

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.” **Margaret Mead**

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

**DOCUMENT OVERVIEW**

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III ACCESS TO ARCHIVES
- IV OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING; PODCAST LINK; MISC.
- V KESHE FOUNDATION INFO; N F T REWARDS PROGRAM
- VI FRIDAY HARD NEWS: NOTES, REFERENCE MATERIALS

**I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>**

| DAY      | B B S Station | TIME                         | PROGRAM  | CONFERENCE CALL                           | HOSTS  |
|----------|---------------|------------------------------|--|---|--|
| Thursday | #1            | 6 pm Pacific<br>9 pm Eastern | <b>A Night at the Round Table</b>                                      | None                                      | <b>Panel Members</b><br>Guests<br>Callers welcome. |
| Friday   | #1            | 6 pm Pacific<br>9 pm Eastern | <b>Friday Night Hard News</b>  | <b>720-716-7301</b><br>Pin Code: 353 863# | <b>Rama, Tara</b><br>Callers welcome.              |
| Saturday | #2            | 1:30 pm PT/<br>4:30 Eastern  | <b>History of our Galactic World &amp; NESARA aka The True History</b> | <b>720-716-7301</b><br>Pin Code: 353 863# | <b>Rama, Tara</b><br>callers welcome.              |

**NOTE: 2<sup>nd</sup> CONFERENCE CALL # for both Friday, Saturday  
605-313-5166  
Pin Code: 353 863#**

**ADDITIONAL HELP FOR LISTENERS**

**B B S LISTENER TOOLS**

**B B S RADIO STATION 1**  
A Night at the Roundtable  
Friday Night Hard News

**B B S RADIO STATION 2**  
Saturday History Call

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[NO code needed]

**1-804-220-6484**  
[No code needed]

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**B B S ARCHIVES**

- go to [www.bbsradio.com](http://www.bbsradio.com)
- In **Search** box, enter the name of the required program;
- scroll down to heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.**
- Find the table listing the dates. Click on required date.

**II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable**

| <b>NAME OF CALL / HOST</b>                                    | <b>WEEKDAY / TIME</b>  | <b>ACCESS POINT</b>             | <b>TELEPHONE NUMBER</b>                      |
|---|--|---------------------------------|--|
| <b>Aboriginal Moabite Nation Call</b><br>Grand Goddess Lillie | <b>Wednesday</b><br>6:00 – 7:30 MST                                    | <b>Telephone Only</b>           | <b>1-605-472-5406</b><br><b>PIN 402-493#</b> |
| <b>Abundance Call</b><br>Caroline Oceana Ryan                 | <b>Every 2<sup>nd</sup> Wednesday</b><br><b>5:45 PM PT/ 8:45 PM ET</b> | <b>Telephone</b><br><b>ZOOM</b> |  |

**To be notified: email <https://www.ascensiontimes.com/the-abundance-group>  
Scroll down to the sign-up sheet and enter the requested info.**

|   |  |  |  |
|---|--|--|--|
| <b>Ascension Call</b><br>Cheryl Croci     | <b>Every Sunday, Monday</b><br><b>9 – 10:30 EST</b>  | <b>Telephone Only</b>  | <b>1-425-436-6260</b><br><b>PIN 9467 441#</b><br>Call Cheryl for # in your area  |
| <b>Ashtar Legacy Calls</b><br>Fran Pearre | <b>Every 2<sup>nd</sup>, 4<sup>th</sup> Tuesday</b><br>5 <sup>th</sup> Tuesday – no call<br><b>9:00 – 10:00 pm EST</b> | <b>Telephone</b><br><b>1-717-908-1834</b><br><b>PIN 980 339#</b><br>Call is free; LD charges are not | <b>VOIP/ H D</b> <b>1-717-908-1834</b><br><b>PIN #980 339#</b><br><a href="https://www.freeconferencecallhd.com/hd-conferencing/">https://www.freeconferencecallhd.com/hd-conferencing/</a><br><b>via Skype</b> Click on VOIP button and enter info as requested |

**To access past ALC calls**, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://ashtarontheroad.com)

**III ARCHIVES: provided by B B S RADIO RAINBOW ROUNDTABLE**

**ARCHIVES: B B S**

- Go to [www.bbsradio.com](http://www.bbsradio.com)
- In **Search** box, enter the name of the desired program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING**
- Find the table listing the dates. Click on desired date.

**ARCHIVES: Rainbow Roundtable**

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** Go to "Archives" tab: See NOTES on RHS
- **AUDIO** Go to "Archives" tab: See AUDIO on LHS:  
Included are both BBS podcast + Conference Call Links

#### IV OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING

**A. Opening Meditation:** Rainbird

**B. Mayan Calendar / Record of Days:** Rainbird

- Go to <https://www.spacestationplaza.com> – to locate specific days & lots more information: on the home page, you can find out what your Mayan signature is; while there, look and see where the wave – the birth wave - began

- to learn about the Mayan Calendar, Go to <https://www.spacestationplaza.com> which will link you further to [www.lawovertime.org](http://www.lawovertime.org) website for further information.

**PLEASE LISTEN TO THE PODCAST TO HEAR THE ENTIRE DISCUSSION OF EACH DATE**

Also note: **This is not a 3<sup>rd</sup> dimensional calendar! It's a Record of Days.**  
[www.Spacestationplaza.co](http://www.Spacestationplaza.co) Click on the tzolkein – it's on page 2 of the link.

**PORTAL DAYS = extra dimensionality**

**27<sup>th</sup> Friday**      **13 AHAU**      **Yellow Cosmic Sun**      **Healing**  
Another Friday the 13<sup>th</sup> the last day of the 260 day cycle Haab – a healing aspect – about rising to Christ consciousness – gift of possibility thinking – let go of limitations also A PORTAL DAY = EXTRA DIMENSIONAL

**28<sup>st</sup> Saturday**      **8 LAMAT**      **Yellow Galactic Star**      **Visionary**  
Lunar eclipse; full moon 4:24 pm eclipse

**29<sup>th</sup> Sunday**      **9 MULUC**      **Red Solar Moon**      **Artist**  
About 3 threes about wise use of rational mind; accepting Spirit's direction - remember what we came here to do

**30<sup>th</sup> Monday**      **10 OC**      **White Planetary Dog**      **Artist**  
About unconditional love; healing the pain of the past. Loyalty to human kind. Have awareness of our destiny

**31<sup>st</sup> Tuesday**      **11 CHUEN**      **Blue Spectral Monkey**      **Artist**  
First day of winter in the Celtic tradition; change of the seasons: more connected to earth's energies. Gift of spontaneity  
Gift of abundance

**1<sup>st</sup> Nov Wednesday**      **12 EB**      **Yellow Crystal Human**      **Healing**  
Activating cosmic consciousness – tune into spirit – gift of being human service warrior; connection to other dimensions

**2<sup>nd</sup> Thursday**      **13 BEN**      **Red Cosmic Skywalker**      **Warrior**  
All Soul's Day – 13 is last day of the wave – the promise of change. Working on Clarity

**3<sup>rd</sup> Friday**      **1 IX**      **White Magnetic Wizard**      **Visionary**  
Wave of White Magnetic Wizard – embrace the gift of Shaman energy- will speak truth; about the clarity of others

#### C. Housekeeping:

- We are asking to **have more people contribute**, as some of the regular, long-term donors are stressed and stretched: **any and all small amounts are helpful and very welcome.**

Re **T & R**: Their full-time, life-time commitment is to be tuned in to what is really going on behind the scenes of the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

- Donations via Paypal button on the **homepage** [www.rainbowroundtable.net](http://www.rainbowroundtable.net)

**B B S RADIO:**

- The radio programs are supported by us, the listeners.
- The THREE radio programs cost \$300 each week.
- The mailing address for those who do not like paying

**B B S RADIO**

**B B S RADIO**  
**58 N Marshside Place**  
**Spring, TX 77389**

Please put **"Attention Don"** on the envelope  
 And note inside "for Thursday,  
 Friday AND Saturday calls"

- **All BBS archives can be accessed FOR FREE by everyone.**
- **NB: TO BE FOUND AT [www.rainbowroundtable.net/archives](http://www.rainbowroundtable.net/archives)**
  - **AUDIO ARCHIVES** (BBS Radio Podcasts plus Conference Calls) **and**
  - **PROGRAM NOTES** (downloadable and printable **PDFs** )

**OTHER FINANCIAL REQUIREMENTS FOR RAMA, TARA:**

**FOOD MONEY:** VIA PAYPAL OR See the PAGE ON [www.rainbowroundtable.net](http://www.rainbowroundtable.net)

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

|                         | <b>Financial Requirements</b>               | <b>Other details</b>  |
|-------------------------|---|---|
| <b>WEEKLY</b>           |   |   |
| <b>B B S RADIO/week</b> | <b>\$ 939.12</b>                            | For all of October  |
|                         | 1 <sup>st</sup> 3 weeks of October + \$4.12 | Three programs each week  |
| <b>PERSONAL</b>         |   |   |
| Gas, food, etc          | <b>\$200.00</b>                             | <b>NEED GAS &amp; FOOD !!!</b>  |
| Bills                   | <b>\$300.00</b>                             |   |
| Miscellaneous/Other     |   | Caroline set up a GoFundMe a/c  |
|                         |   | <b>See the link on</b>  |
|                         |   | <b><a href="http://rainbowroundtable.net">rainbowroundtable.net</a></b> |
| <b>MONTHLY</b>          |   |   |
| Rent - \$1,150 / mo     | <b>\$1,150.00</b>                           |   |
| <b>Total</b>            |   |   |

**CONTACT INFO**

- **Please notify Rama when sending something** [koran999@comcast.net](mailto:koran999@comcast.net)
- **Mailing address for checks, money orders, etc**  
 Ram D Berkowitz  
 PO Box 280  
 Santa Cruz, NM 87567

**EVERY \$5 HELPS - ALL GRATEFULLY RECEIVED: THANKS TO ALL FOR THEIR HELP . . .**

- **Remember you can book a session with Mother, as well!**  
**\*\* [www.rainbowroundtable.net /page/donate](http://www.rainbowroundtable.net/page/donate) \*\***
- Tara and Rama continue to appreciate each & every donation received for food.
- Please continue to go to [www.rainbowroundtable.net](http://www.rainbowroundtable.net) and link to their Paypal account: choose **family and friends option so Paypal takes off no fees.**

**They are under orders by Rama's boss (former President Obama's security chief, known as the King of Swords) to live entirely by donations from the Light community. Your support is invaluable and greatly appreciated. Thank you so much for your kindness and generosity! Namaste.**

## V KESHE FOUNDATION INFO; N F T REWARDS PROGRAM

(1) **MAIN address for KFSSI.org** <https://kfssi.org/>  
**Keshe Foundation Spaceship Institute:** The Home of Plasma Science & Technology

• **To access Keshe Foundation** <https://keshe.foundation/>  
**Keshe Foundation:** the place where Science meets the Soul of Man

• **KFWiki** <https://kfwiki.org/>  
The free **Plasma Cyclopedia** of the Keshe Foundation

• **Weekly YouTube Presentations**  
<https://www.youtube.com/c/KesheFoundationOrg>  
Public can join by ZOOM: the link is 939 474 503

• **More information** Carolyn - Rainbird – [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

## (2) N F T Rewards programs

[NFT/reward.biz/register](https://nft/reward.biz/register)  
Enter: koran999

## VI FRIDAY HARD NEWS: ACCESS TO THIS WEEK'S PODCAST; NOTES, REFERENCE MATERIALS

<https://bbsradio.com/podcast/hard-news-friday-october-27-2023>

### TO LISTEN TO CALLS ON THE PHONE:

|                       |                |
|-----------------------|----------------|
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| 1-631-359-9008        | 1-667-930-9417 |
| 1-804-220-6538        |                |

**Rama, Tara:** R, T

### Greetings to all !!! Thanks to everyone; Happy Hallow'en

**T:** Today they found the shooter: dead by suicide. Here's to the end of this kind of stuff . . .

**R:** with the full moon / Lunar Eclipse, it is amazing times we live in

- Sat with 4 deer and the crows – they repeat to stay in the Oneness, and don't get caught in the matrix – and Israel & US involved in war crimes

**R:** doesn't get one out of the mission! Our form (body) is eternal -

- as for the shooter: R smells MK Ultra all over the place and it's no coincidence this is happening while Ukraine, Israel, Gaza are going on
- Ref to Aluna Joy's message: went to visit Mother's statue – and found that not all her energy was present – very busy in various part of the universe!

**AUDIO:** Aurora Ray **The Fifth Dimensional World is here: Celebrating the Birth of the New Earth!**

[https://www.youtube.com/watch?v=X2iJdBm0mLA&t=1s&ab\\_channel=AuroraRay](https://www.youtube.com/watch?v=X2iJdBm0mLA&t=1s&ab_channel=AuroraRay)

The light has won. The war is at an end. The presence of dark energies has been greatly reduced. We live in a world in continuous change and within a short span of time, the new earth and the fifth dimensional world will be in full swing.

## CONFERENCE CALL

Thanks

**COR:** has a headache and has experience with them – and feels the current one has to do with the energies of the eclipse

**T:** and the energies we are experiencing have never been here before!

**COR:** heard from a psychic to rub under the eyes with a finger nail -

**T:** and there is more to do now than there used to be

**COR:** as the guest on the program said yesterday about the Middle East – maybe this will put people to say en masse – no more war! We are seeing genocide in full blast at the moment

this bunch of controllers are in trouble with the humans: the humans know what is going on now – PEOPLE ARE WAKING UP NOW

**COR:** and more ships being spotted around the world ! !

**Margie:** TN is beautiful at the moment – fall colours

talked to an elder from MN – earth in a huge dark hole it's never been in before – will be a wild ride ! We're not through the hole yet – wants to sleep a lot! !

Also sit with the Sister's cat – the 2<sup>nd</sup> one is missing for the moment!

Yes, she's very skittish –

**COR:** she's still around – will come out when she's ready

**R:** Can you ask Rama if this statement is true? Mexican intelligence are saying the "Jewish " lady who is supposed to be the next President of Mexico is an alien....

He knows nothing of this – if the Mexican gov't has a goddess for president, good for them – R hasn't even seen her, even on TV –

speaks of **Jaime Mousant** a world famous research of UFOs, ET s - has been on *Ancient Aliens* – works with Dr Greer & other researchers – and shares the news that our galactic family members are here and have been here from the start

The divine feminine is gaining strength

**Car:** asks how COR came across last night's guest on Night at the Roundtable

**COR:** William is very good friends with Bonnie Sorretore – and Bonnie moved to northern Georgia which is close to TN, where Will and his wife live. Bonnie says he's amazing ! ! !

he tended to think on higher levels last night; he didn't come in with his current knowledge

**Car:** was he speaking as a human being, or the entity that took over the human body

**COR:** the latter

**Car:** what's up with the wife -

**COR:** she doesn't know the story about how they met

**PCC:** brings in the story of Lobsang Rampa, a Tibetan monk who came into an Englishman's body – in England – and inherited the wife too . . .

Discussion of The Monkees and magazines with centre folds

**Couldn't keep up to the conversation! ! !**

## B B S RADIO

**Music: Ave Sache**

**AUDIO: Era of Peace**

**Patricia Cota Robles**

**VLOG 345**

<https://rumble.com/v3qufhl-vlog-345-i-am-recalibrating-my-earthly-bodies-to-receive-more-light.html>



## MEDITATION:

**2021-10-21 Pleiadian Frequency Light Shields Transmission: Protection Against 4D Etheric Weaponry**

[https://www.youtube.com/watch?v=VsnZzsyG2Sw&ab\\_channel=SteveNobel](https://www.youtube.com/watch?v=VsnZzsyG2Sw&ab_channel=SteveNobel) 33.33

[Steve Nobel](#)

**Protection Against Frequency Weapons...**

This transmission is designed to protect you from frequency weapons aimed at your energy fields and chakra system, whether directly or through the aura of another unaware person. If repeating this transmission, then ask for the shields to be repaired or replaced as necessary.

**Protecting Your Third Eye and Solar Plexus...**

Frequency weapons are 4D weapons and they have been known to be used on Starseeds. I have experienced a number of frequency attacks aimed primarily at my third eye, throat and solar plexus. The effect of such a frequency weapon is to create hurt, harm, etheric damage and a certain level of confusion, disorientation, and discombobulation. A frequency attack can come through the energy fields of someone close to you and they may have no idea their energy fields are being used to transmit any attack.

[https://www.youtube.com/watch?v=VsnZzsyG2Sw&ab\\_channel=SteveNobel](https://www.youtube.com/watch?v=VsnZzsyG2Sw&ab_channel=SteveNobel)



**Greetings in the Light of the Most Radiant One! In the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and The Violet Flame.**

### **Greetings, Children of Ra!**

Indeed, magic and miracles are going on in this local universe. It is about the light has won, like it's being said. Yet Pluto digging it all up for everyone to see; it's quite a cosmic dance!

Not so pretty to see the other side of Pluto; we can say it is a glorious time to be alive! At the same moment, quite precarious.

T: comments on duality, dichotomy

M/A: Yes in this realm it is. Not seemingly in the others! It is all in divine harmony!

- What is unfolding. . . We are only in the most unique of times – we have the power to change this now, with our thoughts!
- War is never the answer. The ocean of Light that is pouring in from Creator Source at this time is creating the opportunity for a shift of gigantic proportions.

All the things that are going on that seem out of sorts with one another is about the particles and the molecules coming back into alignment. There is so much unfolding: it is all good! The simplicity of the universe is magnificent!

- what's happening at this time: all of Heaven and Earth, all the kingdoms, queendoms are speaking to us, quite explicitly, saying, "Enough of the mistrust of one another, based on false ideas about Creator Source. Everyone is equal in the eyes of Creator Source"

It's our own maya, the matrix gets in the way our deals about not enough, too much –

- what has happened is what Patti speaks about: this is the most unique of times 'cos we are receiving our 12 strands of DNA and the light bodies are fully activated.
- This eclipse in the next hours gonna be the feather that hits the scale -

T: Yes, the feather of Ma'at –

M/A: Yes, it's about break through – Scorpio, the phoenix – All that is not of the Office of the Christ is being turned asunder. To use those old words -'

- it's simply about a shift in the timelines. We are fully anchoring in ourselves as well as this realm – Sat Yuga and Kali is on her way out with the blood rituals

T: It still doesn't look like it – something has to give here

M/A: Yes, it is most unique to be here in this present moment, with all of what's happening –

- it is very good because things are coming back into balance. This is what's being said: we are in many places all at once and nowhere at all! It's to shift the energies -
- We come not with vengeance but with Love: Love is the answer to all the situations going on.
- This present situation in the Middle East is about the last little story about our wayward children who have run out of time; they have not run out of Love! They think they have all the money in the world, but they don't: the Ego has run its course!

When you look at the sun in your day-to-day activities, ask the sun to show you, in your inner eye, in your heart, what there is to do: you will be shown. it's all presented in the frequencies of Living Light, Living Love.

The drama unfolding in the Middle East is the last stand, so to speak, of the old energies. The other places on the planet (are) having that same moment – it is that we are in a new time line; the old energies don't fit with what's coming in – with the light of ten trillion suns!

- Our bodies are being filled with that light, every day from the sun. Better stop, take a moment and just allow it to come in; it is quite easy. All the maya makes it difficult with our conscious illusions here of the ego. It is all being shifted right in this now moment. Can you not see it?

T: thinks she can - they are getting completely busted, trying to keep the game going



**M/A:** No! What's happening is they are running out of options and what's the last story Fear! To create distractions, to separate the mind from the heart. It's not working as much as it used to; people are waking up and claiming their power like never before.

- That is the shift and people are upset with what has happened

Yes, war crimes are being committed on both sides; that's why She is here – gotta equalize the drama and How She does it is with the energies of the violet flame and the frequencies pouring in from the Great Central Sun.

Everything going on right now is about the end story, and the beginning of a new one: Heaven on Earth is already happening in spite of their plan to keep us locked away in the matrix. Not Working! !!

T: people know what freedom feels like now.

M / A: Yes, and they always say when there is an energy force that is out of its space/time continuum that we could describe as evil, she comes to equalize the drama and let's say it is about the energy pouring in from Creator Source in and of itself - the light from the sun is shifting the physical space/time matter here – this is why things feel a bit chaotic

- It is coming to a completion, as the Hopi Prophecy says. There needs to be some Purification; that's what is occurring - in here!

And it is only about Love. Just we are saying: in their sacred hour, going through this holy time, of this shift of the seasons, sowing the first day of winter – in northern hemisphere, it's Halloween, Samhain - it is the gateway to the winter season.

- In the southern hemisphere, it is the gateway from spring into summer. What is happening is that this great cycle – all the teachers, masters, angels- are here.

We hear Steve Nobel speak of the Pleiadian archangels – call us in; believe in the magic; we will see - just gotta trust, have the faith to walk that invisible path.

Greetings in the Light of the Most Radiant One!

**Both:**

Kodoish, Kodoish, Kodoish Adonai 'Tsebayoth  
iliahu iliahu iliahu  
Yod Hey Vod Hey  
YHWH

Holy holy holy is the Lord God of Hosts  
Illumine Illumine Illumine  
Yod Hey Vod Hey of the Living Everlasting Light  
The Revealed Name to our Father universe of  
the Living God behind all Creator

**Rama Returns:** was on Lady Master Athena's ship once again, talking to these butterflies that were magenta and gold! When they flap their wings, the magenta-like dust flies off them and creates little sprouts of silver vibes – part of the light forms that will show up on the planetary

**T:** will the weather be more balanced on the planet?

**R:** Yes it will in this moment- the Shift of an Age; gotta send more love to all the situations no matter what!

**T:** we need to keep this in mind when we listen to Amy – we have the power to change the energy it is a challenge to be here in these energies and trans from them.

**The message:** right now, what is being said from Lady Mother Athena's ship, is that we are in the final moments of this cycle and the Dark Side is playing itself out. Our biggest task is to send more love no matter what is going on, and to stay in the Oneness, and to experience the wonder, the beauty of all that is transpiring. It changes our point of view so we get a better perspective of what has happened. The fact is the Light has Won and they know it – they will receive their medicine and Mother knows what it is

**AUDIO: DEMOCRACY NOW! ! !**

**2023-10-27 Headlines OCTOBER 23,2023**

<https://www.democracynow.org/2023/10/27/headlines>

**2023-10-27 "Gaza Is Being Strangled": UNRWA Calls for Immediate Ceasefire as Humanitarian Crisis Deepens**

[https://www.democracynow.org/2023/10/27/tamara\\_alrifai\\_unrwa\\_gaza](https://www.democracynow.org/2023/10/27/tamara_alrifai_unrwa_gaza)

**2023-10-27 Gaza Poet Who Inspired Nonviolent Protests Is Injured in Israeli Airstrike; 5 Relatives Killed**

[https://www.democracynow.org/2023/10/27/ahmed\\_abu\\_artema\\_gaza\\_airstrike](https://www.democracynow.org/2023/10/27/ahmed_abu_artema_gaza_airstrike)

**2023-10-27 The Palestine Exception to Free Speech: Censorship, Harassment Intensifies on Campus Amid Gaza War**

[https://www.democracynow.org/2023/10/27/palestine\\_legal\\_campus\\_censorship\\_ryna\\_workman](https://www.democracynow.org/2023/10/27/palestine_legal_campus_censorship_ryna_workman)

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**2023-10-26 Unlocking the Power of Quantum Crystals: Bridging Science and Spirituality QMTV**

**Ep. 29** <https://www.youtube.com/watch?v=Qq0FCpY509I> **29 m, 10 s** [Dr. Theresa Bullard](#)

In this captivating and insightful conversation, physicist and groundbreaking researcher Nassim Hamein takes us on a journey into the fascinating world of crystals and their extraordinary potential. He sheds light on the pioneering work he's been doing with crystals, revealing their remarkable ability to harness the energy of the quantum vacuum, a concept that challenges our fundamental understanding of the universe.

Hamein discusses the profound significance of these specially tuned crystals, which have the power to create coherent fields. These fields have the unique ability to enhance the energy of the surrounding environment, promoting life and vitality in various forms. He highlights their potential to revolutionize energy generation, offering a cleaner and more sustainable path forward for our planet.



Join us as we explore the transformative possibilities of these crystals and the promising ways they might shape the future of our world by tapping into the boundless source of universal energy.

Sign up with your email address to receive access to the entire conversations as soon as they release! To register, go to <http://quantummindstv.com/>

**Nassim Hamein Bio:**

Nassim Hamein has spent more than 30 years researching and discovering connections in physics, mathematics, geometry, cosmology, quantum mechanics, biology and chemistry as well as anthropology and archeology. These studies led Hamein to groundbreaking theories, published papers and patented inventions in unified physics, which are now gaining worldwide recognition and acceptance. To learn more head to his website - <https://www.resonancescience.org/>

**READING: THE UNBREAKABLE LOVE ARMY - MESSAGE FROM MOTHER SEKHMET  
Included - Healing Power of LOVE INVOCATION**

Mother Sekhmet through Aluna Joy Yaxk'in in Karnak, Egypt

<https://www.alunajoy.com/2023-10-28-Sekhmet-message.html> Posted on 10.15.2023

**SEE BELOW, AFTER THE NEWS REPORTS**

## INFORMATION RELATED TO THE NOTES

**2023-10-27                      Headlines OCTOBER 23,2023**

<https://www.democracynow.org/2023/10/27/headlines>

### **“Gaza Is Being Strangled”: U.N. Says Israel’s Siege Will Lead to More Palestinian Deaths**

Oct 27, 2023



The United Nations has warned that many more Palestinians will die due to catastrophic shortages of food, water and medicine, as Israel’s nonstop bombardment of the Gaza Strip entered its 21st day. Earlier today Philippe Lazzarini, the head of the United Nations agency for Palestine refugees, known as UNRWA, warned his agency’s operations are crumbling as Gazans starve. He called Israel’s siege “collective punishment” of more than 2 million people — a majority of them women and children. And he said the mere 84 aid trucks that Israel has so far allowed to cross into Gaza is totally inadequate to address the needs of the population.

**Philippe Lazzarini:** “These few trucks are nothing more than crumbs that will not make a difference for the 2 million people in the street. We should avoid conveying the message that a few trucks a day means the siege is lifted for humanitarian aid. This is not true.”

### **Gaza Health Ministry Publishes Names of Nearly 7,000 Palestinians Killed in Israeli Strikes**

Oct 27, 2023

State of Palestine  
Ministry of Health

ملف رقم: (1) أسماء الشهداء الفلسطينيين وعائلاتهم (2) KE42 (3) مباحث (4) 281 من مجموع العائلات

| الرقم التسلسلي | الاسم      | العمر | الجنس |
|----------------|------------|-------|-------|
| 1              | 140521742  | 13    | ذكر   |
| 2              | 1975041074 | 65    | ذكر   |
| 3              | 190549872  | 62    | ذكر   |
| 4              | 1933741844 | 61    | ذكر   |
| 5              | 191948521  | 60    | ذكر   |
| 6              | 191034767  | 60    | ذكر   |
| 7              | 190949576  | 60    | ذكر   |
| 8              | 195717368  | 58    | ذكر   |
| 9              | 197945451  | 58    | ذكر   |
| 10             | 197647365  | 54    | ذكر   |
| 11             | 194761420  | 53    | ذكر   |
| 12             | 195277019  | 51    | ذكر   |
| 13             | 190314861  | 49    | ذكر   |
| 14             | 190844822  | 48    | ذكر   |
| 15             | 190845551  | 48    | ذكر   |
| 16             | 190178794  | 47    | ذكر   |
| 17             | 190569827  | 46    | ذكر   |
| 18             | 190569826  | 45    | ذكر   |
| 19             | 190149561  | 44    | ذكر   |
| 20             | 1903511905 | 44    | ذكر   |
| 21             | 1903518426 | 43    | ذكر   |
| 22             | 191944041  | 41    | ذكر   |
| 23             | 1904411190 | 39    | ذكر   |
| 24             | 1905271139 | 38    | ذكر   |
| 25             | 191414046  | 37    | ذكر   |
| 26             | 190617748  | 36    | ذكر   |
| 27             | 191918514  | 34    | ذكر   |
| 28             | 190610448  | 34    | ذكر   |
| 29             | 190217145  | 34    | ذكر   |
| 30             | 1903413011 | 33    | ذكر   |
| 31             | 190220596  | 33    | ذكر   |
| 32             | 190396263  | 32    | ذكر   |



Gaza’s Health Ministry has published the names of more than 6,700 Palestinians killed since Israel launched its assault on the Gaza Strip three weeks ago. The 200-plus page report lists the name, age, gender and ID number of each victim of Israel’s bombardment. The toll does not include the names of 281 people whose bodies could not be identified, bringing the toll to more than 7,000, nor does it include more than 1,500 Palestinians missing and believed to be trapped under rubble. Two thousand six hundred sixty-five children are listed among the dead. The ministry made the names public after President Biden on Wednesday cast doubt on Gaza’s official death toll.

**President Joe Biden:** “I have no notion that the Palestinians are telling the truth about how many people are killed. I’m sure innocents have been killed, and it’s the price of waging a war.”

Omar Shakir of Human Rights Watch said his organization has always found data from the Gaza Ministry of Health reliable. He said that until quite recently even the U.S. State Department cited the ministry's data without caveat.

**Omar Shakir:** "I think it's worth noting that this creates a fog of war, a fog of misinformation, which can provide political cover for more large-scale atrocities to take place. The conversation should focus on how world leaders can stop further mass atrocities, and not nitpicking whether a number that's generally proven to be accurate may be a little bit off."

### **Al Jazeera's Wael al-Dahdouh Returns to Work One Day After Israeli Strike Kills 12 Family Members**

Oct 27, 2023



Al Jazeera's Gaza bureau chief Wael al-Dahdouh returned to the airwaves Thursday, just one day after an Israeli airstrike killed 12 members of his family. Dahdouh resumed broadcasting from a Gaza rooftop hours after he led prayers at a funeral for his wife, son, daughter, grandson and other relatives.

**Wael Dahdouh:** "I saw it as my duty to get back to work as quickly as possible, despite everything, because, as you can see, the bombardment is still ongoing. There are airstrikes and artillery shelling, and things continue to develop."

The Committee to Protect Journalists reports at least 27 journalists have been killed in Israel and Palestine since October 7 — four Israelis, one Lebanese and 22 Palestinians.

### **EU Appeals for "Humanitarian Pause" in Gaza But Stops Short of Ceasefire Call**

Oct 27, 2023



European Union leaders called Thursday for a "humanitarian pause" to Israel's bombardment of Gaza but stopped short of calling for a ceasefire. European Commission President Ursula von der Leyen reaffirmed EU support for Israel, saying it had the right to self-defense in line with international law; she also blamed Hamas for provoking the humanitarian crisis in Gaza. Her remarks came after Human Rights Watch director Tirana Hassan condemned both Hamas and Israel for targeting innocent civilians. Hassan testified on Wednesday to the European Parliament's Subcommittee on Human Rights.

**Tirana Hassan:** "You cannot wipe out entire families, let a health system be destroyed, raze entire districts to the ground, refer to people as animals. You can't punish an entire population

by preventing desperately needed aid from reaching them. International humanitarian law is clear: Atrocities from one side do not justify atrocities from the other side.”

### “Vote to Stop This Madness”: Palestinian U.N. Envoy Implores UNGA Members to Back Ceasefire

Oct 27, 2023



At an emergency session of the U.N. General Assembly in New York, the Palestinian envoy to the United Nations, Riyad Mansour, pleaded with representatives to vote in favor of a resolution calling for an immediate ceasefire in Gaza and the increased delivery of humanitarian aid.

**Riyad Mansour:** “Vote to stop the killing. Vote for humanitarian aid to reach those whose very survival depends on it. Vote to stop this madness.”

The U.N. General Assembly’s 193 member states are voting on the nonbinding resolution today, after the U.S. repeatedly vetoed Security Council resolutions calling for a ceasefire.

### U.S. Forces Attack Iran-Linked Facilities in Syria

Oct 27, 2023

The Pentagon says U.S. forces attacked two facilities in Syria linked to Iranian armed groups, in response to earlier attacks on U.S. military personnel in Iraq and Syria. Defense Secretary Lloyd Austin said the U.S. strikes were not connected to the conflict in Israel and Palestine. Nine hundred U.S. troops are also headed to the Middle East. This is Pentagon Press Secretary Patrick Ryder.

**Patrick Ryder:** “While I won’t talk specific deployment locations for these forces, I can confirm that they are not going to Israel and that, again, they are intended to support regional deterrence efforts and further bolster U.S. force protection capabilities.”

### Florida Moves to Ban Chapters of Students for Justice in Palestine in State Colleges

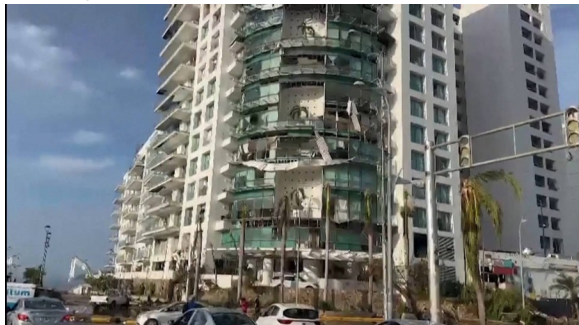
Oct 27, 2023



Florida's state university system, in collaboration with Republican Governor Ron DeSantis, has issued a memo ordering college campuses to shut down a Palestinian solidarity student organization. Florida officials accused Students for Justice in Palestine of providing "harmful support for terrorist groups." Palestine Legal, which defends the free speech of Palestinian rights activists, said in a statement the memo was "filled with erroneous factual and legal claims that seek to distract from, distort and silence the message of student activists across the United States the same way Israeli propaganda has sought to distract public attention from ongoing Israeli war crimes." Meanwhile, Governor DeSantis said Thursday he's made arrangements to send drones, weapons and ammunition to Israel as it prepares for a ground invasion of Gaza.

### **Hurricane Otis Kills at Least 27 in Mexico, Leaving Trail of Destruction in Acapulco**

Oct 27, 2023



In Mexico, at least 27 people were killed and several others are missing in and around Acapulco, after Hurricane Otis ripped through Mexico's Pacific coast, knocking out all communications and leaving behind a trail of destruction. The Category 5 storm was the strongest East Pacific hurricane on record to make landfall, with 165 mile-per-hour winds. A local cameraperson who filmed the devastating aftermath in Acapulco recounted living through the hurricane.

**Jaime Villanueva:** "There was a moment when the building was moving from side to side. Water was coming in. Water was entering. You could still hear a thousand and one things thundering up, down, left, right, everything. Everything was thundering. And then I remember that Barbara and I hugged each other and began to pray. We began to say goodbye with telepathy, literally, because we could not send messages."

### **Major Protests in Panama Take Aim at Canadian Copper Mine**

Oct 27, 2023



In Panama, nationwide Indigenous-led protests and blockades intensified this week, demanding the government reverse its approval of a 20-year contract for a foreign-owned open-pit copper mine. Police fired tear gas at demonstrators, who say the mine will poison fresh water sources. They also cited corruption allegations against lawmakers. Dozens have been arrested. Opponents say the new contract for the Cobre Panamá mine was fast-tracked with little public input or transparency. The mine is the largest in Central America. It's owned by Canada's First Quantum Minerals.

## U.S. Seeks to Turn Page on Fraught Relations with China with High-Profile Official Meetings

Oct 27, 2023



U.S. Secretary of State Antony Blinken welcomed his Chinese counterpart to Washington, D.C., on Thursday as the Biden administration seeks to repair fraught ties with Beijing. Foreign Minister Wang Yi spoke briefly to reporters before his meeting with Blinken at the State Department.

**Wang Yi:** "Through dialogue, we can increase understanding, reduce misunderstanding and misjudgments, constantly seek to expand common ground and pursue cooperation that will benefit both sides."

Wang Yi's trip to Washington came after California's Democratic Governor Gavin Newsom held a surprise meeting with Chinese President Xi Jinping in Beijing on Wednesday. Newsom said after the talks he hoped the United States and China were at a turning point in their relations.

## Maine Rep. Reverses Stance on Gun Laws, Calls for Ban on Assault Rifles, After Lewiston Massacre

Oct 27, 2023



In Maine, the manhunt continues for the suspect in Wednesday night's shooting rampage that killed 18 people and wounded 13 others in Lewiston, Maine's second-largest city. Residents have been instructed to continue sheltering in place, while many schools remain closed today, including schools like Bates and the Portland public school system. The suspect, 40-year-old Robert Card, is a white Army reservist and firearms trainer who was hospitalized in a mental health facility over the summer after he threatened to "shoot up" a National Guard base in New York. Investigators are reportedly looking into whether the shooter was targeting his partner or former partner. Maine does not require permits to carry guns, does not require background checks and has no red flag laws.

On social media, one of Maine's most prominent residents, the author Stephen King, wrote, "It's the rapid-fire killing machines, people. This is madness in the name of freedom. Stop electing apologists for murder." And on Thursday, Maine Democratic Congressman Jared Golden, a Marine Corps veteran who lives in Lewiston, said the massacre had changed his views on gun control.

**Rep. Jared Golden:** "I have opposed efforts to ban deadly weapons of war like the assault rifle used to carry out this crime. The time has now come for me to take responsibility for this failure, which is why I now call on the United States Congress to ban assault rifles like the one used by the sick perpetrator of this mass killing in my home town of Lewiston, Maine."

In another mass shooting, police on Thursday found five people fatally shot in Clinton, North Carolina. A suspect and motive have not yet been identified. There have been close to 600 mass shootings in the United States this year alone.

## 2023-10-27 "Gaza Is Being Strangled": UNRWA Calls for Immediate Ceasefire as Humanitarian Crisis Deepens

[https://www.democracynow.org/2023/10/27/tamara\\_alrifai\\_unrwa\\_gaza](https://www.democracynow.org/2023/10/27/tamara_alrifai_unrwa_gaza)

### Topics

- [Gaza](#)
- [Israel](#)
- [Israel & Palestine](#)
- [Palestine](#)



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### Guests

- [Tamara Alrifai](#)  
spokesperson for UNRWA, the United Nations agency for Palestine refugees.

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### Links

- [UNRWA - Gaza Emergency Appeal](#)

UNRWA, the U.N. agency for Palestine refugees, says it is close to running out of supplies in Gaza, where it is sheltering over 600,000 displaced Palestinians. Israel has claimed that they cannot allow fuel to enter the besieged territory because of the supposed risk of it being appropriated by Hamas. We hear from UNRWA spokesperson Tamara Alrifai about the dire humanitarian crisis and the critical lack of food, water, medicine and especially fuel available for the millions "stranded" in Gaza. UNRWA is calling for an immediate humanitarian ceasefire and unrestricted aid corridors to address the crisis.

### Transcript

This is a rush transcript. Copy may not be in its final form.

**AMY GOODMAN:** "Gaza is being strangled." That's the latest warning from the United Nations about the dire humanitarian in Gaza as Palestinian authorities say over 7,300 people have now been killed in Israel's 21-day bombardment. More than a thousand Palestinians are believed to still be trapped under the rubble of buildings leveled by Israeli airstrikes and shelling. Earlier today, the head of UNRWA — that's the U.N. agency for Palestinian refugees — called for far more aid to be allowed into Gaza through the Rafah border crossing. This is UNRWA head Philippe Lazzarini.

**PHILIPPE LAZZARINI:** As we speak, people in Gaza are dying. They are not only dying from bombs and strikes. Soon many more will die from the consequences of siege imposed on the Gaza Strip. Basic services are crumbling. Medicine is running out. Food and water are running out. The streets of Gaza have started overflowing with sewage. Gaza is on the brink of a massive health hazard, and the risk of diseases are looming.

**AMY GOODMAN:** More than 600,000 displaced Palestinians are now living in UNRWA shelters, but the agency says its operations are crumbling due to a lack of supplies. The United Nations says at least 12 hospitals in Gaza have been forced to stop operations, as have about two-thirds of Gaza's 72 primary health clinics.

We go now to Amman, Jordan, where we're joined by UNRWA spokesperson Tamara Alrifai.

Welcome to *Democracy Now!*, Tamara. Can you talk about the situation in Gaza right now, what UNRWA is dealing with?



**TAMARA ALRIFAI:** No words can describe what the Gazans are dealing with. They are living a humanitarian situation of colossal magnitude. Let's remember that we're talking about 2.2 million people living on the strip. One million of them are already displaced from the north of the Gaza Strip to the south, crammed in UNRWA schools and other buildings that were not ready to receive such a huge amount of people, many of them having lost their homes, their loved ones and their families.

Inside these shelters, the conditions are really unsanitary, because we're not able to produce sufficient clean water for people to drink and bathe themselves, because we don't have fuel for the water desalination plants. We also do not have sufficient medicines and sufficient food to nourish, to give all these people. So we are truly facing a big, a huge humanitarian crisis.

And UNRWA, on top of it, has already lost 57 staff members, so I have lost 57 colleagues, some of them killed in the line of duty while they were helping others in Gaza.

**AMY GOODMAN:** Can you talk about these trucks that are supposedly of aid coming through the border? They said that they were going to allow many more. There's just been a trickle of trucks. How many trucks and how much aid is needed? And what exactly is needed? Are we actually talking about 400 and 500 a day that are needed, and we're talking about possibly eight trucks going over the border?

**TAMARA ALRIFAI:** Yes, Amy, we're talking about a trickle. We're also talking about a drop of aid going in, after shuttle diplomacy, marathons of political meetings at the highest level.

What UNRWA is calling for, the U.N. agency for Palestine refugees, is an immediate humanitarian ceasefire and a continuous, unimpeded and safe flow of aid. Eight trucks a day — today, 12 yesterday, 20 the day before — can these really be sufficient for a population of 2.2 million people, all stranded under complete seal? For context, before this crisis — and even then, nothing was normal — 500 trucks used to come into the Gaza Strip from Erez, from Israel, and from Rafah, from Egypt. A hundred of these trucks contained humanitarian and food assistance, because already before this conflict, 70% of people in Gaza relied on food assistance from the U.N. and lived under the poverty line.

So, really, a handful of trucks every day does nothing in the face of the immense needs in food, water, medical supplies, medicine and mostly fuel. Fuel has been completely barred. So, if we at UNRWA do not get fuel in the coming day or so, we will no longer be able to support hospitals and their life-saving machines and incubators, to support bakeries with bread — that are making bread, which is the only food that most Gazans are taking, are having. And we're not able — we're not going to be able to support the desalination plant, that brings clean water to people. And mostly, speaking of trucks, we need fuel to be able to pick up the supplies from the Rafah crossing. All this is at risk of total collapse if we do not get fuel.

**AMY GOODMAN:** Tamara Alrifai, how do you respond to the Israeli government saying that if they allow fuel in, it will be stolen by Hamas?

**TAMARA ALRIFAI:** I respond by saying we're a credible humanitarian U.N. agency with very high due diligence standards and that we receive the fuel ourselves and store it in our warehouses and deliver it to our partners directly. We have a whole system — that the Israelis know about — that ensures that everything that we receive as UNRWA is used strictly for humanitarian purposes.

**AMY GOODMAN:** We're talking to Tamara Alrifai, who is a spokesperson for UNRWA, the United Nations agency for Palestine refugees. Can you specifically talk about a situation in, for example, one of your hospitals? Explain who's there. I mean, the fact that UNRWA, that there are 600,000 of the 2.4 or 2.3 million Palestinians, you are responsible, taking refuge in your facilities?

**TAMARA ALRIFAI:** I would like you to visualize a school, any regular school that usually receives 2,000 kids. And then think of that school as a place where 6,000 or 7,000 or 8,000 people, entire families, now live. It is a place that is not ready in terms of logistics and facilities and toilets and showers and access to electricity and water to receive 8,000 people. What we have done is, for the sake of some privacy, especially for women and girls, we have put the women and girls in the classrooms, where they can close a door, and

the men and boys in the courtyard. These people rely 100% on our ability to provide electricity, water, food and medical attention to them while they're in our shelters. Shelters are overcrowded. We're already facing major public health risks because of that overcrowding and the lack of access of people to water and to the ability to wash themselves.

You spoke about hospitals. My colleague visited this morning Al-Shifa Hospital. That's the biggest in hospital in Gaza and the oldest also and the one that usually receives more complicated cases. And during conflicts, it receives the war wounded. My colleague told me about dead bodies lying in the corridors, on the floor. There are no more body bags available in the hospital. There is almost no electricity, save for a few hours a day. The doctors are operating with the light from their cellphones.

Entire families are now living in that hospital in the middle of an emergency room, because they thought that going to the hospital or going to a U.N. and UNRWA building will give them protection, while in reality, until now, 42 of our buildings, our shelters, that are supposed to be protected, with the blue U.N. flag, were damaged during the fighting. Seven of these buildings received a direct hit.

**AMY GOODMAN:** I wanted to play for you what Tennessee Republican Senator Marsha Blackburn called for, the defunding of your organization, UNRWA.

**SEN. MARSHA BLACKBURN:** Whether it is the U.N. Relief and Work Agency for Palestinian Refugees or any of the other entities that are involved with aid, Hamas is getting the money. We know from the relief agency that they have that \$730 billion that has gone in there. This agency has hired Hamas-affiliated individuals. We know Hamas has stolen that money. We know that they have hidden weaponry in the facilities of this agency that are located there in Gaza. So, letting them have access to these funds is not a smart thing to do.

**AMY GOODMAN:** That's Tennessee Republican Senator Marsha Blackburn. Can you respond to her allegation?

**TAMARA ALRIFAI:** I can respond by saying that every single person who works at UNRWA or receives UNRWA assistance is checked against the U.N. Security Council sanctions list, and that as a U.N. agency, we are bound by the values and principles of the U.N., mostly the principles of humanity, independence — independence from any political party — and neutrality.

We've heard these allegations, and we hear them routinely. But we do prove every time how UNRWA is principled, how it reaches people in need. We report back on all the funds we receive from every government, the U.S. government included. And in fact, the U.S. is currently our largest donor. It is back to being our largest donor after several years of defunding under the previous administration. And we're extremely grateful for the cooperation and the good working relations we now have with the U.S. government, to whom we always give back full reports in transparency about all our operations, our activity, our activities, the location of our operations and how we spend U.S. taxpayers' money.

**AMY GOODMAN:** Tamara Alrifai, finally, how do you respond to this controversy over the Health Ministry's numbers around the death toll? President Biden raised it, said you can't trust it because it's run by Hamas. We quoted Omar Shakir of Human Rights Watch saying not only has Human Rights Watch relied on these figures, and the United Nations, but the State Department itself has cited these numbers.

**TAMARA ALRIFAI:** Absolutely. And by the way, Omar Shakir and Tirana Hassan are my former colleagues, and I very much subscribe to what I heard on this show by them. It is true that the Ministry of Health has always provided figures that international groups and policy think tanks and researchers and governments have used. In any large catastrophe, even if it's a natural catastrophe, figures cannot be exact science during the catastrophe. We will always give or take a few tens, but we will always also have an idea of the scale and scope. So, it is a few thousands. And many more numbers will come up once we have the full picture and all these bodies are removed from under the rubble.

**AMY GOODMAN:** Tamara Alrifai, we want to thank you for being with us, spokesperson for UNRWA, the United Nations agency for Palestine refugees, speaking to us from Amman, Jordan.

## 2023=10-27 Gaza Poet Who Inspired Nonviolent Protests Is Injured in Israeli Airstrike; 5 Relatives Killed

[https://www.democracynow.org/2023/10/27/ahmed\\_abu\\_artema\\_gaza\\_airstrike](https://www.democracynow.org/2023/10/27/ahmed_abu_artema_gaza_airstrike)

### Topics

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- [Palestine](#)



### Guests

- [Ahmed Abu Artema](#)  
Palestinian poet and activist.

### Links

- [Ahmed Abu Artema articles](#)

Palestinian poet Ahmed Abu Artema was seriously injured in an Israeli airstrike on October 24 that also killed five members of his family, including his 12-year-old son. Artema helped inspire the Great March of Return, a series of nonviolent protests in Gaza starting in 2018 when thousands of Palestinians marched to the militarized fence separating them from their ancestral homes inside Israel, braving deadly Israeli sniper fire that killed hundreds and injured thousands more. Artema spoke with *Democracy Now!* about the mass protests in 2019. "The Palestinians in Gaza are actually in a real prison," he said. "When tens of thousands of Palestinians share in the March of Return, they want to say that we never gave up our right to return."

### Transcript

This is a rush transcript. Copy may not be in its final form.

**AMY GOODMAN:** This is *Democracy Now!*, democracynow.org. I'm Amy Goodman.

We turn now to an update on a past guest who appeared on *Democracy Now!* An Israeli airstrike has killed five members of his family. That's the family of the Gazan poet, journalist and peace activist Ahmed Abu Artema, who survived the blast but was seriously injured. The dead include his 12-year-old son. He helped inspire the Great March of Return, a series of weekly nonviolent protests in Gaza that began in 2018. Israel responded to the protests by killing over 200 protesters, including 46 children.

Artema recently wrote an [article](#) for *The Nation* magazine headlined "Gaza Is Being Killed. We Desperately Need Your Help." Artema wrote, quote, "Israel sent us a very clear message when it responded to our peaceful protest with such bloodshed: It doesn't matter if you attempt to achieve your demands nonviolently. *We will kill you and deny you your rights regardless,*" he wrote.

In 2019, I [interviewed](#) him in our studio here in New York.

**AHMED ABU ARTEMA:** When I and some of my friends invited to the March of Return, a lot of people answered this call, because it was a scream for life. It expressed the will of life in our hearts, Palestinians'. The Palestinians in Gaza are actually in a real prison. They live in a real prison. And they are without any of the basic conditions of the human life. And before that, 75% of the Palestinians inside Gaza, they are refugees. That means their origin villages and towns are

beyond the fence, the Israeli fence. So, when tens of thousands of Palestinians share in the March of Return, they want to say that we never gave up our right to return. This is our normal right, and this right based on the United Nations Resolution 194.

And from other side, they wanted to say that we want life and nothing but life. We are actually here inside Gaza prison. We are dying. We are dying because of no medicine, no food, no work, no jobs, no factories. Hundreds of factories were destroyed in the last 10 years by Israeli attacks. So, these people search of hope. They want hope. They want dignified life. The March of Return is a scream of life. It's a knock on the door. When there is a person inside a prison without food, without medicine, then he hasn't any choice but to knock the door, to try to escape towards the life. This is exactly what the Palestinians made in Gaza. They said to Israel, our will of life is stronger than despair. So we continue. We want to struggle. And we struggle for life. We struggle for humanity. We struggle for justice.

**AMY GOODMAN:** And so people are protesting. They're engaging in this weekly mass protest. And you've been met by massive response of the Israeli military.

**AHMED ABU ARTEMA:** Yeah.

**AMY GOODMAN:** Talk about what happens in these Friday protests around the fence.

**AHMED ABU ARTEMA:** Yeah, yeah. Some people asked me, and some journalists asked me, "Why the Palestinians continue their protesting despite the high — the high price of victims and injured people?" I answer them, the Palestinians are continuing their protesting, because this is their only choice. They haven't other choices. They try to escape towards the life. So, the people — when the people shared in the March of Return, in this protest, they came near the fence that separated them from their villages and cities, and the people collect peacefully.

**AMY GOODMAN:** That was the Gazan poet, journalist and peace activist Ahmed Abu Artema, [speaking](#) on *Democracy Now!* in 2019. An Israeli airstrike has killed five members of his family. He was seriously injured.

Coming up, we'll speak to an Israeli man who helped negotiate a prisoner swap with Hamas in 2011 that freed the Israeli soldier Gilad Shalit after five years, in exchange for the freedom of more than 1,000 Palestinian prisoners. Back in a minute.

## 2023-10-27 "The Day After Tomorrow": Israeli Hostage Negotiator on Freeing Captives & Building Lasting Peace

[https://www.democracynow.org/2023/10/27/hostage\\_negotiator\\_gershon\\_baskin\\_gaza\\_hamas](https://www.democracynow.org/2023/10/27/hostage_negotiator_gershon_baskin_gaza_hamas)

### Topics

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## Guests [Gershon Baskin](#)

Middle East director of the International Communities Organization, a human rights advocacy group. In 2011, he helped to negotiate the release of Israeli soldier Gilad Shalit from Hamas captivity in exchange for the release of 1,027 Palestinian prisoners.

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## Links

- ["I Negotiated Israel's Hardest Hostage Deal. Here's What's Next in Gaza"](#)
- ["In Pursuit of Peace in Israel and Palestine"](#)

According to the latest update from the Israeli military, Hamas is still holding at least 229 hostages captured during its October 7 incursion into southern Israel. The group has stated that they will not release all hostages until Israel agrees to a ceasefire in Gaza. To discuss the release thus far of four hostages and prospects for future releases, we speak to Gershon Baskin, who helped negotiate a critical hostage exchange between Israel and Hamas in 2011. "I really think this is some kind of negotiating game and competition that exists featuring Qatar and Egypt," says Baskin.

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## Transcript

This is a rush transcript. Copy may not be in its final form.

**AMY GOODMAN:** This is *Democracy Now!*, [democracynow.org](http://democracynow.org), *The War and Peace Report*. I'm Amy Goodman.

The Israeli military has announced it now believes 229 hostages are being held by Hamas and other militant groups in Gaza. The hostages were seized on October 7th, when Hamas carried out a shocking attack that Israel says killed about 1,400 people. Hamas has released four hostages so far. On Thursday, Hamas officials claimed the Israeli bombardment of Gaza has already killed 50 of the hostages, but the group did not provide any evidence to back up this claim. A Hamas official who's part of a delegation visiting Moscow says the group will not release any more hostages until Israel halts the airstrikes.

Meanwhile, families of the hostages continue to call for their loved ones to be safely returned. This is Hadas Calderon in Tel Aviv.

**HADAS CALDERON:** Five members of my family have been kidnapped — five — my mom, my niece, two children, Erez, Sahar, and their father, Ofer. A week ago, I was announced — I got information that my mom and my niece been murdered. I didn't even have time to grieve and to go to the funeral. Today, a week after, I went up to the grave. So today I was crying and grieving, and now I'm celebrating. You know, it's a surrealistic situation. ... We are celebrating my son Erez. He's 12 years old today. We're celebrating his birthday. He loves the mountain bike, and his father also is very professional in riding bike. So, that's what you see. And I wish he could be here to enjoy with everybody and to feel like a normal boy.

**AMY GOODMAN:** We're joined now in Jerusalem by Gershon Baskin. He is Middle East director of the International Communities Organization, a human rights advocacy group. In 2011, he helped negotiate the release of the Israeli soldier Gilad Shalit from Hamas captivity after five years, in exchange for the release of 1,027 Palestinian prisoners. His memoir is called *In Pursuit of Peace in Israel and Palestine*.

Welcome back to *Democracy Now!*, Gershon Baskin. If you can say what you think needs to happen right now?

**GERSHON BASKIN:** What needs to happen is what Hamas spoke about already two weeks ago, which is a release of what they call the civilian hostages in exchange for an immediate ceasefire. That's what Hamas

has been saying since yesterday. And yesterday, there was a change of tone from Mousa Abu Marzook. He's the Hamas official who went to Moscow. I communicated with Dr. Mousa Abu Marzook yesterday, who for the first time said, "There needs to be a ceasefire first, and then we'll talk about the hostages."

Right now Hamas is holding women, children, elderly people, wounded and sick people, who it's obviously against international humanitarian law to hold them, to abduct them, to kill them. It's also against Islam. It's against their own beliefs in the Qur'an to take women and children and elderly people as hostages.

I think that Israel is prepared to grant a ceasefire to stop the bombardment of Gaza and to enable civilian hostages to come home. We have to be clear also who we're talking about, because, for Hamas, every Israeli is a soldier. So it needs to be defined who they are talking about when they're talking about civilians.

But there's a big complication here, because Hamas is probably not holding all the hostages. The Hamas political leadership, which is scattered between Gaza, Beirut and Doha, is not in charge of the hostages, and it's not clear that when they make an obligation, say, to the Qatari government that they're willing to negotiate some kind of deal, that they are actually able to implement the deal. There's a big question about it, of who is talking to the people who have control of the hostages and whether or not Hamas at all has control of all the hostages, because some were taken by Islamic Jihad, some by PFLP, and some by individuals who are holding hostages.

**AMY GOODMAN:** Talk about your back channels, Gershon, to Hamas, to Egypt and to Qatar.

**GERSHON BASKIN:** I've been talking to everyone. I've been talking to Hamas people in Gaza, in Qatar and in Beirut. It's a very difficult conversation. And my assessment today, three weeks into this war, is that they don't have a coherent strategy. They're not all giving the same messages. And as said, I'm not sure that they even have control. The Qataris were talking quite a lot, wanted direct contact with the Israelis. Myself and a colleague who was in Rome put them in direct contact with the Israelis. It's not sure who they're talking to on the Israeli side, and if the people that are talking to the Israeli side are actually sitting in the war cabinet making the decisions.

It seems that the side with the best contact are the Egyptians. And the Egyptians were responsible for releasing the second two women, who are Israelis without second passports. They're Israeli Israelis, members of a kibbutz along the Gaza border. One of them has been a peace activist and a volunteer driver of sick Palestinian children from Gaza to Israeli hospitals for years. And it seems that they were released as a result of Egyptian pressure on al-Qassam, on the military wing of Hamas.

**AMY GOODMAN:** That was Yocheved Lifshitz, who also spoke to the press after she was released.

**GERSHON BASKIN:** That's right.

**AMY GOODMAN:** Her husband is still in, also well known as a peace activist who went to the border crossing repeatedly to help Palestinians, and especially those who were having medical problems.

**GERSHON BASKIN:** That's right.

**AMY GOODMAN:** So, how did the first two hostages get released? And do you see anything large happening now?

**GERSHON BASKIN:** So, I think my understanding of what happened with the two sets of women who were released is that the first one was a result of direct pressure of President Biden and Secretary Blinken on the Qatari government, who applied pressure on the political leadership of Hamas, who is hosted in Qatar. And President Biden mentioned their names specifically. They're American citizens who live in Chicago. I believe that the second set of the two women who were released was a result of the Egyptians wanting to show that they could do better than Qatar in releasing two elderly women who are full Israeli citizens without another passport. The Israelis weren't involved in either releases at all. They had no part of it. And Israel didn't pay anything for those releases. I really think this is some kind of negotiating game and competition that exists between Qatar and Egypt.

I think that the Israelis are holding off on the ground incursion of thousands of Israeli troops, tanks and artillery and special forces in order to exhaust every possibility to bring out as many hostages through negotiations. This seems to me the reason why the Israeli delay on the incursions. In the meantime, Israel is going in with small forces. For two nights now they've done this to, I think, assess the situation on the ground, to take care of specific intelligence information they have about Hamas battle plans once the incursion begins, and probably with special forces to see if they can find any of the hostages.

**AMY GOODMAN:** And how important is U.S. pressure on them to delay the invasion or to stop it altogether? And do you see the U.S. putting that kind of pressure? Originally, President Biden said he was not telling Netanyahu to use any kind of restraint.

**GERSHON BASKIN:** Right. So, Israelis and others, Americans, have said that the Americans are encouraging Israel to wait and to exhaust every possibility for negotiations, to wait with the ground operation. I think it has been influential.

But there are more and more voices in Israel who are calling to the Israeli government to recognize their moral responsibility to the hostages, because the number one function and responsibility of any state is to protect its citizens. And Israel clearly failed to protect the civilians who live along the Gaza border, and enabled them to be murdered and to be taken hostage. So there are calls, significant calls, from Israelis — not like me on the left, but from the center of Israel society, from the national security establishment, who are saying that Israel first has a responsibility to bring home the hostages. There are even several of them, including a former head of the Mossad, who said that Israel should even empty out all of its prisons and send all the Palestinian prisoners to Gaza in exchange for all the hostages being released. I can't see that happening. But I think that there is more time, although not a lot, for a negotiated agreement for a release of the civilian hostages.

I think it's important to note that the American government is and should be placing pressure on Qatar. Qatar has been the host of the Hamas leadership for many years. It has funded Hamas with more than a billion dollars over the years. And Qatar, if it doesn't comply with American demands to put pressure on Hamas — Qatar should threaten the Hamas leadership that if they don't comply, if they don't pressure their own people back in Gaza, that they will be exiled from their welcome stay in Qatar. And Qatar, by hosting Hamas, is, in a way, a state that's supporting terrorism.

**AMY GOODMAN:** Gershon Baskin, I wanted to ask you about a number of the hostage families and families of those Israelis who Hamas killed on October 7th, like Hayim Katsman, who was a University of Washington graduate student, came back to the kibbutz. He was trying to protect others. He was in a closet, and he was killed. We spoke both to his Seattle rabbi, where he was a Hebrew school teacher in Seattle, and his brother Noy, who is in Vienna, in Austria. Both called for an end to the occupation and said the invasion is not the answer to what has happened. Your final thoughts on what needs to happen now?

**GERSHON BASKIN:** I hope that after the Israeli people are experiencing the biggest trauma since the Holocaust, and the Palestinians have been taken back to 1948 and the Nakba, that we wake up from this traumatic situation and understand, first, the Israelis, that to delude ourselves that we can occupy another people for 56 years and have peace is simply not real, or that we can lock 2 million people in an open-air prison for 17 years and expect to have quiet is living in an imaginary world of delusion. I hope that the Palestinian people wake up and understand that they will never have peace if they don't recognize the Jewish people's right to live in the land of Israel as well as their right to live in the land of Palestine, and that when this ends — I call it the day after tomorrow, because tomorrow is too soon. But the day after tomorrow, I've been calling for what — the metaphor I use is the Belfast moment, the moment when we stand up and say, "We've been killing each other for a hundred years, and we have to stop."

Our leaders need to pay the price for bringing us here, Israeli leaders and Palestinian leaders. They all need to go. And we need a new generation of Israelis and Palestinians who are willing to stand up with new ideas, new visions, new hopes, new dreams, and the ability to lead us forward on the very basic principle that everyone living between the Jordan River and the Mediterranean Sea must have the same right to the same

rights. That is the basic principle from which we have to start. And from there, we can decide if we want one state, two states, three states or 10 states, a federation or a confederation. But it begins with the mutual recognition that we all must have the same right to the same rights.

**AMY GOODMAN:** Gershon Baskin is Middle East director of the International Communities Organization, a human rights advocacy group. In 2011, he helped negotiate the release of the Israeli soldier Gilad Shalit from Hamas captivity in exchange for more than a thousand Palestinian prisoners. His memoir is titled *In Pursuit of Peace in Israel and Palestine*.

Next up, we speak to New York University Law School student Ryna Workman, who lost her job at a prestigious law firm — lost their job at a prestigious law firm after speaking up for Palestinian rights. Back in 20 seconds.

## 2023-10-27 The Palestine Exception to Free Speech: Censorship, Harassment Intensifies on Campus Amid Gaza War

[https://www.democracynow.org/2023/10/27/palestine\\_legal\\_campus\\_censorship\\_ryna\\_workman](https://www.democracynow.org/2023/10/27/palestine_legal_campus_censorship_ryna_workman)

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### Guests

- [Ryna Workman](#)  
New York University law student and former president of NYU's Student Bar Association.
- [Dima Khalidi](#)  
founder and director of Palestine Legal.

### Links

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A free speech battle is playing out on college campuses, as students, professors and others advocating for Palestinian rights across the United States are facing racist attacks and retaliation that threaten their safety and livelihoods. These attacks aim to suppress criticism of Israel and U.S. support of its actions in Gaza. This comes as the U.S. Senate has unanimously passed a resolution "condemning Hamas and antisemitic student activities on college campuses." The resolution references a student at New York University's law school whose job offer was withdrawn after they sent a newsletter to classmates expressing "unwavering and absolute solidarity with Palestinians in their resistance against oppression toward liberation and self-determination." We're joined by that student, Ryna Workman, who was also suspended from their position as president of the NYU Law Student Bar Association after publicly expressing support for Palestine, and by Dima Khalidi, the founder and director of Palestine Legal, a legal aid organization dedicated to documenting and supporting people who face retaliation for supporting Palestinian rights. "Folks are now afraid to speak up, in fear that they might become the next me," says Workman about what Khalidi terms "the Palestine exception to free speech."

### Transcript

This is a rush transcript. Copy may not be in its final form.



**AMY GOODMAN:** This is *Democracy Now!*, [democracynow.org](http://democracynow.org). I'm Amy Goodman.

We look now at how students, professors and others advocating for Palestinian rights across the United States are facing racist attacks and other threats to their free speech, safety and livelihoods.

This week, Florida ordered state universities to ban the group Students for Justice in Palestine, accusing it of supporting a terrorist organization. The group Palestine Legal is documenting and supporting people who were fired or faced other retaliation for sharing social media posts or signing statements in support of human rights for Palestine.

This includes our next guest, Ryna Workman, who was removed from their position as president of the NYU Law School's Student Bar Association and saw their job offer at the corporate law firm Winston & Strawn withdrawn after they sent a newsletter to classmates expressing, quote, "unwavering and absolute solidarity with Palestinians in their resistance against oppression toward liberation and self-determination," unquote, after Hamas's October 7th attack on Israel and the subsequent number of Palestinians who died in these last weeks.

On Thursday, the Senate unanimously passed a resolution, quote, "condemning Hamas and antisemitic student activities on college campuses," unquote, which referenced Ryna, though not by name. This comes as doxing trucks target people at Ivy League universities who sign Palestinian solidarity statements, have now appeared at Harvard, at Columbia, University of Pennsylvania with digital billboard screens displaying people's faces, their names, and above them saying "antisemites."

Palestine Legal and over 600 other legal groups and leaders issued a [letter](#) calling on elected officials and institutional leaders to address the, quote, "hundreds of incidents happening across the country [that] signal a much broader effort to criminalize dissent, justify censorship, and incite anti-Palestinian, anti-Arab, and anti-Muslim harassment," unquote. The letter notes, "This is not a new phenomenon, but it is escalating at terrifying speed," unquote.

For more, we're joined in Chicago by Dima Khalidi, the founder and director of Palestine Legal, and by Ryna Workman, the NYU law student who had their prestigious job offer rescinded.

We welcome you both to *Democracy Now!* Ryna, why don't we start with you? What exactly happened?

**RYNA WORKMAN:** Hi. Thank you so much for having me.

I think that, you know, I sent a message to my fellow law students supporting Palestine and offering context to a narrative that I already saw building that was excluding the 75 years of history that we've seen in Palestine, the apartheid, the military occupation. And I wanted to add that I support Palestinians in their movement for liberation. And that is what my message was intended to get across.

**AMY GOODMAN:** And what happened?

**RYNA WORKMAN:** You know, after that, we saw this incredibly swift backlash. I lost my job offer. My school immediately put out statements that distanced themselves from me, offered me no specific protections publicly. And, you know, I've been receiving hateful and racist and transphobic and queerphobic messages for the past three weeks that have only gotten more vile and more hateful as time has gone on.

**AMY GOODMAN:** And what about your position both at NYU and your offer of a prestigious law firm employment?

**RYNA WORKMAN:** Yeah, I think that, you know, the consequences that I'm personally facing are devastating for me. But I'm also really concerned that it's just promoting this chilling effect that we're seeing across not only my law school, but across universities and other law schools across the country, because folks are now afraid to speak up, in fear that they might become the next me, that they might lose their offer simply for supporting Palestine and fighting this oppression and trying to end this genocide.

**AMY GOODMAN:** So, what do you say to the law firm now? And have they reconsidered?

**RYNA WORKMAN:** The law firm has not reached out to me at all. And right now I really just want to focus on calling for a ceasefire and ending this genocide. And I really just want to say to everyone who cares about human life and cares about stopping this killing, to call for a ceasefire and, you know, end this genocide that's happening right now to the Palestinians.

**AMY GOODMAN:** I want to bring Dima Khalidi into this conversation. How common is what happened to Ryna Workman?

**DIMA KHALIDI:** It's become very common. Palestine Legal has been documenting for years what we call a Palestine exception to free speech, so it certainly didn't start on October 7th. We've seen these same kinds of tactics, severe doxing, attempts to get people fired and investigated, to punish boycotts for Palestinian rights and other advocacy through legislation, and an attempt to purge academia of voices that support Palestinian rights.

But since October 7th, when we've seen people mobilizing for Palestinian rights, we've seen an exponential increase. We've had more than 300 requests for legal help — more than we get in a whole year typically. And Ryna is really not alone. And we're seeing dozens, dozens of people getting fired and facing unemployment consequences around the country for making simple statements in support of Palestinian rights. We're seeing students get disciplined, as you mentioned, Amy. There is a widespread attack on the student movement for Palestinian rights, which has built an incredible cross-movement — has built cross-movement alliances on campuses for the last decade. And really, people's livelihoods are being threatened. And people's lives are also under attack. We saw a 6-year-old Palestinian boy murdered just for being Palestinian. So this is a widespread effort to intimidate, as Ryna said, intimidate people into silence.

But Ryna is also not alone in the sense that there are so many voices who are speaking out, because people are seeing more and more clearly what is happening here. This is about 75-plus years of a settler colonial state that has dispossessed an entire people of their land and of their dignity and of their humanity. And what is happening now is a complete dehumanization of Palestinians that is coming from the mouths of Israeli officials, which, by the way, have been speaking in genocidal terms about Palestinians for 75-plus years. And it's being echoed by our own elected officials, who are repeating to level Gaza and to wipe Palestinians off of the map. This is a genocide that is unfolding with U.S. support. And more people are seeing that. And that's what's critical here. We have to speak up. We have to protect people who are under attack for speaking out, because that is our responsibility as U.S. citizens whose taxpayer money is being used to fuel this incredible attack on Palestinians.

**AMY GOODMAN:** Can you talk about what's happening in Florida, Governor DeSantis demanding of the state university system to disband the organization, the Palestinian student organization, Students for Justice in Palestine?

**DIMA KHALIDI:** Of course, DeSantis is often the front-runner when we're talking about undermining our constitutional rights. And once again, he has attacked a student group based on their fundamental First Amendment rights to engage in advocacy on this issue. His move is fundamentally contrary to the First Amendment. And it will be challenged. There is no doubt.

This is also an attempt to criminalize what students and others are speaking out about. And there is no basis for this. And frankly, it's part of DeSantis's broader agenda and the right wing's broader agenda to undermine fundamental First Amendment rights by criminalizing protests for racial justice, by criminalizing protests for environmental rights and Indigenous rights, and by purging academia of people and curricula that are trying to teach about the sordid history of racism in this country. So it is part of his effort to whitewash our universities and academia from dissenting voices. And this has to be challenged in order for us to maintain the fundamental constitutional rights upon which this country is based and that are essential for any prospect of maintaining democracy in this country.

**AMY GOODMAN:** I mean, it's been interesting what's happened. You've got the doxing of students, for example, at Harvard and at Columbia. At Harvard, the more traditional conservative organization, Harvard Hillel, actually also condemned the doxing of students and these billboards that are going around with

protesters' faces with the word "antisemite" above it. And at Columbia, is it true that the pro-Israel and the Palestine groups together condemned the doxing?

**DIMA KHALIDI:** The doxing is one of the most heinous ways of attacking people. These are students. These are individuals who are, you know, working in various arenas, and they are being severely harassed. Their information is being publicized. They are being barraged, as Ryna has, with death threats and horrible misogynistic, transphobic and racist messages. And their livelihoods are being threatened. So we have seen even pro-Israel groups condemn this, because they see how horrible it is for their own peers to be faced with this kind of harassment. And universities are really failing to protect their students here. We've seen a couple of instances where universities are beginning to take measures to prevent this doxing, seeing how severe it is.

**AMY GOODMAN:** And finally, Ryna Workman, your final comment? Also, who ousted you as president of NYU's Law School Bar Association?

**RYNA WORKMAN:** So, the SBA, the Student Bar Association, originally initiated proceedings against me, but since have all resigned. But currently, due to messaging from Dean McKenzie, I am suspended until further notice from all of my presidential duties. And so, even though I cannot say anything or do anything as SBA president, I still want to say, as a person, that we should all be calling for a ceasefire and an end to this genocide.

**AMY GOODMAN:** Ryna Workman, I want to thank you for being with us, NYU law student who had a job offer rescinded after speaking out in support of Palestinian rights and calling for a ceasefire, and Dima Khalidi, founder of Palestine Legal. I'm Amy Goodman. Thank you for joining us.

**2023-10-27 THE UNBREAKABLE LOVE ARMY - MESSAGE FROM MOTHER SEKHMET**



# THE UNBREAKABLE LOVE ARMY - MESSAGE FROM MOTHER SEKHMET

## Included - Healing Power of LOVE INVOCATION

Mother Sekhmet through Aluna Joy Yaxk'in in Karnak, Egypt

<https://www.alunajoy.com/2023-10-28-Sekhmet-message.html> Posted on 10.15.2023

*(Please read this message quietly and meditatively as Mother Sekhmet assures us that the energy we felt while in the temple will transfer to you who choose to read this message now. This message is an enhanced and edited version with some back story added to the actual message to make it well-grounded to those who were not with us in the temple at the time. Shared with LOVE.)*

We entered the dark womb that is the temple of Sekhmet in Karnak, Egypt. She was locked away in the past to try to contain her powerful divine feminine energy that frightened the other gods of that day. Even though they tried to contain her powerful love, their effort to lock her up has failed. This is the message we received. She remembered us, so she didn't waste any time putting us to work. We shared.... "We are here for you," and immediately, we began to feel the energy flow into us. But she was not as present as in the past years.

Mother Sekhmet is giving us a job. She is working really hard. She is in so many places around the world right now. She's not completely here anymore. She has been systematically coming out of the temple into the world with those of her family who have come to visit her here. She is calling for an army, a light army, a love army, a peace army. She is asking if we want to be her army. So, Are you okay with joining this army? It is up to you. If so, you can continue with this message.

We are going to be her LOVE ARMY. And Oh... She's mad. I can see where most of her energy is. (I could see she was in between Israel and Palestine, the holy lands.) She's mad, she's tired, she says enough is enough. This harm has to stop! (and I felt her stomp her foot down ) This war, this hurting of each other, the senseless devastation. It is enough! It is over! It is going to stop!

The back story.... Mother Sekhmet (and the core of the Divine feminine) has been scapegoated for centuries, for eons. She was and only has been present for LOVE, not the devastation she is still associated with. She still has this enduring story that she was a destroyer. Her only power is unbridled, unlimited LOVE. Yet this Love will destroy where the ego's power is in control. The ones in the past did not like this. She could right all wrongdoing with pure love, so they scapegoated her. They labeled her a monster, an out-of-control destroyer, but in truth, they were only describing themselves. Like so many women and men and good people all over the Earth, so many get scapegoated and crucified.

Even though she's locked away in this dark womb of a temple, she knows what's going on out in the world. She knows. She can see it. She wasn't really present in her temple this day when I asked, "Where are you?" And this is when I saw she was hard at work in Israel and Palestine. She wanted us to know where she was because she loves us, and she doesn't want us to worry that her energy was fading. It isn't! But she also doesn't want us to feel the pressure and weight that she carries. She's joking by saying, "Why do you think they made me out of diorite? You can't break me! And YOU cannot be broken either!" So, we are here asking her how we can help. So, she shares the present issues at hand and where love is needed the most.

We are not broken. The world is not broken! We are still standing, we are still here, and we are still radiating love in a harsh, unjust world. We are still sending out LOVE, and we can't be broken. She can't be broken. Yet there is work to do.

She's been standing here for ages in the dark, and she wants the world's madness to stop. So we are going to be her LIGHT ARMY out in the world. We're just going to BE PEACE in the chaos. We are going to walk the way of LOVE. We are going to BE KINDNESS, and we are going to BE TRUTH. We will BE impeccable with ourselves and have honor and respect for all life. No judgments, no fighting, only love.

We were standing around her in the small dark temple, and we kept sending her love. She says when we send her love, we are sending ourselves love because she's you, and you are her.

So few people visit her here. If you can get through the gate and down that path, you are a part of her family. Plain and simple. And when you enter this womb with her, and you feel her energy, when you leave this temple, she goes out in the world with you. And her love adds to your love. And it grows and grows.

Now she sees you (and those reading this now), and she's healing the wounds in our hearts. She wants to heal all the places where we have loved and given of ourselves and were not respected or honored for it. She's healing these cracks in our hearts so we can be even more effective in the world. But simultaneously, she is opening us up to hold so much more.

She acknowledges who we are, where we've been, and what we've experienced. She sees the pain we've suffered, the joy we have felt. She sees us throughout all time like there is no time because she is standing out of time. She's eternal. Humanity goes back to the first ones, like Adam and Eve, where Eve is blamed for the fall from the Kingdom because she triggered Adam to wake up, and she was scapegoated. She had triggered the first awareness.

Half of what she is showing me, I don't even know how to put into words. It wouldn't do any justice, so feel her in this moment. She knows YOU now, so do you feel her and her love?

She loves everything so intensely. She loves the world. She loves humanity, and she loves us. She wants the world to stop hurting. And she has been working for love from

To do this work as a unified LOVE ARMY, she is asking for our hearts to explode out into the world. Just explode like a light bomb. She doesn't love lightly or conditionally. She loves all the way through because she knows the places we hold back love are the places that are illusions and lies. She loves with great and pure intent. So she is asking you to send your love into the world as your pure heart directs.

It is an explosion. It's a wake-up call. Explode your heart into the illusionary matrix energy fields around the Earth, and it'll go exactly where it needs to BE. This will stop the devastation. Only love can do this.

Let us open the places in our hearts that are stuck closed. Send our love and vision of peace directly into the hearts of those in the middle of conflict and anywhere in the world. Send out your heart's love. It is simple. Simple is very powerful and effective, but for those who are in their negative egos, it is not valued. This makes this work a very stealthy way to heal the world. They do not see it coming because they have forgotten its awesome power.

Watch out for the simple little things we might not notice that are the bizarre micro efforts to stop us from connecting and being with LOVE and navigate around this. Not to fight or confront or control, just be the LOVE.

Love isn't going away. We are not going away. We are back, and we are HERE, and we can return balance and peace. We can not go out and change the world with force. We need to walk with LOVE, and we need to live it fully. We need to walk and live it so strongly that nothing can come up against it ever again because there is nothing to fight if there is only love. The truth is we are LOVE. Does that make sense?

When we go out and think we are changing the world. We are just fighting it in another form. Change is not about looking at the world and only seeing what is broken. This is not being awake. This is only feeding the illusion. Change comes by being who we truly are and being this unshakably. The time has come for us to stretch our bubbles of love and peace so broad and far and wide ... that flow into all the little cracks and crevices that still have discord. Spirit and

creation directs this. All you have to do is BE LOVE.

We could see our love like an octopus with tentacles. They just spread across the world like a lovely soft virus that we hope everyone catches. We are creating a beautiful love and peace virus. My God, viruses are amazing. They know how to reach into another human being, alter and strengthen their weak spots, and change them from the inside out without killing them. We can do this with love.

So we are a love virus. A Love Army. Those lost in negative ego will not see us coming, nor will they expect this. We are the stealth endless tentacles of love, and Mother Sekhmet's love, and our love, and all those holding this lovely space together. It's unshakable, unbreakable. It is as strong as diamonds.

She's also got another side job for us. (I learned from experience the longer we are present with her, the more she gives us to do : ) There are so many people on the planet with so much love inside and so much light, and they're afraid to let it out because of lifetimes of persecution, and we need that light in our army now. Because love is powerful, let us send our love, energy, and support to all the hearts that have been shut down because this world was not a safe place to be who they are. Let us create a safe and confident place so they can express who they truly are. We can be their energetic support system.

Love is the one thing that will stop the madness and birth a return to paradise, with unity in diversity.

So it is.

End of Message

PS... side note ... It is interesting to know that the lunar eclipse path on October 28th will be fully experienced over Egypt and the Gaza Strip.

Thank you so much to Andrea King, who selflessly gave her precious time while still in Egypt to translate this message and offering me a much quicker way to get this message out into the world. Andrea, I cannot thank you enough!

I am grateful to receive donations for my messages. <https://www.alunajoy.com/heartdonation.html>

### **The Healing Power of LOVE INVOCATION**

Archangel Michael calls it the LOVE blanket!

*Use this invocation to disarm fear and anchor love throughout the Earth, humanity, and all living things. Use this decree out loud in ceremony with confidence and heart, either by yourself or to empower this a thousandfold; work with this Love invocation in groups! The words "I AM" are very important to call in the divine presence.*

This is a threefold invocation...

1. This first bit is to claim our divinity.
  2. The second is to ensure that our ego is in check and that we work from divine perfection and universal law.
  3. The third bit is the actual work... The love blanket... that we will cover all living things with.
- \*\* Unconditional love and peace can only come when we love ALL our brothers and sisters of this Earth and do not allow ourselves to participate in any action that does not radiate these qualities.

Mighty, I AM PRESENCE THAT I AM!  
I AM calling my Mighty I AM Presence that is within me, and within one and all.  
"I AM" the Enlightened Unified ONE.  
"I AM" the Presence of the Limitless Divine Energy.  
"I AM" guided by UNCONDITIONAL LOVE and INFINITE INTELLIGENCE.  
"I AM" the Presence of an all-encompassing PEACE and RADIANT LIGHT.

I AM calling from the TRUTH that I AM THAT I AM ...  
I AM calling on my I AM PRESENCE that I AM,  
to emanate limitless Illumination and Perfection  
continually into my heart so I can emanate this perfection  
and be in greater service to all of humanity.  
From my Mighty, I AM Presence that I AM,  
I AM now taking perfectly aligned and creative action  
in accordance with Divine Universal Law of this new era.

I AM calling with my LOVING I AM PRESENCE...  
Send forth purifying Rays of PURE VIOLET LIGHT to all humanity,  
into all official places of earthly governments,  
and into all overt and covert organizations of any kind.  
I send this intent with my I AM PRESENCE with only LOVE  
and no earthly judgment of right or wrong.

I AM calling with my I AM PRESENCE...  
that only compassionate action is taken,  
and total forgiveness is obtained,  
and profound healing is anchored,  
for anyone who has been harmed  
or those who caused this harm.  
I ask this to take place  
at any time in history,  
in the present moment and in the future.

I AM calling with my I AM PRESENCE...  
that LIGHT, LOVE, TRUTH and COMPASSION  
radiate out through all TIME, SPACE and DIMENSION,  
through all HUMAN HEARTS, MINDS, and SPIRITS.

I AM calling with my I AM PRESENCE...  
and with authority from the law of Universal Divine Principle,  
that all creations on Earth by humankind be aligned  
to the LIGHT of TRUTH of Universal Law and the Power of LOVE.

I ask with this authority that this action take place  
at the very core of humanity's DNA.

I AM asking for HUMANITY to radiate in FULL ILLUMINATION  
of the BODY, MIND, and SOUL, and thus raising all of humanity  
into alignment with the UNIVERSAL DIVINE PLAN into pure Presence.

It is done.