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A Sunday, Mondays: 9 – 10:30 EST *Cheryl Croci's Activation Calls*
By telephone only: 1-425-436-6260; PIN 9467 441#

B Tuesdays, 2nd & 4th of each month: *Ashtar on the Road; Ashtar Legacy Calls*
9:00 – 10:30 pm EST Host is Fran

<http://www.ashtarontheroad.com/ashtarconferences.html>

To access **by Phone:** • 1 – 559 – 726 – 1300; PIN 972400#
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C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call*
By telephone only: 1-712-432-0900 PIN 666238#
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

D Every 2nd Wednesday *The Abundance Call - Caroline Oceana Ryan*
5:45 PM Pacific / 8:45 PM Eastern
60-minute conference call with the Collective, a group of Angelic and Galactic beings, channeled by Caroline Oceana Ryan

To be notified: email AscensionTimes@gmail.com - message is "YES to Abundance!"

E LINK TO THURSDAY NIGHT CALL: A NIGHT AT THE ROUNDTABLE

<https://bbsradio.com/podcast/night-roundtable-march-31-2022>

Call In Numbers: 888 429 5471 323 744 4841

HOST: **Caroline Oceana Ryan** See below for list of panel members

MEDITATION: **Vinayak**

Guest Hour: **Omena**

PANEL FOR TONIGHT: **Caroline Oceana Ryan [COR]** **Rama and Tara [R,T]**
Randy Miller [RGM] **Vinayak [VIN]**
Omena [O]
Penny Christoffersen [PCC] **Micah Green [MG]**

ENERGY UPDATES

COR: energies are high – in a huge transition on the planet!

RGM: if we don't have straps and good boots on the surf board, could be a rough ride – everyone is noticing the energies – the ones he follows on YouTube are displaying more laughter, more camaraderie, more fun – the energy of the Universe is telling us we are already in that higher level of energy

Omena: This is about what the energies will do to us: a word of caution to not go off the deep end – anything that is in the shadows of the soul WILL COME OUT! This energy is here to release all the stuff we've been ignoring for lifetimes in addition to this one-girl
Listen to the EGO of the soul E>>>>>>>>>, Gratitude, Observance
and e??? - we have to LISTEN

Micah: Please listen to the podcast . . .

RGM: can trust very few of the sources available – so many earth energies,
all the kingdoms seen and unseen are here

Sol: 17 major flares
about the solar winds and their speed:

R, T: Everything they have heard from the other hosts is entirely true – and the other kingdoms are doing much to help Mother Gaia

- Yesterday, found out that the planet has had reduced precipitation: lowest in 170 years! ! !
- R is seeing that things are turning green in Santa Fe which is profound for 7,500 ft high!
They haven't had the snow that other folks have had
- Also heard that there was a tornado coming for Fairfax County in VA – yet has seen nothing in the news, etc – could be related to our state of mind!
- Also, RUSSIA IS NOT DOING THE KILLING IN UKRAINE: it's the Ukrainian army with the leadership of Zelensky

O: why would the US bomb a bunch of folks in Ukraine: is Ukraine sitting on gold, oil?

R: sitting on rare earth minerals and oil – also 2 ancient vimanas that the US wants!

O: If Russia is invading and

Micah: **Russia is not invading!**

O: where are the tanks coming from? Who owns them?

Micah: Russia is liberating their own part of the USSR – Ukraine is Russian Territory

- they want to set NATO up with military hardware as a threat to Russia
- the story is ultimately a story of churches: the Vatican has been eyeing the Russian Orthodox church for a long time and has been trying to take over Russia and the church -

O: wants to hear what Micah sends her -

- wants to understand the powers that be – and it feels to her that there is no good anywhere!
- If you find any good anywhere, send it to her!

T: Despite the media, and the picture painted by them – Harry went to see Putin and stayed for 3-4 days while he was on leave from service in Afghanistan. Putin's been in his body for 500 years; he's a contactee of the Andromedans

- **we've been fed a mind-control program**
- Putin and the wisdom he carries is far beyond anyone's general knowledge – Harry said to Rama much of what he learned
- Also Obama sits on the Council of Nine in Sirius: **THIS IS A GALACTIC OPERATION NOW!**
 - All the kingdoms are helping too – eg, the fairies have not been able to get people's attention because the people are so busy with day-to-day activities and just staying alive
 - there are also other realms assisting humanity so we can ascend to a 5D level of consciousness - with our bodies
- NESARA law will allow

O: in her realm and experience, war has been going since men took sticks and learned how to fighting
So if leaders are from Higher realms, how come they are so violent?

T: IT IS NOT THEM; THE OLIGARCHS ARE RUNNING THE SHOW -

O: the point is – if the leaders are for the highest good, would they not go against evil instead of

RGM: when Putin told . . .

Carlton: glad for O's questions, as many ask them. Thanks for the answers from the others too

- **If it's a galactic op, won't make sense to us what with the filters we all have!**
The way we've been trained to see things, and the real news we don't hear about

R: says who Putin is, and also the media with their view!

C: the slap was scripted – O agrees, and also R [about the Oscars, Will Smith, Chris Rock

O: nobody clued in – Chris Rock looked a bit shook and kept his hands behind his back!

C: thought he looked like the least surprised one in the room – why was it scripted?

R: Well, it was Hollywood – great way to spice up ratings

- or Dark side – have used Will and Jana for a number of things to make us jaded
- Goes back to a movie – and how he can walk into a domain and dominate it!
- Nate – Birth of a Nation – the title was intentional – about Nat Turner – an image they cannot be allowed to be awarded – so when it got to Academy Award time his image was tainted
 - that smeared the whole Williams family

O: why the fact that she looks so good without hair – so unlike Will to stand up in front of the world and slap someone

RGM: who funded MGM? It was Al Jolson – in the logo there used to be a mask at the bottom of the logo, and it was eventually removed: it was Al Jolson's signature!

- The Kabuki theater we see is the transition time between the old and the new -
we need LOVE – won't fix any ailment if you hate what you have!!! We have to clear the slate and don't hate anything

O: about the **vibration of Love – Light, Oneness, Vitality, Eternity** – this is the vibration we have to have in our system – have to be in the oneness, and the vitality keep it up and do it for eternity! ! !

- If you ever walk into the vibration, you never want to leave it

RGM: our pets are a beautiful example of unconditional love – the animals love, so they get along

- Story of the man who has been in a cage with a Bengal Tiger and began by sitting with the tiger and talking to him
 - he had to clear the room of everyone else because of their fear! He had no fear, nor did the Tiger!

T: Rama found a story about a man lying with a lion; man is 6' tall and the lion was just purring – the man had saved the lion cub and raised him

- and yes, the politics are in the middle of things so we look for neutrality and find love
 - Brings up that the Llewellyn Calendar – 2 Easters listed

RGM: in TV land, no one cares about the show – only the ratings, and the advertising dollars that come in

- a good show, called Resident Alien, took a summer break – because one show's rating dropped a bit – someone lost a penny, and the beancounters stepped in!
- a book by John DeLorian – **The 14th Floor** - he laid out his experience of coming up as a young engineer and what he went through to achieve the status he had
 - the young engineers would work on a project for months – and then present it to the higher ups who ho-hummed and said they'd "think about it" – and it was about 1/3 of a cent !
- Explains his experience about the time it took to get something for his project and what the lack of progress might entail

Caller: Asking about what he'd heard earlier about NESARA taking place between Christmas and Easter – R said he was right

- listened to last weeks recording – someone speaking, as part of Micah's presentation
Should he have faith?

RGM: yes, have 1000% faith

Caller: said the speaker spoke of 30 years

RGM: it was someone from the Keshe Fdn and they don't want to get involved in politics they are bringing higher technologies and the technology of love into the 3D

working with GANS and the energies: it's not the GANS, it's the FIELD ENERGY WE WANT TO BE WORKING WITH - and we as individuals need to work on our own fields! And keep those energies up - and each of us is responsible for that !

Caller: can already see different aspects of it - brings up the 3rd world countries with no news media - some really impoverished countries - how does that shift work for them?

RGM: the answer in meditation: those people have their own gods - they are close to nature and it will speak to them in a way they'll understand - people do have cell phones - they are dumb phones, just for talking and they work over Africa's long distances.

- No one knows! It can happen in a flash! Our spirit already knows and our body has to catch up - and the hardest thing to catch up has to do with the density of our bones - and they are getting less dense
- when we sleep, and our souls travel, and it takes time and we are often in the waking timelessness
- Everyone will get it in the way they understand it -
- When we do the massive shift, those creative areas will be all the time and we will be doing what we love to do
- Asks R about being up the mountain and how it works
 - He also goes up there for solitude

RGM: affected strongly by the solar flares, and things like

O: Urging callers to call in and ask the team about anything! Share ideas . . .

LISTEN TO RGM'S entire rant/exposé/meanderings via the podcast . . .

Rama: presents Rama's White Knight Report for the past week - March 25 to March 31

2022-03-31 Rama's White Knight Reports MARCH 31, 2022
March 24, 2022 to March 31, 2022

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well - at <https://www.rainbowroundtable.net/rama-s-contacts>

2022-03- 25 Friday Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · [Mar 25](#)

Giving is recognized as a virtue in every major religion and in every civilized society, and it clearly benefits both the giver and the receiver. The one who receives is relieved from the pangs of want. The one who gives can take comfort from the joy their gift brings to others.

2022-03-25 Friday Tom the Ring-tailed Cat

Rama: I received a text message from Tom the Ring-tailed Cat at 12:20 pm, early this afternoon. He said to me, "Lord Rama, the solar flares are only increasing! What I can tell you is that Mother and I and a few other Paschats are taking care of Jedi Business! This involves the 13 Families; this is the story of the Planet Nibiru and Mother's Wayward Children, led on by the fallen angels - otherwise known as the Nephilim! These earth-bound wayward children, numbering 500,000, are being taken to Dracos, to be held accountable for

inter-galactic war crimes! Stay in your High heart! It's only going to get more intense! Sat Nam! Namaste! Blaze the Violet Fire!"



A version of Mother!
Picture sent by Rama.



Tom the Ring-tailed Cat
Picture sent to Rama from Tom.

2022-03-28

Monday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) Mar 28

Warm-heartedness leads to a healthy mind. Peace of mind allows us to sleep soundly. I'm not talking about the benefits of the next life or of finding God, but of being a peaceful person with a calm mind and a warm heart here and now.

2022-03-28

Monday

Tom the Ring-tailed Cat

Rama: I received a text message from **Tom the Ring-tailed Cat** at 12:30 pm this afternoon. He said to me, "Lord Rama, there are monstrous solar flares going on now! And there have been radio black outs across Mother Gaia. Short wave radio operators have been having problems with their equipment.

"This is about sending the Violet Flame into the Heart of Darkness, so to speak, to shine the light on the old, fallen matrix and dissolve it into the Light of 10 Trillion Suns! Pay no attention to that old man behind the curtain who is trying to play the Wizard of Oz; he's just a holodeck program as well!

"Stay in the High Heart, always! Sat Nam! Namaste! Blaze the Violet Fire!"



2022-03-29

Tuesday

Sweet Angelique the Cat

Rama: I received a text message from **Sweet Angelique the Cat** at 12:15 this afternoon. She said to me: "Lord Rama, the solar flare activity is way up there today! Stay in your high heart! The Dark Side is pushing very hard to get their way and keep their old world order in control of Mother Gaia and her people.

"We are in a new cycle. As the Light continues to pour in, the Khazarian Mafia are at their end. Stop the war on consciousness! All we are saying is 'Give peace a chance.' Sat Nam. Namaste! Blaze the Violet Fire!"

2022-03-30

Wednesday

Lianara

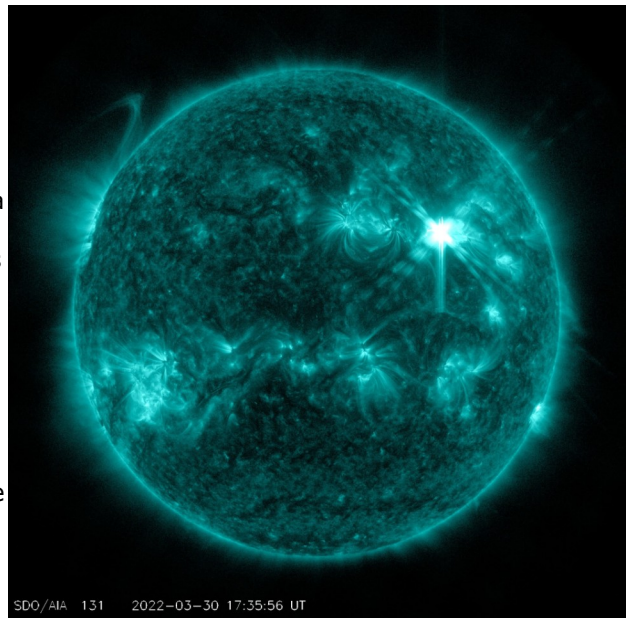
Rama: I called Lianara at 12:10 early this afternoon. I initiated, on my smart phone, a way to see each other while we were talking!

Lianara said to me, "Lord Rama, there was an X-1.38 class solar flare early today. As a result, ascension symptoms are very high today – again! The electro-magnetic field is fluctuating wildly!

"The Dark Side has made their bed; let them sleep in it! Remember – we are beings of Divine Love and Infinite Light. All 500,000 of our recalcitrant sisters and brothers are being ushered to Dracos by Mother Sekhmet's Paschat warriors. We are watching their demise as we speak.

The Khazarian Mafia – aka the United States Deep State – have bombed over 70 hospitals and medical centers in Ukraine. This is NOT Russia; it is our Black Ops with the complicity of President Zelensky of Ukraine, as he is an asset of our Deep State.

"Blaze the Violet Fire into the Heart of Darkness! They will get it, even as they reject it! Blaze the Violet Fire! Sat Nam! Namaste!"



Note from Rama: I heard on *Native America Calling* today, Don Miguel Ruiz, a Mayan Shaman. He was talking about the program recently set up by a group of young doctors who are using psychedelic medicine to help veterans release their PTSD and come back to wholeness.

This is an alternate path to wellness, alleviating the side effects of using allopathic medicine. It is awakening these ones to higher consciousness and Freedom's Holy Flame.

Aho mitakuye-oyasin.

[‘all my relations’ – a Lakota phrase]



2022-03-31

Thursday

King of Swords, Lady Nada

Rama: I received a call from the King of Swords and Lady Nada at 12:15 pm early this afternoon. They said to me: "Lord Rama, the solar flares are a gift to Mother Earth as she is raised up by these energies to the level of a star. In conjunction with Helios and Vesta, the Sun behind the Sun, we are in for a royal ride to a new reality. That Reality is where all the Rainbow Nations are here.

"The 13 Families are in their final moments once again. We say this to let you know that the 13 Families' old paradigm reality is part of a simulated reality of the last 13,000 years and, again, **IT IS AT ITS END!**

“We are approaching a new moon as we enter a new Astrological Year tomorrow morning, April 1st at 2:24 AM, EDT. Happy New Years Eve! We are here to let you know, Lord Rama, as we approach this coming Easter, expect magic and miracles of the most wonderful kind! Go out and connect with Goddess! Spring is here! Go out and listen to the Oneness. Sat Nam! Namaste! Blaze the Violet Fire!”

‘At night, the beacon of a candle flame in its window was like a lighthouse in the clouds.’

For a century, the Abbot Pass Hut provided refuge for climbers high in the Rockies. But now its glacial foundation is melting from climate change and the stone cabin is losing its footing. Read climber Sid Marty’s [requiem for a mountain sanctuary](#). Photo by Paul Zizka.



<https://thetyee.ca/Culture/2022/03/28/Requiem-Mountain-Sanctuary/>

CLOSING MUSIC

Pentatonix - Imagine (Official Video)

<https://www.youtube.com/watch?v=NLiWFUDJ95I>

2:15 / 4:57

[#Pentatonix](#) [#Imagine](#)

2022-03-31 THE ORACLE REPORT An X-Flare on the Eve of a New Year" - Thursday, March 31, 2022

Tzolkin/Soul Kin Sacred Count: 11 Deer (gently finding your place in the universe)

Moon in Aries

Balsamic Moon Phase: release

Higher Octaves: leadership, rationale, integrating age old wisdom, willpower, the truth in the image, The Savior, recognition, expanded sphere of influence

Lower Octaves: overbearing, undue reliance, too much attention based on appearance rather than substance, controlling behavior, assumptions, distortions

MISSION: assume control over your life by accepting yourself AS IS and know that a Higher Power is empowering you

Yesterday's X-flare occurred conjunct Jupiter at the familiar Sabian symbol of "a man bringing down the new law from Mount Sinai." Without a doubt, God's law is descending.

This means the "wild" in this astrological new year's theme of "a flock of wild ducks" will begin manifesting in earnest. Mindsets that are "human" begin to spread their wings to fly above and over toward freedom. Mindsets that are "archontic" begin to fold in to themselves to brace for impact.

The marking point in the spiritual battle came on Friday, March 25, 2022, with [Francis' "invoking" Russia and Ukraine to the Immaculate Heart of Mary.](#)

I say "invoking" because this was a strategic maneuver, one that would divide the nwo, which the Mahavidyas indicated the day before, Thursday, March 24th. From [Space Weather on Phoenix's show:](#)

On 4 Sun, purpose and direction are being re-examined. The four corners of insight, knowledge, experience, and our spiritual connection steer us through changing conditions today. The globalists will experience divisions and separations among their ranks because, at this point in time, they seriously disagree on how to implement their agenda of a new world order. This disrupts their usual method of order out of chaos because they are not in control of the chaos. They are at "cross-purposes." Some will go this way and others will go that way, creating an organic "divide and conquer" on themselves. There is no chaos with We The People. We have a line of sight on the future -- we already know we have won because tyranny always falls and liberty always wins.

This is a longer discussion, but the thing to take away from this is that Higher Powers are engaging (if you had any doubt) the archons and their minions as this astrological year ends and the new year begins. They are "setting things up." This drives things "wild."

The New Astrological Year begins overnight, (tonight) Friday, April 1, 2022, at 1:24 am EST. Today, the Sabian symbols reveal the energies that take us into "the night."

1 - RULE YOURSELF - The Sun is discharging "the ruler of a nation." This is such a grand symbol and it carries a great deal of power. The decision to take care of oneself is paramount with this symbol. One simple thought can change the balance of power in our own holistic "mind, body, and soul" that reverberates through the fellowship of humanity, and changes it.

2 - BALANCE - Three of the planets are disseminating themes of balance. Interrupted balance, emotional balance, and the balance between the past, present, and future are seeking equilibrium.

If something has become out of balance, interrupt its future chain of events by making a change.

If something has become distorted, contain it as is (stop it), and let the energy bring it into a perfect form.

3 - THE DOVE - Mars is discharging "a large white dove bearing a message." Mars will still be at this degree when the New Year enters, and thus *will be with us all year long*. Mars suggests that peace will emerge from what is happening.

The X flare said it.

Light a candle for the new year, wise owls, and ease into the energies. Come together in spirit. We have a lot (of beautiful work) to do!

Much love!

Aspect of the Aeon Sophia (Wisdom): Dhumavati, Who Sorts and Winnows

Aspect of the Aeon Thelete (Will): Seth, Who Leads

Sabian Symbol for the Solar-Lunar Month: "a sword used in many battles in a museum" (war, influenced to peace)

Sabian Symbol for the Solar-Lunar Year: "a woman in pastel colors carrying a heavy and valuable, but veiled, load" (revelations)

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2022-03-31 Schumann Resonance for Thursday, March 31, 2022

