

DOCUMENT OVERVIEW

I INFORMATION REGARDING ACCESS TO

- A THE THREE WEEKLY** Internet / BBS Radio CALLS
- B ARCHIVES** - provided by BBS and by Rainbow Roundtable
- C OTHER CALLS SUPPORTED** by <https://www.rainbowroundtable.net>
- D LINK TO PODCAST**

II OPENING MEDITATION; ENERGY UPDATE

III HARD NEWS

IV GUEST HOUR

I INFORMATION REGARDING ACCESS TO

I – A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

**NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
Pin Code: 353 863#**

B B S RADIO STATION 1 B B S RADIO STATION 2

INFORMATION RE: OPTIONS FOR LISTENERS are listed below

A Night at the Roundtable
Friday Night Hard News

Saturday History Call

LISTEN ON LINE



CLICK ON **AUDIO ICON**



CLICK ON **AUDIO ICON**

1-641-793-8120

1-804-220-6484

LISTEN BY PHONE

[NO code needed]

[No code needed]

CALL IN TO INTERACT *Only during live calls*

888-627-6008
Direct: 323-744-4831

1- 888-429-5471
Direct: 323-744-4841

ACCESS CUSTOMER SERVICE

Toll Free:
1-888-710-8061

Direct Line:
1-323-744-4828

OTHER BBS SERVICES FREE

- PHONE APPS**
- [Free BBS Radio Android phone app](#)
 - [Free BBS Radio iPhone and iPad app](#)

I - B ARCHIVES - provided by BBS and by Rainbow Roundtable

ARCHIVES: B B S

- Go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING**
- Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** • Go to "Archives" tab for written notes: NOTES on RHS
- **AUDIO** • Go to "Archives" tab for audio links on LHS: includes BBS podcast + Conference Call Links

I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls*** Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D via Skype	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested

*** To access past ALC calls, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://ashtarontheroad.com)

Call In Numbers: 888 627 6008 323 744 4831

LINK TO BBS PODCAST:

<https://bbsradio.com/podcast/night-roundtable-march-28-2024>

OPENING: Caroline Oceana Ryan

MEDITATION: Omena

HOST: COR

TONIGHT'S PANEL:

Caroline Oceana Ryan	[COR]	Micah Green	[MG]
Omena	[O]	Penny Christoffersen	[PCC]
Rama, Tara	[R,T]	Randy Miller	[RGM]

THE LAW OF ONE

We are all One
When One is helped, all are helped.
Therefore in the name of the I AM – and I AM One with All there is -
I ask only that the Highest Good of all concerned – Happen.
And I give thanks that this is done!
So Be It!

MEDITATION: Omena

GUEST: Shaman Rev Jessica Hebert see the information about Rev Jess below
and listen to the podcast for the discussion that went on

Energy Updates

R G M: listen to the entire presentation – talks about the Baltimore Bridge Collapse and the implications of what happened – another 9/11? ? ? There was no power! ! !
happened at the full moon – to increase the energies of the flow of water
for every \$100 that comes into Baltimore, \$12 is from shipping
the black box has been found – and there are 2 minutes of missing time! ! !

also found this: the City of Toronto is deliberating on the idea of a RAIN TAX!

COR: and in the US: have made it illegal to collect rainwater! ! ! In certain parts of the country . . .

MG: latest public teaching of the Keshe Foundation – see Micah's notes below

PCC

COR: my guides are telling COR that I am getting a ?????

**O: what Penny is going through is the new normal: going through a paradigm shift
talking about memories coming up: a good thing to have good memories – people she sees
are often full of traumatic energies**

for Omena; when everyone is in chaos, she's in calm – and if she is chaotic, others are in calm
memories are coming up out of nowhere . . .
people say they have been deal

the shift in the brain – for her, it's swelling and getting bigger
people having more headaches as stuff gets stuck: OPEN THE APERTURE AT THE TOP OR YOUR
HEAD TO RELIEVE THE PRESSURE OF THE HEADACHE

thinks the energies will level out for a while

R, T: their energy report

in the last few hours, an X Class of 1.2 ?????

a wild week with full moon, and M class, X class flares, and open your head

taking lots of naps – sometimes short, sometimes long

now dreams about big trucks turning into snakes that turn into the infinity symbol

our timelines have changed -

intense activity everywhere: the insanity in the us, the wars in other countries

the 5th dimension; we are in it already, even though it looks like Mordor

works with the animals – deer crow, beings who talk to him 24/7

O: do you realize that the symbol of snakes is the symbol of the kundalini

he's been doing the mantra and exercises Aurora Ray has been teachings

About April 8th – so many stories about so many things happening – what he is being told by the White Knights: the dark side would like to play with some kind of events . .

read that NASA sending up a rocket on April 8th – tied in with the old matrix

RGM: and CERN will try something with the particle accelerator

PCC: Isn't CERN disabled?

R: not sure – the whole idea of creating a god particle in a machine is whaaaaa?????

From Nassim: the particles coming in from the different things in our solar system – the particles are raising everything up which is why things are moving so fast

R: and we are getting upgrades in our bodies as never before – to handle the energies coming in what to make of stories out there:

COR: food shortages during the eclipse: what has he heard from his people?

R: the video from COR concerning that situation: yes, the dark side is playing with things

the message he gets: we're already in the 5th dimension, and we are in heaven on earth

the dark side are not being fed with fear: the 'loosh' – they are being starved to death from the emotion of fear that they live on

March 21, 2024 - March 28, 2024

To our readers: Rama’s White Knights Report, for the most part, will present information from Rama’s contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

For more info on the folks Rama talks to – who keep ALL OF US in the loop as well! – go to <https://www.rainbowroundtable.net/rama-s-contacts>

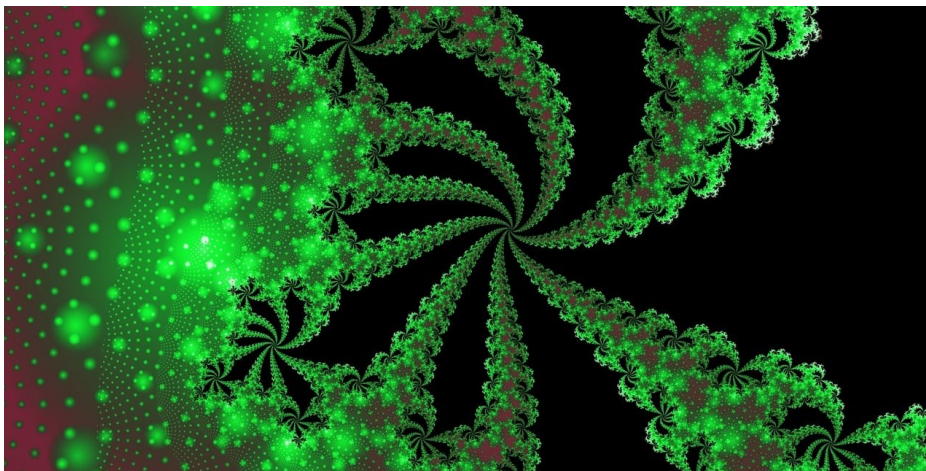
2024-03-22 Friday 6 deer and 9 crows

Rama: I sat with 6 deer and 9 crows, very near Sun Mountain, at 11:48 am, late this morning. They intuitively said to me, “Lord Rama, big solar flares continue to go on. There is full moon, lunar eclipse, coming up on Monday, March 25th at 3 am, early in the morning. Stay in the High Heart. Pray Peace in the world! Love is the answer! Sat Nam! Namaste! Blaze the Violet Fire!”

2024-03-23 Saturday 7 deer and 4 crows

Rama: I went and sat with 7 deer and 4 crows in the mountain area just north of Santa Fe, at 11:09 am, late this morning. They all intuitively said to me, “Lord Rama, we had a big flash – an X class solar flare from our sun, Sol, today. There are a lot of people who are anticipating the upcoming full moon lunar eclipse, coming this Monday morning at 3:00 AM eastern time.” The deer in their body language showed me calmness.

The astrology report today on Public Access Radio, said ‘Work with the calm loving energies this weekend. As we go through this lunar eclipse full moon, leave the matrix alone. Blaze the White Fire Core of Being! Sat Nam! Namaste! Blaze the Violet Fire!’



Big Energies from Grandma Chandra

2024-03-25 Monday 2 deer, 3 crows; Miss Brisby; Lady Master Nada; Mr X Tom the Ring-tailed Cat and Larry the Cat.

Rama: I sat with 2 deer and 3 crows today, up the mountain past Ten Thousand Waves at 11:21 am, late this morning. It was snowing! They intuitively said to me, “Lord Rama, a big full

moon lunar eclipse arrived early this morning: 3 am." I received an image from them of me protecting my head with a hat or a hoodie.

Then my phone started beeping, and **Miss Brisby** said, in her British Accent, "The boss is calling!" so I laid down my phone on a folded paper towel, on the ground, so as to keep it dry, and I created a Jedi Council. **Lady Master Nada** showed up, along with **Mr X** and **Tom the Ring-tailed Cat and Larry the Cat**. By the way, the deer and the crows all stayed for the light show !!!

Lady Nada said to me, "Greetings, Lord Rama! There was a U N resolution voted on today for an immediate cease fire. 14 countries voted and passed the resolution, 14 – 0. The U S abstained."

At this point, **Mr X** spoke up and said, "Lord Rama, President Biden and Prime Minister Netanyhu have committed genocide and it will be held to account."

"Meanwhile the full moon lunar eclipse is talking about how we must end war for good, and heal it in our hearts and on the planet! Again, the return of the goddess is at hand, with the resurrection coming up this Easter Sunday, March 31st.

"This is the Chinese year of the Green Wood Dragon. You will be meeting up with your friend Ruth, the White Dragon from Atlantis any time now. All the other Rainbow Dragons are here. This is about **ending war forever!** See you in the light of the Most Radiant One! **Sat Nam! Namaste! Blaze the Violet Fire!**"

2024-03-26 **Tuesday** **5 deer, 3 crows; Lady Natasha**

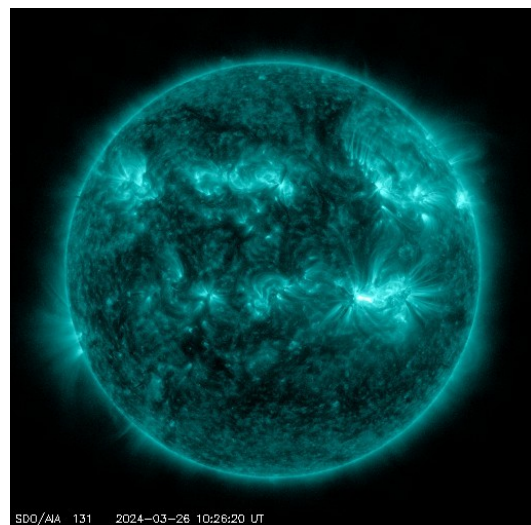
Rama: I went and sat with **5 deer and 3 crows** in Tsuque at 10:45 am, mid morning. They intuitively said to me, "Lord Rama, stay in the ever-flowing high heart energies and then I did the Adi Shakti mantra and the alternate nostril, prana jama breathing for about 15 minutes.

Then I received a text message from **Lady Natasha**. She said to me, "Lord Rama, Happy Spring Resurrection week! The return of the goddess is at hand. As we go through this holy resurrection week, let us send loving and compassionate vibrations to all the trouble spots on Mother Gaia.

"Monday's Lunar Full Moon eclipse is sending BIG electric-magnetic waves across the solar system and Milky Way Galaxy. This is a very auspicious time to be on this planet. Let us say: 'The need of the hour is upon us.' there are many galactic fleets in our skies around Mother Gaia. Everyday we are sending good vibrations to the unabated genocide continuing against the people of Gaza by Israel and the United States. Pay no attention to the moving holograms on our TVs – they are just part of the algorithms of the matrix which is failing.

"All we are saying is 'Give peace a chance!'
Sat Nam! Namaste! Blaze the Violet Fire!"

2024-03-26 – Today's sun



SDO/AIA 131 2024-03-26 10:26:20 UT



“ Many galactic fleets in our skies . . . ”

2024-03-27

Wednesday 3 deer, 2 crows; Darby O'Dell

Rama: I sat with **3 deer and 2 crows** for about 10 minutes, on the side of the road on the outskirts of Tesuque on the way to Santa Fe, at 10:35 am, mid morning. They intuitively said to me, “Lord Rama, more big solar flares today; stay safe!”

Then I received a text message from **Darby O'Dell** at 10:45 am, mid morning. He said to me, “Lord Rama, there are tremendously awesome energies pouring in from the Great Central Sun in the Pleiades, as well as from our sun, Sol. The dark side has come to a dead end. The old timeline is quickly fading away. The positive timeline is fully in place! Each day, things are getting better and brighter. I will leave you with a quote from Captain Kirk and Captain Picard: ‘Second star to the right, and straight on till morning!’

Darby then said, “Lord Rama, I do believe in fairies. Meanwhile, the situation on earth is getting better each day. Even though the dark side is pulling us down, keep working with the Resurrection energies! **Sat Nam! Namaste! Blaze the Violet Fire!**”

2024-03-28

Thursday 5 deer, 9 crows; Rosa From Palestine; Dr Ziggy

Rama: I sat with **5 deer and 9 crows** today, across from Quail Run Golf Course, off of the Old Santa Fe Trail, at 10:48 am, mid morning. They intuitively said to me, “Lord Rama, big solar flares continue, so let’s meditate!” So I did the Adi Shakti mantra and the Prana Yama breathing with them for about 10 minutes.

Then I received a text message from **Rosa From Palestine;** she had a physician with her from Al Shisa Hospital. Rosa said to me, “Lord Rama, meet **Dr Ziggy;** he is a neurosurgeon trained in the United States.”

Dr Ziggy said to me, "Lord Rama, as you can get the word out across the planet, what Israel is doing with the blessings of the United States, is committing genocide, pure and simple! Every day, I am seeing the Palestinian people, my people, being shot indiscriminately - just for being Palestinian! This is apartheid.

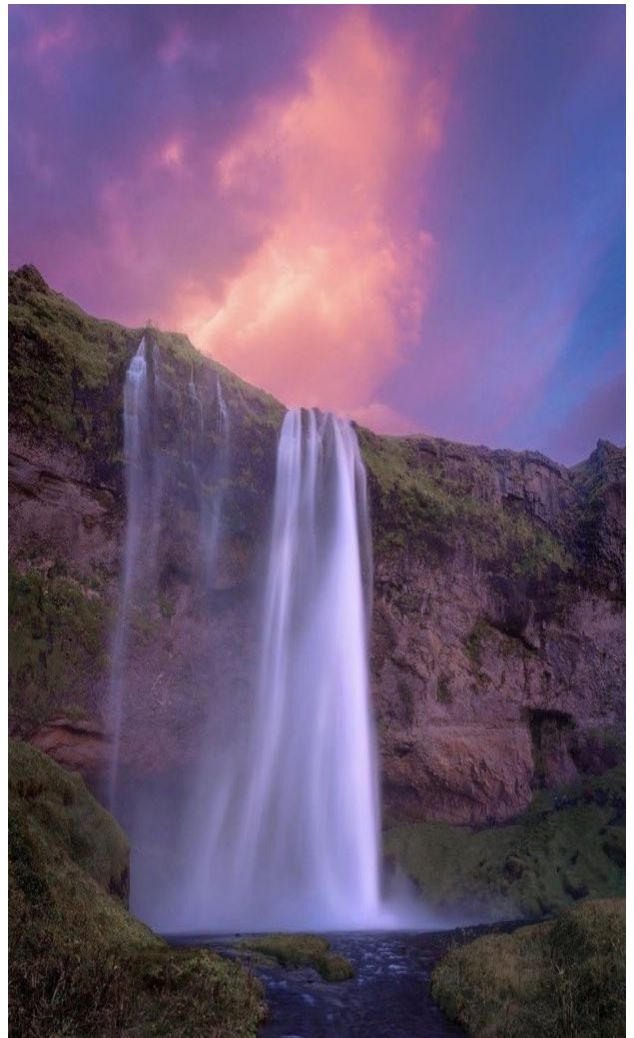
"I am a spiritual man; this is the Holy time of Ramadan. Easter Resurrection is coming up in a few days. As you recall, Jeshu was Syrian, as well as his mother, and he was not white. I could tell you stories until the cows come home, stories about the galactics walking amongst the people, and healing them, just as Jeshu did thousands of years ago. I should be going now. Where Rosa and I are right now is safe for the moment. We will communicate again in a timely manner. Peace be with you! Happy Easter! Enshallah! **Sat Nam! Namaste! Blaze the Violet Fire!**"

Aurora and snowy owl near Yellowknife, Northwest Territories, Canada

Snowy owl also known as the polar owl, the white owl and the Arctic owl.



From our dreams ? ? ? ?

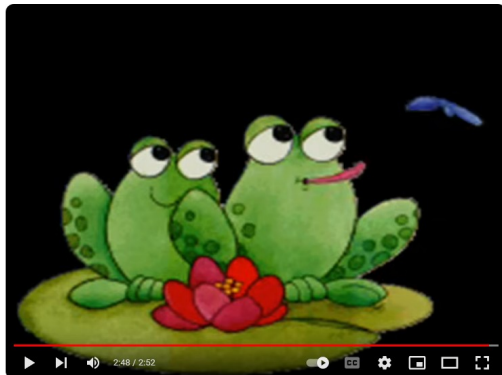


CLOSING MUSIC

Three Dog Night-Joy To The World-Jeremiah Was A Bullfrog

https://www.youtube.com/watch?v=-2wutEzjy_E

2:52



2019 Three Dog Night Concert - Jeremiah was a Bullfrog



[TheGrue Slayer](#)

<https://www.youtube.com/watch?v=pMtCepsw-KQ>

3:38



GUEST: Rev. Jessica Hebert

Guest Website <https://bluestargaia.com/>

Guest Category [Earth & Space](#)
[Health & Lifestyle](#)
[Kids & Family](#)
[Paranormal](#)
[Self Help](#)
[Spiritual](#)
[Mystic & Seer](#)
[Shamanism](#)
[Psychic & Intuitive](#)

Guest Occupation intuitive, teacher, mystic, minister,
dream interpreter



Guest Biography **Jessica Hebert - Bio**

Rev. Jessica Hebert is known and regarded for her gentleness, delicate way with words, and humor. Through intuitive and spiritual services, she provides support, tools, and resources to harmonize your sacred wholeness, instilling calm, clarity, and hope.

A core aspect of her work is training and empowering Light workers, shamans, and healers. She teaches a variety of classes and courses about the workings of the Universe, understanding our mystical experiences, 5th dimensional approaches to life's challenges, and tapping into the healer within.

Soon she will also release her first book, ***A Guide for the Budding Shaman***, in which she draws on her decade of wisdom as a shaman and interfaith minister, as well as her two decades as a practicing pagan. Speaking of Jessica's shamanic experience ...

Jessica walks through life consistently connected with the Divine, and the physical dimensions of Earth. She strives to serve the Divine with balanced tolerance, generosity, charity, mercy, compassion, and an appreciation for humor.

She sees the spiritual in all of life, from doing dishes to lighting prayer candles.

Rev. Jessica didn't grow up seeing dead people, like a lot of her contemporaries. But that didn't stop her from trying!

She draws on two decades of pagan practice, and self-healing initiations. In the past 10+ years, she has trained and practiced in shamanism, Reiki, dream interpretation, interfaith ministry, and priestesshood.

Jessica serves clients all over the world, offering remote sessions, including:

- Reiki healing
- Intuitive phone readings
- Remote energy clearings
- Dream interpretation

Her virtual classes include a healer course and an "Explore Shamanism" course.

Jessica also offers rites of passage ceremonies, including:

- Baptisms/wiccanings
- Coming of age ceremonies
- Custom weddings
- End of life ceremonies

See her website at <https://bluestargaia.com/services/> for more information.

Email: rev.jessica@bluestargaia.com
Website: <https://BlueStarGaia.com>
Newsletter: <https://tinyurl.com/u8jffbrk>
Link Tree: <https://linktr.ee/bluestargaia>

Facebook: www.facebook.com/bluestargaia
Instagram: <https://www.instagram.com/blue.star.gaia>
YouTube: <https://www.youtube.com/bluestargaia>

Ko-Fi: <https://www.ko-fi.com/bluestargaia>
Insight Timer: <http://insig.ht/bluestargaia>
Product Link: <https://www.ko-fi.com/bluestargaia/shop>