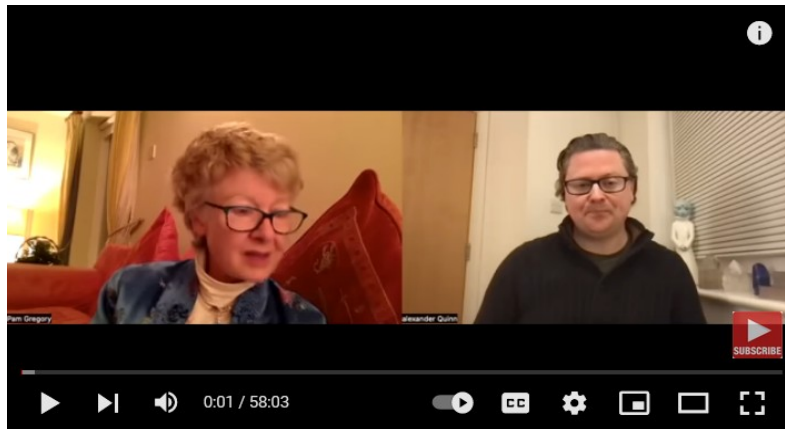


2022-11-17 PAM GREGORY & ALEXANDER QUINN - Massive Astrological & Galactic Shift March 2023!!
0:01 / 58:03

https://www.youtube.com/watch?v=Nflc8r0GxZE&ab_channel=AlexanderQuinn-Starseed

Pam Gregory & Alexander Quinn discuss how and why there will be a Massive Astrological & Galactic Shift March 2023!!

A Quinn's book is **Starseeds: What's It All About**



AUDIO: Kryon NOVEMBER 2022 » Kryon Talking About the Changes that are Afoot within the 36 Years

https://www.youtube.com/watch?v=S2CM_5m3PpA



AUDIO: 2022-11-23 THE THOM HARTMANN PROGRAM

Will Housing Prices Collapse? Featuring Richard Wolff m Hartman Nov 23 12:14 min

https://www.youtube.com/watch?v=3teandCSFI0&ab_channel=ThomHartmannProgram



The Crash of 2008 started with subprime loans in the housing market; this housing crisis could make that crash look small in comparison.

There are three asset classes, one of which is real estate. As interest rates increase, which is starting to push prices down, is this just in the US, or is it a worldwide crisis?

All of the links in our economy, from fish out of Japan, to banana imports, are linked to interest rates and by extension, the housing market. How? Professor Richard Wolff joined Thom to share his thoughts on the housing market.

Pele Report

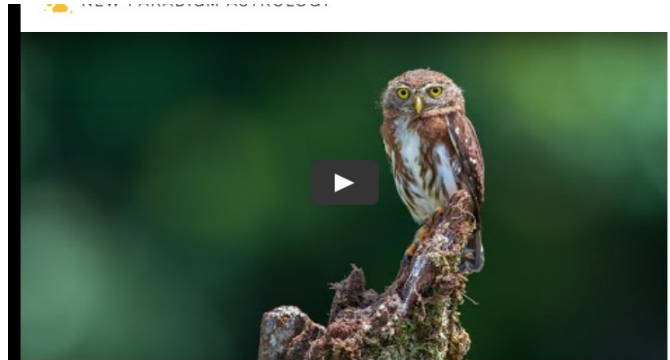
November 23, 2022 Astrology Forecast

https://www.youtube.com/watch?v=TYwozZJldDo&ab_channel=NewParadigmAstrology

I have the courage necessary,
To set off into the unknown,
Humbly believing that as I am seeking,
The truth to me shall be shown.

[Click here to listen to the Pele Report](#)

<https://open.spotify.com/show/6mN2OQpNT1z6BxDh7MqiQv?si=03fb6f1430fc457b&nd=1>



Hola Rocketeers!

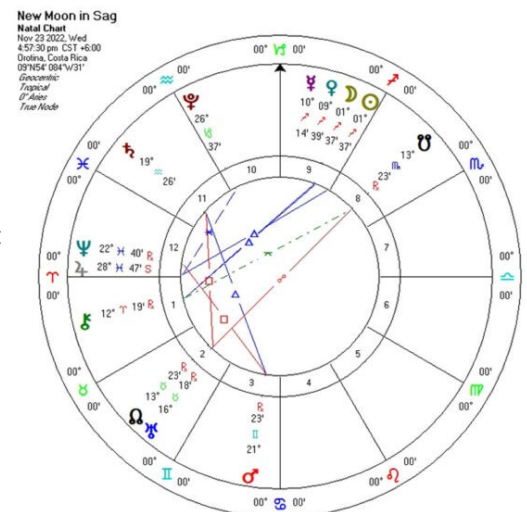
Are you ready for takeoff? Let's hope so! And let's all unite our energy, build it, light it on fire, and go! Let us no longer be held hostage by limited, materialistic belief systems that aren't aware of and don't acknowledge the power of anything they can't touch, taste, smell, see or hear. **There is so much more to life,** reality, and existence than we have been told, taught, preached, or presented that it is a shame. A disgrace. Such a travesty makes one think it was deliberate.

However, this is the dawn of a new era, a new generation, **a new earth.** And make no mistake about it, the established forces fear it, oppose it, and are trying their hardest to prevent it. However, we know the way around their limited egoic materialistic manipulations as we are aware of spirit, the unseen, unheard (except to the heartmind of those who listen), etheric energies, and astral beings that pervade, support, connect, and complete this physical world.

We know the power of faith, hope, compassion, forgiveness, and above all, love. These powerful universal forces permeate the world we live in and are fundamental to its functioning. The power of belief, the power of meditation, the power of thought, the power of love, these powers and more are both very real and very potent. But certainly, they are just like muscles, and they need to be used so as not to atrophy. We need to practice, practice, and practice some more!

Let us all cultivate the power of belief with this new Moon cycle in the sign of faith, and join our hearts and minds to envision and empower a new earth experience. In doing so repeatedly, earnestly, and in ever-increasing numbers, **we shall birth a new reality in the face of adversity.**

I have the courage necessary,
To set off into the unknown,
Humbly believing that as I am seeking,
The truth to me shall be shown.



As the Rocket Man [video](#) illustrates well, you may be heading off alone for now with the north node in Taurus and all this Sagittarius. While “not all who wander are lost,” the archetypal image of the hero on his journey (or heroine on her journey) implies **a solo, self-initiated quest that needs to be embraced by each individual alone**. We can’t push, force, or take others on this quest. They must make their own path to truth.

One thing I didn’t mention in the report is the inconjunct aspects happening between Mercury, Venus, and Uranus. These are indicative of more surprises! Like the FTX’s sudden, shocking debacle, we may also get our boats rocked with unexpected news/shifts.

Just as Indiana Jones searching for the lost ark, be prepared for anything to happen, on the alert, but not dissuaded, blocked, or stopped. This life is a wild adventure, and to get the most out of it, **we need to embrace the wild man/woman within once in a while, and this is one of those “whiles!”** So give a hoot and a holler, get on that horse and RIDE!

Here is the [Chattra Chakra Varti Meditation](#) to relax and overcome depression/anxiety. There is an introduction, and the meditation starts at 4:00.

Maybe you feel like a [Rocket Man?](#)

**So Much Love,
Kaypacha**

AUDIO: Tania Gabrielle 2022-11-22 Jupiter Stations Direct 5 min After Sagittarius New Moon

<https://taniagabrielle.com/podcast/>

<https://youtu.be/Baf4AYVvYnU>

12:24 minutes

Jupiter – **planet of joy, opportunity, wisdom and abundance** – stations direct just 5 minutes after the Sagittarius New Moon!

Jupiter is the ruling planet of Sagittarius, so this is **incredibly auspicious** to have Jupiter at a complete standstill during its own New Moon.

When a planet is changing direction, **the impact is the most powerful**.

Not only that, Jupiter is creating a **wonderful trine** to the Sun and Moon during the New Moon.



The significance of a trine from Jupiter to Sun and Moon during a change from retrograde to DIRECT is profound and **so fortunate...**

There are two stunning Numerology codes activated as well:

The first is a triple 28:28:28 code, which translates to 10 and **1** echoing the New Moon in Sagittarius exact at **1°**. **1** signifies new beginnings, and so does any new moon.

Thus we are immersed in **new beginnings of joy, expansion, wisdom, good will, justice and gratitude**.

In this awakened state you know there is only one absolute truth:

- Absolute truth is **Harmony**.
- Harmony can be achieved within and without.

Now we'll be able to take advantage of Jupiter's harmonious influence as it begins to move direct again.

There's so much more good news to share with you about Jupiter's big event!

During this gorgeous activation of Joy, Abundance and your Inner Light take the opportunity to unlock your 3 *Jupiter Wealth Zones*.

[See how you are personally aligned to attract joy and fulfillment](#) beyond your wildest dreams by discovering the **magical code** Jupiter activates in your BIRTH chart.

- At the time you were born Jupiter was in a specific *sign* and *house*.
- In fact, you have 3 *unique Jupiter birth sectors* in your birth chart.

Discover how to activate your **fortunate Jupiter blessings**.

[Click here!](#)

Joyful Blessings,

Tania Gabrielle

RI: due to Kryon's comments today on coming into incarnation, he moved ahead his comments about this book he's reading called **Death: the Great Adventure**, based on the work of Alice Bailey who channeled the Tibetan Master and ?

CONFERENCE CALL

#716

<https://fccdl.in/Ybccbc2kvz>

Discussion around the new printer for Tara and Rama – financial arrangements completed

T: asked Penny for a report

Something happened to audio so p was talking to blank air – and in the meantime, another conversation started . . .

In the words of one of the callers: "What a program it was tonight ! ! !"

B B S RADIO

Rama's music choices

AUDIO: Open Minds – Turning your voice for transformation – Stewart Pearce
Diana, Princess of Wales

Episode 5 <https://www.gaia.com/series/open-minds/season-23>

40 mins

Tuning Your Voice for Transformation

Discover how the most famous woman in the world found her voice with Stewart Pearce. Pearce returns to Gaia to discuss his professional voice work with the late Diana, Princess of Wales.



AUDIO: Beyond Belief

DEBBIE SOLARIS, Galactic Historian

Episode 10 <https://www.gaia.com/series/beyond-belief/season-20>

36 mins



Raising Your Vibration: The Basics

How can we use the Akashic Records to help raise our vibration to better health? When Debbie Solaris first unlocked her gift as a galactic historian, her life was transformed.

AUDIO: Open Minds – Regina Meredith

THE EMPIRES OF ATLANTIS Marco Vigato

45 mins <https://www.gaia.com/series/open-minds/season-22>

Episode 13

The Empires of Atlantis

What is the evidence of the lost continent of Atlantis, and who were the Atlanteans? Researcher and author of the book **The Empires of Atlantis**, Marco Vigato shares his insights from 15 years of research into the esoteric and archaeological evidence of Atlantis.



AUDIO: Sacred Geometry: Spiritual Science Robert J Gilbert

ep 12 <https://www.gaia.com/series/sacred-geometry-spiritual-science> **35 min**

Merkaba & the Black Cube

How does the pentagram function as one part of the Merkaba soul vehicle within human energy fields? Explore secrets of Ancient Egyptian mystery schools, Fibonacci's Golden Ratio sequence, and the divine power of the Merkaba with Robert J. Gilbert, Ph.D.



AUDIO: Cosmic Disclosure Emery Smith and Ricardo Gonzales – the cats pulled the cord out

Reading: The Collective

2022-08-19 A Message to Light Bringers - August 19, 2022

2022-08-19 A Message to Light Bringers - August 19, 2022

<https://www.ascensiontimes.com/post/a-message-to-light-bringers-august-19-2022>

This week's guidance from the Ascended Masters, Galactics, Earth Elements, Fae Elders, Angelic legions, Archangels, and other Divine Beings known as the Collective:

[This week's Message comes from Lady Master Portia—following is a transcript of the YouTube video below.]



<https://www.youtube.com/watch?v=Oc6M0sP4i6E>

COR: I've been thinking about how difficult it is for Starseed, who come from planets, in terms of soul origin—come from planets that are Just. That don't have millions upon millions of people starving, or several million people subjected to the horrors of war at any one time. They don't have lack. They don't have people living in their cars.

They don't have people shut out from jobs, or held at the border for a year or more in unsafe conditions.

All of these unjust situations, and those are only a few—they just don't exist on other [higher dimensional] planets.

So Starseeds come here, and they have to deal with a lot that just *does not make sense* to them—it makes zero sense.

I speak with Lady Master Portia at times—keeper of the Violet Flame, Goddess of Justice and Opportunity.



I asked if she would speak to us today, because I feel like it's just so difficult at times to make sense of what's happening on this Earth.

And I know we love this Earth, whether we originally come from Her or not. Probably most of us come from elsewhere, in terms of soul origin.

And it's just difficult, isn't it, to see all these situations where you want things to be on keel, and you want there to be Peace and fulfillment. And you're thinking, "Isn't this the Sat Yuga? And where's NESARA?"

And "What about all this Light pouring in? Shouldn't things be OK?"

And people will email me, and ask me these questions—"How can we be in the fifth dimension, or How can we be moving into the fifth dimension, and yet there's all of this madness going on?"

So let's call in Lady Portia; let's see if she will speak with us [about Divine Justice].

Let's go into our breathing for a moment . . . breathing in through the nose with mouth closed . . . breathing out through the open mouth with sort of a "haaa" sound . . .

And we'll call her forward—just a moment . . .

LADY MASTER PORTIA: Well, greetings, dear ones! We are quite honored to have this moment to speak with all you.

And we are aware of these inequalities that this dear one was just speaking of.

We are aware of how strange it is; how it feels as if the fifth dimension is very far away indeed some days! And this is understandable.

But all of us in the higher realms—and we are both in the higher realms and upon the Earth—we multilocate, as all of you do as well at times, without realizing it—but all of us are desiring very, very much that you come to understand that you didn't come to this Earth for perfect outcomes in the same paradigm that you view the issues and the challenges, and what people call problems—which are generally of their own design.

So one might as well look at an issue, a problem, a challenge, and say, "No, that's not a problem. It's my design! It's humanity's design.

"We decided to learn in this particular way. Yes, it looks like a mess, we realize! But we're not going to trouble ourselves about the actual form of that mess.

"We're going to move into a space where we remember that we didn't come here just to move things around outwardly, physically, and fix issues physically." Perfectly wonderful to help others. Look at this lovely garden—beautiful things can be built outwardly, certainly!

But in terms of the larger issues, dear ones, you came in to shift the vibration that created them to begin with.

That's a bigger job, but it's also the one that's going to do it for you. The one that's going to really work for you.



So in my capacity daily, working with the law, working with issues of Justice and working with issues requiring certain shifts and changes on this planet, and opening portals for that—

ot fixing everything, *not* rescuing you—you don't require rescuing—but just helping to shift things a bit vibrationally to where all of you are capable of waking up a bit more.

And realizing you're being assisted, and realizing your extreme and complete empowerment, which you haven't claimed completely.

And you haven't claimed them, all those beautiful gifts, because you've been thinking that "Isn't NESARA going to happen? "What about my Star Nation families?"

"How about the fact that I feel so disabled on this planet? Things are so strange! Things are never what I expect them to be.

"It's just strange, feeling to be out of sorts. Feeling to not fit in." And we understand this completely.

All of the Ascended Masters come from elsewhere.

They come from planets of Peace, and galaxies of Peace, and they came here not to feel discouraged any more than you did, but to feel empowered by the realization that even when one is in the physical—a beautiful gift; an astounding experience—no one could talk you out of it!—but even when one is in the physical, one still has the ability to shift vibrations.

This is not at all unusual. You do it all the time without realizing it!

Now take an issue that is difficult for you, dear ones, and put it into that transforming and Transmuting Violet Flame of Saint Germain. He is by my side as I speak.

And now put in your entire self—step into that [cool] Violet Flame.



If you're not good at imaging, that's all right. Stand up and take a step forward. Image that flame in front of you in that moment.

Or if you can't do that, that's all right. Just know that you are moving into it.

You can do this at any time!

Put whatever heaviness you are carrying now, dear ones—put that into that Flame, and say, "I command you to move to a higher level. Your vibration increases daily!"



And you can do this with the issues that are plaguing you—on the Earth, and the issues that plague you personally.

Doesn't matter what they are, how they began. Do what you can to come out of self-blame, self-criticism.

Release all that, dear ones! It's not who you are. Who you are is pure Love. Who you are is Divinity Itself!

And call out to your Star Nation family. You know they are constantly with you—you know this! You visit with them so, so often! In your sleep state, you are reaching out to them. They are there for you.

You're aboard the ships.

You're doing so much, dear ones! You're doing so much to assist the Earth. You're doing so much to grow and to Ascend. You must give yourself beautiful credit for that.

And know how loved you are. You're not left behind for an instant.

So use that Violet Flame, especially when you feel nothing else has worked—wonderful! Perfect!

That means you're really moving up.

So all of us, we send much Love, dear ones! And I extend a special line of Light to your heart, that you will feel encouraged in these days, and allow yourself to come Home to Who you really are.

Namaste!

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If you repost, please maintain the integrity of this information by reprinting it in full and exactly as you find it here, and including the link to the original post, at <https://www.ascensiontimes.com/post/a-message-to-light-bringers-august-19-2022>.

Thank you.

AUDIO Cosmic Disclosure – Emery Smith – Ricardo Gonzales

Episode 4

Light Beings & Shamans of Peru

23 minutes

<https://www.gaia.com/series/cosmic-disclosure/season-18>

Can shamanic rituals facilitate ET experiences? Author and contactee Ricardo González Corpancho shares details from his direct contact with beings of light through a shamanic ceremony in Cusco, Peru.



Reading: a short item

Closing: Rainbird

Rama's Music

Alan Watts - The acceptance of everything flowing away

<https://www.google.com/search?client=firefox-b-d&q=alan+watts+-+the+acceptance+of+everything+flowing+away+#fpstate=ive&vld=cid:6fb1e89f,vld:yaDmv7XrIE8>