

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead
<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III OPENING MEDITATION; HOUSEKEEPING; LINKS TO PODCASTS, WEBSITE
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
 605-313-5166
 Pin Code: 353 863#

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

B B S RADIO STATION 1

B B S RADIO STATION 2

- A Night at the Roundtable
- Friday Night Hard News

Saturday History Call

LISTEN ON LINE

CLICK ON **AUDIO ICON**

CLICK ON **AUDIO ICON**



LISTEN BY PHONE

1-631-359-9353
[NO code needed]

1-804-220-6484
 [No code needed]

CALL IN TO INTERACT

Only during live calls **1-866-627-6008**
 Direct: 323-744-**4831**

1-888-429-5471
 Direct: 323-744-**4841**

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- [Free BBS Radio iPhone and iPad app](#)

B B S ARCHIVES

- go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.
- Find the table listing the dates. Click on required date.

II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call	Wednesday	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Grand Goddess Lillie	6:00 – 7:30 MST		
Abundance Call	Every 2 nd Wednesday	Telephone	
Caroline Oceana Ryan	5:45 PM PT/ 8:45 PM ET	ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call	Every Sunday, Monday	Telephone Only	1-425-436-6260 PIN 9467 441#
Cheryl Croci	9 – 10:30 EST		Call Cheryl for # in your area
Ashtar Legacy Calls	Every 2 nd , 4 th Tuesday 5 th Tuesday – no call	Telephone	1-717-908-1834 PIN 980 339#
Fran Pearre	9:00 – 10:00 pm EST	VOIP/ H D	Call is free; LD charges are not 1-717-908-1834 PIN #980 339#
	https://www.freeconferencecallhd.com/hd-conferencing/ via Skype		Click on VOIP button and enter info as requested

To access past ALC calls, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://ashtarontheroad.com)

III OPENING MEDITATION; HOUSEKEEPING; INFORMATION SOURCES

RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST

- A. Opening Meditation: Cheryl Croci**
- B. Housekeeping: Rainbird**
- C. Link to Podcasts from B B S**
Link to Website See below

BBS: • Listener-supported radio programs – Cost is \$250 - \$300 per week
All BBS archives can be accessed for free, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

• www.rainbowroundtable.net has archives, too.

- Go to BBSradio.com/Station2; find **The True History** call listing & **Paypal** button
- BBS appreciates getting checks via the mail: no Paypal fees!

- The mailing address for those who do not like paying electronically:

B B S RADIO
17419 Wilton Park CT
Spring, TX 77379

[Please put "**Attention Don**" on the envelope]
 [Note inside that it's for T & R calls
 [& the Thursday call, as well]

Tara, Rama: Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

OTHER FINANCIAL REQUIREMENTS

FOOD MONEY: VIA PAYPAL OR See the MENU PAGE ON
www.rainbowroundtable.net

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

Financial Requirements

WEEKLY

B B S RADIO/week

For the rest of January - \$603.00 There are 3 programs: Thurs, Fri, Sat
 Thank you, thank you, for your generosity

PERSONAL

Gas, food, etc
 Bills
 Miscellaneous/Other

\$200.00 General living expenses (inc food, gas)
ALL PAID! ! !

MONTHLY

\$1150 / mo

CONTACT INFO

- Please notify Rama when sending something koran999@comcast.net
- Mailing address for checks, money orders, etc
 Ram D Berkowitz
 PO Box 280
 Santa Cruz, NM 87567

PLEASE MAKE AN ATTEMPT TO DONATE THIS MONTH

- Remember you can book a session with Mother, as well!

Please donate: VIA PAYPAL, either your own a/c or Rama's a/c [koran9999]

There is also a **donate link** on www.rainbowroundtable.net
**** www.rainbowroundtable.net /page/donate ****

EVERY \$ HELPS: no amount is too small! ALL GRATEFULLY RECEIVED

C. Link to Podcasts, Website

THIS WEEK'S PODCAST: <https://bbsradio.com/podcast/true-history-january-20-2024>

WEBSITE AND ADDRESS: <https://www.rainbowroundtable.net/archives>

- (1) Listings: AUDIOS, WEEKLY SETS OF NOTES - on the ARCHIVES page
- (2) WHITE KNIGHT REPORTS <https://www.rainbowroundtable.net/general-5>

D: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION

Contact Rainbird with questions: lightenergync@gmail.com
<https://www.youtube.com/watch?v=aLaVutWXju0> (CHECK THIS OUT)

One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus

[https://en.kfwiki.org/wiki/One_Cup_One_Life -
Production and Application Prevention and Reversal of the Corona Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_Prevention_and_Reversal_of_the_Corona_Virus)

KF Wiki <https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

Keshe Foundation Store <https://store.keshfoundation.org/store/?alias=store>

RAMA, TARA:

Thanks to Cheryl, Rainbird, all our listeners

Today is 11:11:2:2:2

R: Sat with 25 deer and 10 crows: had a Jedi Council and he gave them food – a big buck sat down in front of him and thanked him

- Text for Larry, Curly and Mo - Happy Pluto return to Rama
- Larry, Curly, Mo – said there are big cosmic energies coming in; the frequencies have to do with the changing of the astrology – and it is changing our consciousness too – more compassion. He turns it over to Lady Master Ma'at
- he's being told: at a certain point, the galactics will show themselves and some folks will have to answer for themselves
- all kinds of ships he saw today – and a huge mother ship over the Ski Basin
in the morning, they see Jupiter – at night, it's Sirius and The New Jerusalem
– most of us have never seen a Pluto return of 254 years – things are shifting radically. Pluto/Hades like to stir the pot from the bottom up, and all that is not love is coming up as in Palestine – the solution is the Higher Wisdom, with Love

Pluto AND THE SUN ENTERED AQUARIUS TOGETHER AT AROUND 3 PM THIS AFTERNOON The sun moves through Aquarius every year; Pluto finishing this round; hearing about Pluto will be influencing us until 2044

Tania: this conjunction of Pluto and the Sun is truly momentous!

AUDIO: MICHAEL SANDLER'S INSPIRED NATION 1 h 32 min

Discover What Happened to You BEFORE You Were BORN, and Why You Are HERE Now! Christian Sundberg [Inspire Nation Show with Michael Sandler](#)

We've all heard of NDE's, or Near Death Experiences and are familiar with Life Reviews, which we've all gone through countless times. But did you know you CHOSE this lifetime, and chose what you wanted to experience, and even often how? These are your pre-birth experiences, and by understanding your Pre-Birth experiences, where you come from, and why you're here this lifetime, can change everything. And in those we hear from a pre-birth expert, Christian Sundberg, on what we can all learn, by accessing our life, BEFORE this life.

Find out more from Christian - <https://awalkinthephysical.com/welcome/>

A Walk in The Physical (FREE BOOK) <https://awalkinthephysical.com/book/>



S23: Ep3 <https://www.gaia.com/video/lyran-guides-star-magic-healing> **42 min**

What if reprogramming energetic codes through hand-ons, galactic healing is the key to correcting spinal conditions, hearing loss, and eyesight?

Healer Jerry Sargeant hosts group workshops where he rearranges the vibrational frequency of participants using Star Magic Healing. Sargeant shares how he spiritually negotiated release from a destructive past in exchange for a promise to train people to heal themselves. Sargeant recounts learning remote viewing and astral travel before Lyran guides then downloaded sacred geometry to his crown on Alpha Centauri. This download was later published as "Into the Light."



Sargeant introduces his Lyran guides as well as footage from group sessions...

Host: George Noory Featuring: Jerry Sargeant Audio Languages: English Subtitles: English

ASTROLOGY **RICHARD [RI]**

RI: update on current situation – feels the current astrology is unreliable as a guide! ! !
Discussion about Biden and Netanyahu; dereliction of duty and other things – like genocide! And “regular war” is not really genocide! ! !

2024-01-20 <https://newparadigmastrology.com/january-17-2024-astrology-forecast/>



<https://www.youtube.com/watch?v=VsvPVWduue0>

As I step into my power,
Transform and let go of my fear,
I will be challenged, supported or rejected,
By those I hold near and dear.



[Click here to listen to the Pele Report](#)

Hello New Paradigmers!

Alright, Everybody! We've got Venus passing over the Galactic center, squaring Neptune, and entering Capricorn this week! La Luna is waxing bigger, and Mercury is cruising to catch up to Mars. But the big news this week, and you probably feel it, is **the Sun connecting up with Pluto to cross the threshold together into Aquarius**. That's really what this Pele Report and mantra are all about.

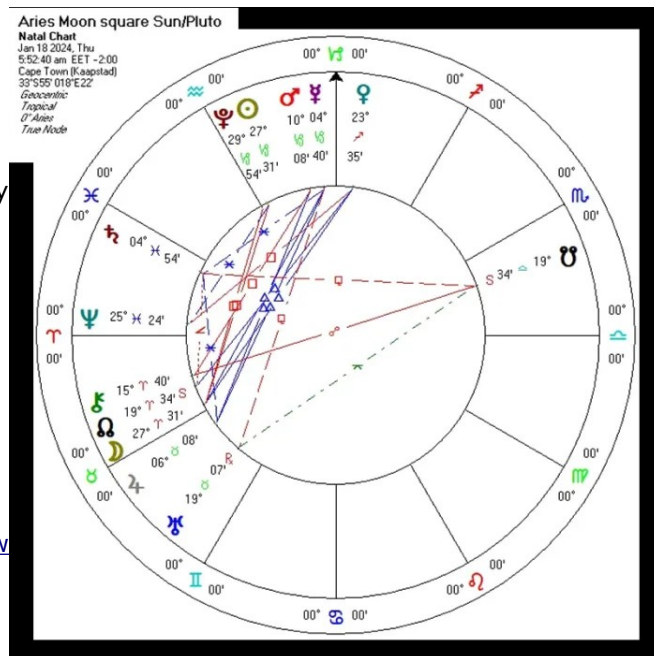
So what does that mean? More important, I think, is **"How does that feel?"** Of course, this will vary from individual to individual depending upon their Evolutionary Stage and natal birth chart. If you don't know your evolutionary stages, I discuss them thoroughly in [THE ASTROLOGY OF 2024 now available](#) on my website! If you didn't get a chance to join me for the live session, you have to see the recordings! They are jam-packed and full of good information about what's coming up this year. [Get yours now HERE!](#)

Despite us being unique individuals, just like when the temperature rises or falls, it rains or snows, we ALL feel it. And so it is with Pluto. We will all be feeling what could best be called **a rise in the barometric pressure!** Just a feeling like something is going to happen, but we don't know what.

For some who are more directly affected, it can even be like your whole world is falling apart and that you have no control over what is going away or leaving your life. Kind of a helpless, vulnerable feeling of "What's next?" As I discussed in the report, **this is a good time to shed our old skins like snakes**. It may feel funny coming off, and you may feel naked and exposed for a while, but you will come through (it's really only a week from now until next Wednesday or so) clean, shiny, and look like new! **It is like a rebirth where it could be a new you!** So let it go!

I'm excited to be letting go and riding the winds over to [Tulum next month](#) to be the resident astrologer at the Nômade Hotel! **I'll be giving talks, doing live readings, and mingling with folks** (maybe you?) on the beach. This is a first for me, but I was invited, and it looks like a beautiful place where I can share some astrology, meet new folks, and have some fun. Come on down! Check it out [HERE!](#)

As I step into my power,
Transform and let go of my fear,



I will be challenged, supported or rejected,
By those I hold near and dear.

We can either fear or welcome the death/rebirth transformation symbolized by this week's (exact on Saturday) Sun conjunct Pluto on the threshold of Aquarius. **Are you ready to step into your power**, be genuinely authentic, and deal with the consequences that will result? Let's not forget that Aquarius liberates us from conventional norms, including judgments from external "authorities."

A metaphor might be that you are climbing up a mountain (perhaps Mt. Everest?), and your backpack is just too big and heavy or maybe breaks a strap, and if you're going to make it to the top, you have to leave it with all your stuff, behind. What are ya gonna do? You can't take it with you! **Gonna stay with your stuff or keep on truckin'?**

So this week offers us a chance to let go of whatever or whoever is not in alignment with our "future self." This can feel like we're "going it alone," losing what we've built up to support us, and/or feel like we're lightening our load, are freer than ever, and can now race to the top of our game!

I like Huey Lewis and the News' song this week: The Power of Love. "Don't need money, don't take fame. Don't need no credit card to ride this train. It's strong, and it's sudden, and it's cruel sometimes. But it might just save your life. **That's the power of love (Spirit.)**" [Let's ride that train!](#)

**So Much Love,
Kaypacha**

RI: full moon this week – next Sat moon at Virgo 4*

2024-01-20 The 00° Aquarius Pluto/Sun Moment is Here!

Tania Gabrielle <newsletter@taniagabrielle.com>

In just a few hours, at 7:57 pm EST, 4:58 pm PST and 12:57 am UT (Jan 21) – **Pluto and the Sun enter Aquarius together!**

Of course, the Sun moves through Aquarius every year... but Pluto is at the end of its long journey around the zodiac – a 248-year cycle – and now poised to spend most of 2024 in Aquarius.

This conjunction of Pluto and Sun, while BOTH enter 00° Aquarius at once, is... to put it mildly... **truly momentous!**

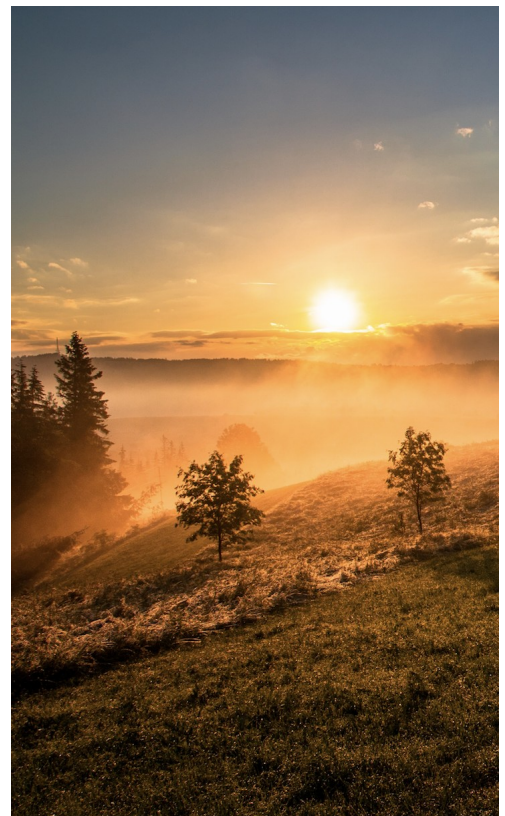
You'll feel your inner confidence magnify, as your enhanced confidence *sets you on a new path to freely explore life without fear.*

It's as though **your state of being is going through a complete regeneration** - especially over the next 30 days as the Sun moves through each degree of Aquarius.

- *Be open to embrace what you discover and uncover.*

Forgiveness is especially available to you now, as Pluto, planet of purging, helps **bygones be bygones**, while Aquarius and the Sun **light up the path in front of you.**

Make the most of this remarkable shift!



Take note of delightful wisps of independence and liberation beckoning you...
And be OPEN to new, surprising developments in your life – each one seeks to utilize and nurture your natural gifts.

- Pluto in Aquarius makes activating your Destiny more exciting and fun.

PLAY with the new energy!

Your intuition is tremendously enhanced with Pluto's presence in the 11th sign of the zodiac.
You'll be nudged to trust your ability to see.. *to **be** the seer.*

All it takes is you being willing to do things in *a unique, impromptu way* – **not to follow, not to fit in, not to please - but to live freely from the Heart.**

- Embrace being unconventional and innovative.

These are the times to take your power back!

Of course Pluto's shift into Aquarius is another sign of your magnificent awakening – **DESTINED in the stars** – and covered in-depth in the [free masterclass](#) "How To Master Your Stars: The Truth About Taking Your Power Back".

You can apply the star code wisdom right away to experience how to manifest from PURE joy, enthusiasm and abundance.

[Click here now to get instant access – it's free!](#)

Joyful Blessings and Love,
Tania Gabrielle

*P.S. In the hours leading to and following the Pluto/Sun's shift into **00°** Aquarius, discover how to ALIGN to new frequencies of inspired manifesting and spiritual breakthroughs – all topics we cover in the free masterclass (and so much more!)... [go watch it here.](#)*

CONFERENCE CALL

R: talking about past lives: he came in with no veil – going from the infinite – no time

- and suddenly in the womb and a challenge to get his bearings! Had no sense of not wanting to be on earth: was just getting used to the adventure
- What about being without a veil – he remembers being in the Quantum Field and suddenly in the womb – was in a limited space – a challenge and an adventure'
- Why did he do it? Recalls the fierce urgency of the hour of NOW: he could see as many have spoken of that the new age was coming in, and we'd better get ready for it . . . even in the 50s, it was changing towards the Light pouring in, and this hasn't stopped even to this day!
- The adventure he thought of: that we can change this with our thoughts! Then he found out about limitations - and he could see all the beings, known and unknown, who said it would be OK

yes: some of us have to go through experience in life in order to be teachers and know

R: moving into spirit was easy for him and he was also an oddball – he and his family were the beatniks on the block – navigating how to work with the kids of his own age and their parents, and getting used to the idea that there are lots of magical beings around

He had a good time working with the unseen realms, a problem to work with the humans! ! ! We all kinda chose to beam into

- when he was growing up, telepathy, telekinesis was a regular thing with him – being in school and seeing teachers' auras and knowing what they had done – had to learn how to integrate
- doesn't wear a hat – hair is part of the antennae system of the temple of the body -
When he was in the Himalayas, it WAS cold and he wore a Sherpa hat – it has horns sewn into the top – not sure why?

Pad: thanks for the piece on StarMagic healing – the voice reminds him of Billy Wilde but she hasn't done any bank robbing . . . but he was so cool!

- Discussion about 'jump chair'

Movies: about Montauk - Stranger Things & also Montauk experiment
Jumper – on You Tube
Contact – Jody Foster – you tube
Communicate – Whitney Schreiber – was on George Noory
the doctors wanted to take out the implant in his ear – didn't work
Taken – Steven Spielberg
This is abnormal stuff which is why it is being brought up . . .

B B S RADIO

AUDIO: [Superpower: Ignite Your Intuitive Intelligence](#) **Childhood's Pure Potential**

S1: Ep2 <https://www.gaia.com/video/childhoods-pure-potential> **32 minutes**

What would it take to ensure that incoming generations follow Mother Nature's path of least resistance? What kind of a world might we be in now if we all listened to our intuition? If we reconsider how we raise our children, we change how we see them, respect them, and support them for their souls to thrive.

Featuring: Miranda Alcott, Bella Consulini, Dr. Jude Currivan, Brenda Dunne, Nicola Farmer, Dr. Joe Gallenberger, Freya Joyner, Ervin Laszlo, Nikki Leggett, Clare Moloney, Evie Moloney, David Sauvage



AUDIO: **PRIME TIME EMMY AWARDS Monday, January 15, 2024**

M L K Day – closing with one of his most famous speeches

AUDIO: **Kryon A Journey into Divine Energy 33 minutes**

<https://www.youtube.com/watch?v=8tE9Wlmabp0>

Closing Rainbird

Rama's Final Choice: Rumi
I am so small, I can barely be seen
how can this great love be inside me?
.
.. . . Live each day with passion

