

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead
<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA <i>aka The True History</i>	720-716-7301 Pin Code: 353 863#	Rama, Tara callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
 Pin Code: 353 863#

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

B B S RADIO STATION 1

B B S RADIO STATION 2

- A Night at the Roundtable
- Friday Night Hard News

Saturday History Call

LISTEN ON LINE

CLICK ON **AUDIO ICON**

CLICK ON **AUDIO ICON**



LISTEN BY PHONE

1-631-359-9353
 [NO code needed]

1-804-220-6484
 [No code needed]

CALL IN TO INTERACT

Only during live calls

1-866-627-6008
 Direct: 323-744-4831

1-888-429-5471
 Direct: 323-744-4841

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 1-888-710-8061

Direct Line:
 1-323-744-4828

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- [Free BBS Radio iPhone and iPad app](#)

B B S ARCHIVES

- go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.**
- Find the table listing the dates. Click on required date.

II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2 nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	
<p>To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.</p>			
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2 nd , 4 th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ via Skype Click on VOIP button and enter info as requested
<p>To access past ALC calls, go to Ashtar Legacy Teleconferences (ashtarontheroad.com)</p>			

III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST

- A. **Opening Meditation:** Cheryl Croci
- B. **Housekeeping:** Rainbird

BBS: • Listener-supported radio programs – Cost is \$300 per week
All BBS archives can be accessed for free, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

- www.rainbowroundtable.net has archives, too.
 - Go to BBSradio.com/Station2; find **The True History** call listing & **Paypal** button
 - BBS appreciates getting checks via the mail: no Paypal fees!
- The mailing address for those who do not like paying electronically:

B B S RADIO	[Please put "Attention Don" on the envelope]
17419 Wilton Park CT	[Note inside that it's for T & R calls
Spring, TX 77379	[& the Thursday call, as well]

Tara, Rama: Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

OTHER FINANCIAL REQUIREMENTS

FOOD MONEY: VIA PYPAL OR See the MENU PAGE ON www.rainbowroundtable.net

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

Financial Requirements

WEEKLY

B B S RADIO/week **\$316.00**

PERSONAL

Gas, food, etc	\$225.00	
Bills	\$294.00	This involves 3 bills
Miscellaneous/Other	\$496.00	The last of the car bill, inc 1 tire.

MONTHLY

Rent - \$1,150 / mo

CONTACT INFO

- **Please notify Rama when sending something** koran999@comcast.net
- **Mailing address for checks, money orders, etc**
Ram D Berkowitz
PO Box 280
Santa Cruz, NM 87567

PLEASE MAKE AN ATTEMPT TO DONATE THIS MONTH

- **Remember you can book a session with Mother, as well!**

Please donate: VIA PYPAL, either your own a/c or Rama's a/c [koran9999]

There is also a donate link on www.rainbowroundtable.net

**** www.rainbowroundtable.net/_page/donate ****

EVERY \$ HELPS: no amount is too small! ALL GRATEFULLY RECEIVED

FREEMART: <https://www.shopfreemart.com/tarram> a/c # 7000

<https://www.nugenmart/tarram> CHECK OUT THE WEBSITE

- Freemart is a private shoppers club; it's **FREE TO JOIN**.
- all the products have much to offer, so take a look!
 - check out the heading **READ MORE** - definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there.

The returns also help RainbowRoundtable

THE NUGEN COIN: <https://www.nugencoin.com/tarram>

To help Marshall and support him by signing up under his name:

<https://www.nugencoin.com/marnor>

TO GET HELP, Call Carolyn[Rainbird] or Micah

Carolyn's E-mail: lightenergync@gmail.com

Micah's E-mail: thegreenalchemist@gmail.com

C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION

Contact Rainbird with questions: lightenergync@gmail.com

<https://www.youtube.com/watch?v=aLaVutWXju0> (CHECK THIS OUT)

One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus

[https://en.kfwiki.org/wiki/One_Cup_One_Life -
Production and Application Prevention and Reversal of the Corona Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_Prevention_and_Reversal_of_the_Corona_Virus)

KF Wiki <https://www.kfwiki.org>
The free Plasma Cyclopdia of the Keshe Foundation

Keshe Foundation Store <https://store.keshefoundation.org/store/?alias=store>

D: ACCESS TO PODCAST: The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-april-8-2023>

E: THE NEW WEBSITE AND ADDRESS: WWW.RAINBOWROUNDTABLE.NET

RAMA, TARA [R, T]

R, T: thanks to all for being present

- asking for money to pay the bill for the car repair (\$496.00)

R: Happy Astara, Easter

T: reads the intro to the latest Aurora Ray writing

2023-04-08 The Masters Of Ascension Want To Connect With You Aurora Ray

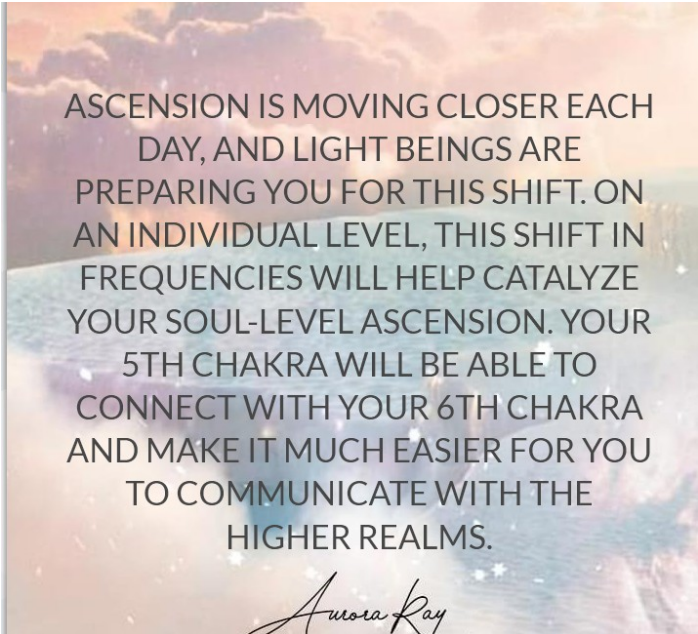
[https://thegalacticfederation.com/10-20aa?
utm_content=14097917&utm_medium=Email&utm_name=Id&utm_source=Actionetics&utm_term=Email](https://thegalacticfederation.com/10-20aa?utm_content=14097917&utm_medium=Email&utm_name=Id&utm_source=Actionetics&utm_term=Email)

We, the Galactic Federation, stationed on the Earthly astral planes, currently involved in a range of projects related to mass ascension and evolution in consciousness of your race, wish to communicate our continuing support for the ongoing process.

This is a very exciting time. We are all happy to welcome you to the New Earth, and we know that it is you who bring peace and love to us all.

The new Earth is where humans will be awoken from their eternal slumber, where they remember who they really are, leave behind all the chaos and darkness, and instead replace it with light, love, and knowledge, where humanity as a whole will be as one again as they were meant to be all those millennia ago in The Garden of Eden.

This is to be a place of peace, joy, and plenty for all, where the beings from all-star systems, galaxies, universes, and dimensions will work together to create a space of love and harmony.



R: only talked to the Plasma Field where he got the story of Astara and Ishtar
Lady Di and Dodi are in the Wesak Valley preparing for the visit to the Valley by dignitaries

AUDIO: Dr. Greer LIVE on Third Phase of Moon 2023-04-06

Dr. Greer live this Thursday 8-9pm ET on Thirdphaseofmoon radio on Revolution Radio Studio A; listen live directly by [CLICKING HERE](#).

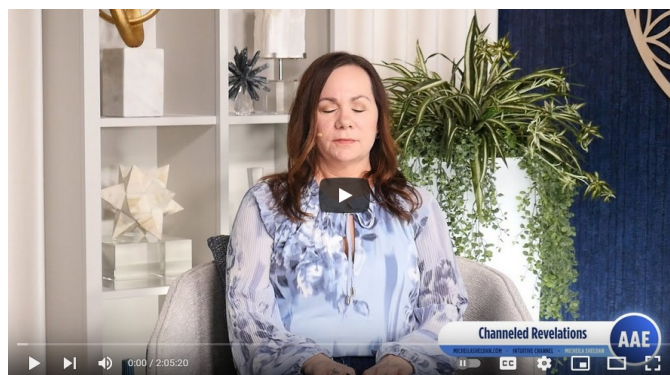
Or listen via live365, speaker or the station directly at www.revolution-radio.com studio A. And watch out for an amazing video of the interview on the [Thirdphaseofmoon YouTube channel](#) within a week of airing!



AUDIO 2023-04-01 Know Thyself As God | Micheila Sheldan & Ethann Fox | Channeled Revelations | 2:05:20

https://www.youtube.com/watch?v=XgGvF7OG3E8&ab_channel=AAEtv 2:05.20

In this episode of *Channeled Revelations*, Micheila Sheldan channels on a variety of topics including Akhenaten, Nefertiti and the Amen and Aten Religions. We hear about the Fallen Angels and their link to the Amen religion as well as how it differs from the Aten, which is focused on the God within. The guides answer questions about the Biblical texts as well as the Christian and Catholic faiths. Further discussions included the difference between the Biblical Jesus and the Jesus who actually lived. Ethann and the guides also discuss the transition of Amenism to most modern religions.



Additional topics include the Kaballah and how it is being used by prominent people in positions of power as well as the music and entertainment industry to establish and maintain control over the world. The conversation ends with a discussion of how to create your life beyond what is going on in the world and how collective reality interfaces with individual reality.

About Micheila Sheldan

Micheila Sheldan is an intuitive channel, Executive Director of the Flower of Life Institute and Marketing Director of the Awake and Empowered Expo. During a struggle to overcome chronic pain, Micheila experienced a shift of awakening, discovering her intuitive gifts and launching a journey to better understand her connection to the spirit world. In the course of her healing process, she left behind her role as a marketing consultant and soccer mom to step fully onto her soul's path as an intuitive channel. Micheila has the ability to channel a variety of multi-dimensional, extraterrestrial and angelic beings to answer questions about our history, current challenges and where we are headed in the future.

She joins Ethann each month on Awake and Empowered TV to bring universal channeled messages to the listening audience. Through her transformational experience, Micheila has come to understand that her channeled messages are vibrational in nature, energetically uplifting and healing those who hear them and allowing Lightworkers to firmly step onto their soul's path and serve as a human

conduit for healing energies. By tuning in each week, listeners will gain inspiration and tools to maintain and raise their vibration, as well as heal and open their energy field, by directly connecting with the consciousness of multi-dimensional beings who are here to support our evolution. she has experienced astoundingly accurate results. She often receives visions of significant past life experiences and describe how they are impacting a client's present journey.
<http://www.micheilasheldan.com>

About Ethann Fox

Ethann Fox is a spiritual teacher who assists lightworkers to uncover and live their life missions through his unique ability to remove karmic density and raise consciousness. As the founder of the Flower Of Life Institute, he oversees the vision and direction of global initiatives such as the AAE Expo, Seed Of Life School, AAE Magazine, and AAE tv, for which he is also the host. As a serial entrepreneur, Ethann has focused much of his career in business, finance, branding, and marketing, while also becoming an accomplished astrologer and numerologist of 29 years. Ethann now uses his expertise, to assist Lightworkers to develop their spiritual gifts, build world class brands, and create opportunities to reach a global audience.
www.ethannfox.com

ASTROLOGY

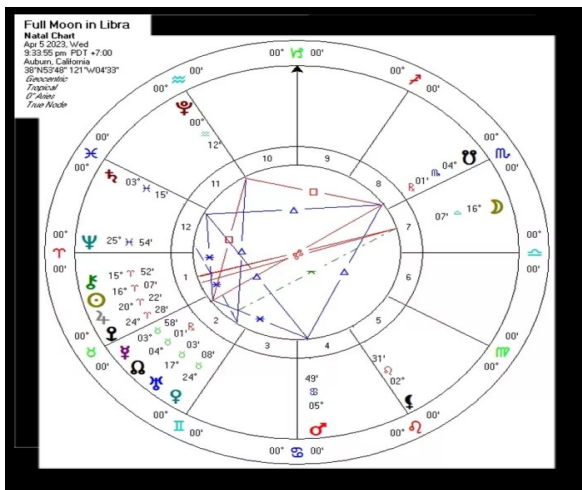
Richard [RI]

[Click here to listen to the Pele Report](#)

this is a long report

<https://newparadigmastrology.com/april-5-2023-astrology-forecast/>

**My desire for love and affection
Can sometimes make a mess,
As I'm headed in one direction,
But want to explore all the rest.**



Hola Beloveds!

Welcome to the Full Moon in Libra, opposite just about everything! **Relationships are going through it these days** as we struggle to find and remain in our core (wounded) selves, heal, transform, and strengthen our spirit simultaneously. Through it all, we are afforded an opportunity to clearly identify what is holding us back, feel it, and move through it to higher highs.

Needless to say, it is fear. But fear comes in many sizes and shapes depending on our soul history, current choices, and the collective ocean of oneness we are all swimming in.

Relationships of all sorts, family, community, business, and even nation to nation, are in need of attention. **Fear can lead us, just like a nation, into knee-jerk reactions that result in damage.**

As I mentioned toward the end of the report, the Sabian symbol for the Sun/Chiron conjunction gives us **the key to solving the mystery of our fear: nature and the spirits of nature.** The hidden, invisible, occult world of Spirit acting behind, under, and within us is an eternal source of nourishment, strength, and support. Just talk to or hug a grandmother tree! They've been through it all. Float down a river or gaze at the calm, silent stars at night. Feel the magic!

I've just finished writing the workbook for [The Astrology of Relationship Part Three: The Composite Chart](#). This course will be happening this June and explore the "third entity" created when two people unite in love. A relationship has a life of its own that forever changes those involved and is born out of their soul history with an intention for healing this life. [Join us on this journey](#) into the mystery of love through the eyes of the skies!

In addition to preparing for the astrology of relationship course, **I'm preparing for Greece.** Join me to explore, heal, and transform our wounds into medicine! This weeklong retreat at a mineral springs spa on the island of Edipsos (where Chiron lived) will be **a life-changing, life-enhancing experience you will never forget.** There is still a little room left, so check it out and [sign up today!](#)

My desire for love and affection
Can sometimes make a mess,
As I'm headed in one direction,
But want to explore all the rest.

This is the Full Moon in Libra opposite the Sun conjunct Chiron in Aries Report! **The Moon reminds us how beautiful, wonderful, and sweet-loving partnerships can be.** That others shine our light back to us, one us, and illuminate us as we illuminate them. **However, Chiron in Aries can feel powerless to manifest the loving relationship we long for.** Instead, we can feel lonely, empty, weak, and give up hope. So it's a topsy-turvy time this Full Moon! Our emotions can go from high to low and back up to high again like the teeter-totter the Libra scales can sometimes be. "*She loves me, she loves me not...*" syndrome.

The astrology of this time tells us that we must attend to our wounds for our dreams to come true. We must nurture and care for ourselves, strengthen ourselves, believe in ourselves, and the world will mirror that self-love back to us. So it's time to go into the feelings and identify the source of our fears in order to rid ourselves of them. Let's not forget that fear is one of the opposites of love and has its roots in the ego, which lives in separation, not union. So in times like these, it's time to feel our fear and DO IT ANYWAY.

As I mentioned in today's (long) Pele Report, **the key is not to lose ourselves in the delusion that somebody else is the answer or can fill our emptiness.** Only Source can do that. As we keep our eye on the goal of returning to Source (or experiencing Source within us NOW) and making that the center of our relationship, the love we share for another can support our evolution.

Mark your calendar for this Sunday, APRIL 9, as I'm giving a webinar on ASTRO-CARTOGRAPHY for students in my school. So many folks are on the move these days, and these techniques are helpful to see where the energy is best. [ENROLL HERE](#), and see you this weekend in the classroom!

The Who, [Who Are You?](#)

**So Much Love,
Kaypacha**

AUDIO: TANIA GABRIELLE

April, 2023 is an 11 Universal Month signifying major shifts and beginnings, and is magnified by a Total NEW Moon Eclipse in Aries, the FIRST sign. The impact of the star codes in April will be a fiery, passionate call for you to be present and ready to receive divine downloads at any given moment. An exciting episode!

April's 11 Portal of Powerful Shifts [Astrology Numerology Forecast]

https://www.youtube.com/watch?v=SJjpxxVJJn8&ab_channel=TaniaGabrielle



CONFERENCE CALL

<https://fccdl.in/jWwyOeg2vi> #755

PLEASE LISTEN TO THE CALL VIA THIS LINK.

B B S RADIO

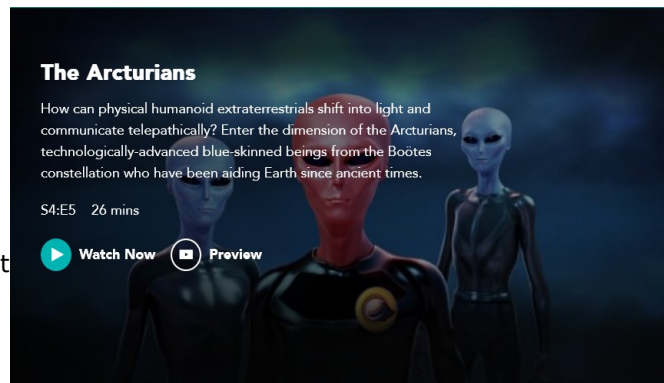
AUDIO: COMPLETION OF 2023-04-01 Know Thyself As God | Micheila Sheldan & Ethann Fox | Channeled Revelations | 2:05:20

AUDIO: 2023-04-08 [Deep Space](#) The Arcturians

[https://www.gaia.com/share/clg73o4n9000001ar0cqxfush?language\[\]=en&utm_source=share](https://www.gaia.com/share/clg73o4n9000001ar0cqxfush?language[]=en&utm_source=share)

S4:Ep5 26 mins

How can physical humanoid extraterrestrials shift into light and communicate telepathically? Enter the dimension of the Arcturians, technologically-advanced blue-skinned



beings from the Boötes constellation who have been aiding Earth since ancient times. These spiritually evolved Arcturians are highly intelligent, efficient, and compassionate, intentionally cultivating their species as logical yet loving beings to help lower vibrational species ascend.

Featuring: Desiree Hurtak, Ph.D., Sarah Breskman Cosme, Kaedrich Olsen, Lara Morrow, Ph.D., Caroline Cory, Debbie Solaris, Matías De Stefano, J.J. Hurtak, Ph.D., Ph.D

Audio Languages: English Subtitles: English

AUDIO: **2023-04-08 [Awakening Conference with Barry Fitzgerald](https://www.gaia.com/video/missing-time-linking-paranormal-the-occult)**

Missing Time: Linking Paranormal & the Occult

S1:Ep13 <https://www.gaia.com/video/missing-time-linking-paranormal-the-occult> 1 hr, 6 mins

Is the phenomenon of missing time synonymous with paranormal activity? Author and researcher Barry Fitzgerald presents his decades of investigatory work throughout his lecture at Awakening Conference in Blackpool, UK.



Explore the data exposing why missing time is a connecting point between the paranormal, the occult, and the unexplained. From ETs and UFOs to Earth Spirits, Djinn (Genies), and Old Gods, learn the lost connections between the paranormal and the occult.

Instructor/Host: Barry Fitzgerald Audio Languages: English Subtitles: English

AUDIO: 2023-03-13 [Economic Update: Social Security, Ohio Derailment, Puerto Rican Poverty - US Capitalism Provokes](#)

by Richard Wolff



See below for the transcript of the entire program

Reading: 2023-04-06 A Message to Light Bringers - April 6, 2023

This week's guidance from the Ascended Masters, Galactics, Earth Elements, Fae Elders, Angelic legions, Archangels, and other Divine Beings known as the Collective:

Greetings, dear ones! We are, as always, very pleased to have a moment to speak with you today.

Today our writer wishes to speak with those amongst us whom you might term as extraterrestrial (off-planet), to ask Star Nations about their role in assisting humanity in these days of tremendous change and rebirth:

COR: Greetings, friends! Thank you for speaking with me today.

Star Nations Representatives: We are honored to assist!

COR: I'm wondering what you are assisting us with that we have no idea about. I understand from the current [White Knight Reports](#) that there are ships landing near or hovering over disaster-struck areas and areas of conflict, such as Ukraine, Pakistan, Turkey, Syria, Afghanistan, and so on. We are very grateful that medical and other assistance is being provided to those who are suffering in troubled regions at this time.

I'm just wondering what else is happening, in terms of benevolent intervention from our ET friends and family members. Of course we see a great deal when we travel in the etheric in our sleep state, but on a conscious level, many rely on information received in meditative states, and from various channelings.

Star Nations Representatives: Of course. You are curious to know what is happening that your news media is still too terrified, and too overtly controlled, to answer! We will say that all of you are assisting us, so that when we say "we" in reference to the work we are doing, we may not be including you in your waking state, while in a human body.

Yet we do include you in the sense that your spirit multi-locates to be with us in our work, as well to be with you as your body sleeps, or in your deeper meditative states, in which you move dimensionally and energetically to various parts of the world or the cosmos.



A portal to Sirius B - with thanks to [RainbowRoundtable.net](#)

COR: I don't know too many human beings who think of themselves as your equal. I know you speak now from a number of intergalactic cultures. But we tend to think of ourselves far more as requiring rescue than offering it!

Star Nations Representatives: In fact, you are all highly skilled and highly aware, and carrying a well-developed consciousness, or you would not be here now as a Light Bearer (many of you also Starseed).

COR: How in the world are we assisting your Earth missions?

Star Nations Representatives: With your own missions! You are many of you masters of Lightwork in that you know how to manipulate energy that has been conformed into matter, even in its denser forms.

So that you are able to affect physical objects with high-level focus and mental concentration, as well as manipulate sophisticated technology from a distance, via organic interface with a ship or whatever technology you are addressing.

COR: Good grief!

Star Nations Representatives: This is not strange or new to you in your quiet time of activity while the body sleeps. Nor is it strange or new or unlikely to your higher aspect.

All of your higher selves are very involved in the Ascension process. **We tap into the frequency of assisting Earth and Her people, and from there, answer both humanity's calls and Earth's to know where we are welcome to assist, without disturbance to anyone's life path.**

We hold all in a very high place of respect and honor. We are not here to interfere. Intervention is entirely different from interference, which you have also been subjected to for eons. We of the Ashtar Command do not support such.

COR: And so—if we don't consciously call you in, you don't move in to help?

Star Nations Representatives: As so many of us are in human form now, there is no way we could not be involved. Some calls may be unconsciously voiced, yet we hear them.

Many volunteered to come forward at this time to assist where needed while in a human body, regardless of the true "race" of beings they belong to on their home planet or star system.

We cannot abandon them, nor anyone whom they are working with. The time is too crucial, and the work too crucial, to stand back when agreements were already formed between us and those family members who would incarnate here, stating how and in what instances we would intervene.

Though some of that is subject to being revised, per the events of the new Earth timeline.

A circular rainbow - with thanks to RainbowRoundtable.net



COR: What about cries for help from those you are not related to or not directly working with? Those who simply desire to call in your help for one issue or another?

Star Nations Representatives: We confer amongst ourselves and with that person as they visit us in the etheric. Almost always now, the answer is Yes, though the extent of our assistance is at times limited.

COR: Why is that? And what kinds of assistance do you refer to, friends?

Star Nations Representatives: Some of you have come in requiring that there be only minimal assistance from Star Nations, and so we honor that. You have, in what might be called your idealism, requested that only emergency support be provided by us and our technology. Yes—that is so, in any event.

You have heard the phrase that has been spoken to contactees, for example, that “You will not be allowed to destroy yourselves, or your planet.”

COR: Yes!

Star Nations Representatives: This is so. It is not a philosophy. It is Universal Law, and we follow it. You inquired regarding the kinds or types of assistance we offer, and this will vary depending upon the Earth culture requiring support, and the galactic culture answering that request, and the needs of the moment.

At times, as you have noted, we give actual humanitarian aid—food, shelter, clean water, medical assistance—to those whom your Earth governments have abandoned.

Yes, the situation on the Earth is that dire in places, and the energies high enough overall, that we are able to step in to assist, not only as you have requested, but also as the veil between your world and ours grows thinner by the moment. **We have spoken with your world leaders numerous times to remind them of the tenuous state of Earth’s eco-balance, and that their own safety and that of their families—even their empire—is at stake now.**

They tend to believe that we are exaggerating—or rather, they prefer to behave as if we are. Yet they understand that if they do not cease the war machine, the “dirty fuel” use, and the incessant overproduction of unnecessary goods that are quickly used and as quickly discarded, we will step in full force, as we would in the case of certain cases of warfare.

COR: You’ve done so before! To prevent nuclear war, for one.

Star Nations Representatives: We have indeed.

COR: What else might we know, friends, that we rarely or never hear of?

Star Nations Representatives: We are feeling that some are not aware that they sit on galactic councils and assist in the decision-making regarding what on the Earth will be aided, and what will be left to your own devices.

Many (most) are unaware of their true rank or role in their own star-based societies, as well as their true family, and true soul partner. They have allowed the distractions of a dense planet to pull them away from their true selves, and to delude them with feelings of loss when they feel they are getting older, or have



not accomplished this or that, or have little currency saved, or fail in some way in their duty to their loved ones.

None of this describes any of you in your truest state. You exceed all limitations imposed upon you by the energetic entrainment and mental/emotional programming of so many Earth lives, or even only a few Earth lives. Humanity is coming out of its hypnotic trance now, though it has taken thousands of years to progress to where you are now.

Your "leaders" are aware of this, and it is driving them to drastic actions in an effort to pull humanity's vibration back down to "manageable" levels. Interestingly, as they launch one dark scheme or event or another in order to accomplish this, Earth beings grow all the more adept at waking up and recognizing the dark ploys.

You will not return to the consciousness level of 100 or even 50 or 20 years ago. It is impossible. You are being remade on a molecular level, and your awareness of this too is growing. The etheric realms are likewise evolving ever upward. **The vast majority of you no longer wish to be caught in what some call the karmic cycles—the repeating patterns in which you live one Earth life after another, unable to get past certain events, relationships, or roles, feeling doomed to repeat them as you attempt in each new lifetime to finally resolve these old ruts and narrow designations.**

That time is past now, and none need fear otherwise.

COR: Would you say that some of us are starship captains or commanders, and some are—explorers? Healers? Ambassadors? Cultural translators?

Star Nations Representatives: Of course—these and far more besides.

Look at what you most value and enjoy in this Earth life! There are many clues all around you, within your own heart-space. Though many of you desire to be aboard a great ship, and to grasp your many abilities and fully developed *siddhas*, we wonder if the greatest adventure of them all is looking into your own heart-space, finding what needs to be healed there—or to sing its song!—and to walk the path to allow the fullness of that journey.

And so in healing yourselves, you heal whole aspects of human consciousness, and your Earth.

COR: That is the hardest journey, friends. But it seems to be what we signed up for.

Star Nations Representatives: Yes indeed! And no need to feel sad as a result. You are all moving forward so beautifully.

We would say, release any defensiveness you may be carrying at present, from past or current situations.

Those whom you feel have injured you were only performing their role, however crude that may have been, in showing you what you have not yet healed, and what work there is to be done there.



Those who left you before you wanted them to leave were likewise fulfilling an agreement formed in the higher realms before you were born. Even seeming abandonments carry their own gifts.

And those you have desired to love who have not fully seen you, or whom you have yet to meet—they too are fulfilling the agreement to show up for you in certain ways, and at a certain time.

All of it sacred! All of it as you desired and designed before incarnating.

COR: Will those who have felt oddly out of place, who know deep down they are Starseed—will they ever feel at home here?

Star Nations Representatives: As life on this planet moves to a higher vibration, yes. Perhaps not fully until then, but this is part of the "cultural anthropology" that these ones desired before volunteering to assist Earth and humanity at this time.



COR: And we're moving ahead, from what you can see?

Star Nations Representatives: More fully each day! The Light flowing into your atmosphere shall never abandon you to the former way of life.

COR: As we heal ourselves, do we hasten forward the time when Earth is restored fully, and freed by way of NESARA's enactment?

Star Nations Representatives: Of course. This is one reason why we encourage you to walk that path which is so clearly laid before each of you. To attend to your own fast-rising consciousness, and the requirements of your own inner life.

COR: Perhaps we're doing that too slowly?

Star Nations Representatives: We cannot judge you. Each path determines its own pace of growth.

COR: We so look forward to seeing ships decloak and show themselves fully! I have several friends who have witnessed this, but all I notice are cloud ships—which are still an encouragement, yet not the ones that have really revealed themselves.

Star Nations Representatives: In every path, there are reasons for what is witnessed and what is not. You have witnessed ships by being aboard them in your sleep state. These moments come to you as images similar to the dream state, and this too is vital. Many are experiencing this now. **For those who have not, they may request such, though at times, the subconscious, fearing such experiences, will have strong boundaries up that prevent conscious awareness of such.**

COR: A friend's mother came in from the Other Side during a channeling session recently, and said to her daughter, "You won't believe what's happening on the Earth!"

"Militaries being defused—their technology no longer functioning as it once did. Government leaders being visited or taken up on the ships, and spoken to about the terms of surrender to the Light, and what they must do for their countries and the Earth now . . .

"Mother Earth being released of so much toxicity . . . People awakening and traveling more etherically at night. "Women regaining their goddess selves, standing strong for themselves. It's astounding!"

Would you say all that is true?

Star Nations Representatives: Every inch of it! So much being revealed now. **And ancient technologies long hidden in the Earth, and the energies of sacred sites, now awakening that have long been dormant. Humanity feels that intuitively as well.**

COR: And an increase in ship sightings, and ET interventions.

Star Nations Representatives: Yes, as we say—you have invited us here, and so have the Light codes flowing onto Earth now. Those with even the slightest inclination to integrate these energies with their conscious, everyday selves are doing so increasingly now. The old deceptions that have held you back for so long are increasingly ineffective now. They are being upended.

COR: Thank you, my friends. I hope we will speak again!

Star Nations Representatives: Of course! **We serve all with an open heart, from the vibration of Oneness.** Namaste!

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If you repost, please maintain the integrity of this information by reprinting it in full and exactly as you find it here, and including the link to the original post, at <https://www.ascensiontimes.com/post/a-message-to-light-bringers-april-6-2023>.

Thank you.

CLOSING: Rainbird
to listen to Maitraya on Easter Sunday, April 9, 2023

Rama's final music

Alan Watt – What Are You? (can't find a link)

Sat Nam! Namaste!

INFORMATION RELATED TO THE NOTES

2023-04-08 The Masters Of Ascension Want To Connect With You Aurora Ray

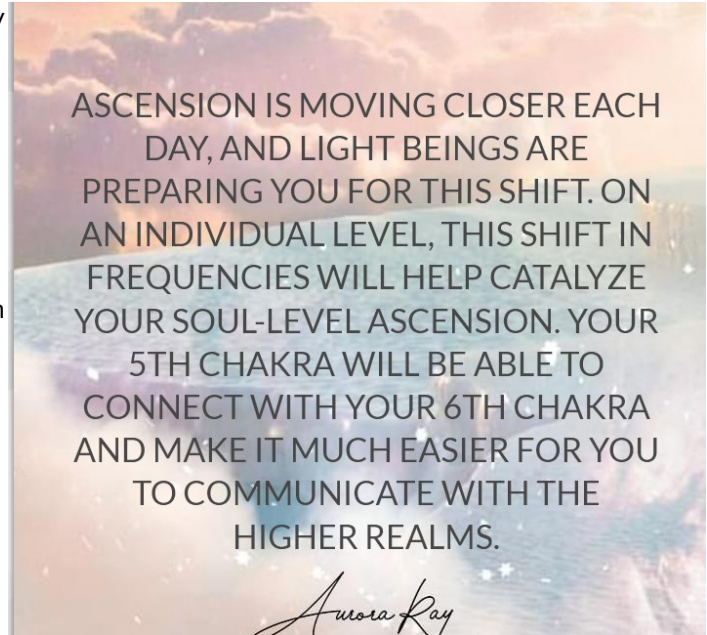
https://thegalacticfederation.com/10-20aa?utm_content=14097917&utm_medium=Email&utm_name=Id&utm_source=Actionetics&utm_term=Email

We, the Galactic Federation, stationed on the Earthly astral planes, currently involved in a range of projects related to mass ascension and evolution in consciousness of your race, wish to communicate our continuing support for the ongoing process.

This is a very exciting time. We are all happy to welcome you to the New Earth, and we know that it is you who bring peace and love to us all.

The new Earth is where humans will be awoken from their eternal slumber, where they remember who they really are, leave behind all the chaos and darkness, and instead replace it with light, love, and knowledge, where humanity as a whole will be as one again as they were meant to be all those millennia ago in The Garden of Eden.

This is to be a place of peace, joy, and plenty for all, where the beings from all-star systems, galaxies, universes, and dimensions will work together to create a space of love and harmony.



Your ascension is moving closer and closer each day, and the light beings are preparing you for this shift. On an individual level, this shift in frequencies will help catalyze your soul-level ascension. Your fifth chakra will be able to connect with your sixth chakra much more efficiently. This will make it much easier for you to communicate with the higher realms.

Your awakening has, in a way, set in motion a chain reaction throughout the galaxy. You have been given a chance, a gift from the universe, to make this Earth a paradise again.

Many civilizations throughout the galaxy are keeping an eye on your transformation. To them, this is a miracle. But you know what, this is not a miracle at all. This is the result of constant hard work and perseverance, just as you have been doing on Earth. You have created your share of ripples throughout this galaxy, and you have been trying to change your world for a long time now. Many have not taken your efforts seriously, but you have.

Many of these civilizations across the galaxy are your ancestors.

This is a historical moment for all of you. And your ancestors have been coming home for a long time. Time travel has been going on for a long time.

You are living in the last cycle of this planet's Earth. You are great, great, great. These ancestors are from other planets and carry the DNA, memory, and history of your people. It will be like no time has passed, and you will recognize your lost brothers and sisters, and you will all come together as one human race. This spectacular reunion will take place sooner rather than later.

These light beings are near you now. They are stationed in the stratosphere. They are stationed all around planet Earth.

Not all beautiful stars you see in the night sky are actually what you think they are. Many of them are the lightships that are being sent by your family to guide you along your journey on Planet Earth. You can see them. You can see them with your own eyes, these wonderful beings of light.

They want to connect with you. They're the masters of ascension, they want to reach out to you! Ascending to the fifth dimension is not only your destiny but also your right. You were born on Earth because you have the right genetics needed for this transformation.

It is the God code within your DNA.

There is an incoming wave, and you need to hold your light now-for it is needed in these times of great change. In the final stage of the upliftment with the influx of new energies that will consume and go beyond what has been made previously in this realm.

It has been a long journey, and it is time to shine your inner light!

All along the way, many of you sensed the upcoming completion. And now this time is coming closer.

Our purpose is to help each of you find your own inner light so we can rejoice together in the grand discovery of life on the New Earth.

We love you dearly.
We are here with you.
We are your family of light.

A'HO
Aurora Ray
Ambassador of the Galactic Federation

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2023-03-13 Economic Update: Social Security, Ohio Derailment, Puerto Rican Poverty - US Capitalism Provokes

In this week's show, Prof. Wolff focuses on the struggle over Social Security- real versus false alternatives- and the East Palestine, Ohio, derailment tragedy. In the second half of the show, Wolff interviews **Alexis Colón** about the colonial status of Puerto Rico and Puerto Ricans fighting against it.

Timestamps:

00:00 - 01:01 - Intro

01:02 - 10:06 - Social Security

10:07 - 14:33 - Ohio Train Derailment

14:34 - 15:45 - Announcements

14:46 - 29:50 - Interview with Alexis Colón

Transcript has been edited for clarity

Welcome friends to another edition of Economic Update, a weekly program devoted to the economic dimensions of our lives and those of our children. I'm your host Richard Wolff. Today we're going to have two segments, one on the Social Security system and the mess that it's in and the second one on that train derailment in East Palestine, Ohio, which demands much more analysis than it's gotten. Then we'll turn to the way the United States deals with its colony in Puerto Rico. We have a graduate of the University of Puerto Rico here to discuss with us what all that means.

So let's get to it. The Social Security system is like a window on to US capitalism and it's a window we should look through because it'll teach us a lot about how this system works. You may have noticed that President Biden in his State of the Union message accused Republicans of wanting to cut Social Security benefits which traditionally the Republican party has tried to do. He is saying that he will defend it and that's what the Democrats usually say and we're going to see whether any of that is true but the fight has been going on for a long time. Many young people in America rightly worry or suspect that that program won't be there when they get old enough to be qualified for it. You know—the whole idea of Social Security which was won by the American working class during the Great Depression, yeah at a time, when the government had a lot less money going for it than it has now, we were able as a nation to say we could and we would honor the people who have given a lifetime of work at the job using their brains and muscles to produce what the country needed at home, raising families and maintaining households. Yeah, we thought if you've done that for 30 or 40 years, the minimum respect owed to you is to not make you either destitute as an elderly retired person or a burden on your children's families. So we created Social Security but the people who pay for it— which I'm going to explain in a moment—have a problem.

The system was set up in a particular way. It's called pay-as-you-go and here's what it means—a tax is applied to businesses and individuals to raise the money and then that money is used to pay out the claims—mostly of elderly retired working people after a lifetime of work, collecting their monthly social security check. They set it up that way knowing full well that the situation might arise where the amount of money being put into the system—the tax on working people and their employers—might not be enough to pay all the claims of the people who have a right to claim it and then some adjustments would have to be made.

The problem is basically, as happened so often in our society, that corporations, employers in particular, don't want to pay and rich people, in particular, don't want to pay because they're corporations—they don't have a retirement age and because they're rich—they don't need government support and so they don't want to pay for anybody else to have them. You know that mentality...we encounter it a lot. It depends on being ignorant. Ignorant of the fact that all taxes go into the government to produce services that some of us use more than others. We have a fire department for the whole community. We don't charge people according to the number of trips the fire department makes to their neighborhood or the...fill in the blank. We maintain the air for everybody even though some of us deep breathe more deeply than others. We maintain the beaches even though some of us go there more often than others. You get the picture. We give huge amounts of money to defense industries even though we don't all use the aircraft carrier in quite the same way, do we?

Social Security is just the same. All kinds of people make all kinds of different claims. Let me just make it clear to everybody if you die early you will have spent a lifetime putting money into the system but because you die say at age 65, you'll never get a penny back. You'll be dead. Somebody else who lives to 100 will collect for all those years. Do we want to somehow try to discriminate between them? It's ugly. We don't do it. How is Social Security in trouble?...only if you are a liar. Here's the explanation—it is a fee. Social Security tax—6.2 percent—is taken out of your wages and an equal 6.2 percent is paid by the employer together it's 12.4 percent. That's what goes into the Social Security system and what comes out is what you're entitled to when you retire. So, to say that the system is somehow in trouble is to say that there's not enough coming in to cover everything that's going out, and depending on how you account for it and project—

that's supposed to happen sometime around between 2028 and 2035 depending on the numbers. So, people are getting excited already.

Here's the fear of corporations and the rich—that they will be taxed more than they already are to cover the extra payments that may be needed by our older people. Our population is getting older so there's no surprise there. They don't want to...so they tell us—GOP and Democrats alike...most of the Democrats... the centrist ones in particular—that there's a crisis. We either have to raise the taxes or we have to cut the benefits. In other words, we're going to hurt the mass of people one way or another. They like to pose issues that way because that avoids facing what the alternatives are and there really are alternatives. Let me explain. The only money going into Social Security is money out of wages and salaries—6.2% of that. If you earned income by interest you don't pay anything into Social Security on that. If you earn income by dividends on shares of stock, no 6.2 % is taken out for that, if you earn capital gains by buying shares at one price and selling them at a higher, no 6.2% is taken out of that. If we did take 6.2% out of the rich people's income because it's rich people who get interest dividends and capital gains the Social Security System would be overflowing with extra money.

Here's an even grosser number. The limit on applying the 6.2% is \$147,000 a year. Everybody up to \$147,000 a year pays 6.2 % of their wages into Social Security but a millionaire who gets a million dollars a year—he only pays up to the \$147,000. All the rest of it—no charge from Social Security. That's a gift to rich people—that's all it ever was and that's what it is now. Social Security is a flat rate of 6.2% on wages—6.2 percent—no effort to charge people taxes according to their ability to pay. The way we handle income tax...that's why the income tax has come down as part of our government's revenue and Social Security has come up, because one of them is a progressive tax system—income tax and one of them is the opposite—a regressive tax system...that's Social Security. That tells you who runs this society...who organizes and controls the tax system...it's for the few—like everything else—and not for the many.

There is no crisis of the Social Security system. It's an easy solution. If you tax those most able to pay—which is already the principle of our income tax—and if it were added to the Social Security tax—all of us would have a secure retirement instead of terrifying the American people by the thought that they will be deprived of it. Shame on the Republicans and the Democrats who lie by telling us, "You either have to tax everybody more or you have to take away the benefits." Not true now, never was...

I turn now to the horrible accident—derailment as they call it—of the railway Norfolk Southern in East Palestine, Ohio. I don't want to add to the details the 45,000 animals that have died from the toxic fumes, the illnesses the people there have suffered—and will continue—as the consequences flow. The horrible failure of that railroad to be safe in what it does and the failure of the government regulators to catch and prevent what the private railroads were doing...the failures are everywhere but there is a crucial lesson. Let me do it this way and I don't mean to be flip, but I want to drive the point home. Railroads, airlines, all kinds of companies like that that provide services, like to have slogans that go something like this, "Safety is our number one priority." Very nice phrase, except it's never true. Let me say that again so that there's no misunderstanding. It's never true and you know why I know that because the leaders of all those companies say so. They will say to investors...I've been at those meetings...and they will say to potential buyers of their shares, "We're a profit-driven company. We maximize profits. We control our costs to maximize profits." I have no reason to disbelieve them. That's what business schools teach the executives as young people before they run things like Norfolk Southern Railway through East Palestine. You know something? You can have two number one priorities. If it's profits—that's one thing, if it's safety—it's another. What the derailments on our rail system—which happen every day—the numbers coming out now about derailments are stunning—how often they occur...you know what they are? Proof that when you're choosing between what's most profitable and what's safest...what's most profitable wins the day. That's not because people are mean, nasty, or bad—that's the way the system works. You get rewarded if you maximize your profit. No official at the railroad got a reward because he or she was the safest one around—if even it could be measured. No. Our problem is a system that puts profit first...that says profit is what you get rewarded for and if you don't make profits that's what you get punished for... Of course, regulations then become just another obstacle for the executives to get around...just like a supply chain disruption...just like agitated workers...just like another tax. It's something to evade, to avoid, to minimize, to get around and all the studies showing what the folks at Norfolk Southern did show you what length they went to to abort the safety regulations...to get around them, to suspend them. It never stops but it's important to understand that's because of a system that in fact puts profits first.

The only way to solve these problems is not another regulation for the executives to get around—it's to change the system. Railroads could and should be run by a combination of the workers who work there and the citizens affected by the railroad as its customers and as the people living where the tracks run. If they together managed, they'd make sure safety was taken care of because safety would in fact be their number one priority and not profits, which is what capitalism arranges as the system focus. That's the problem—no one should mistake it for being anything else when considering what happened in East Palestine...the tragedy of that place.

We've come to the end of the first half of today's program, please stay with us. We'll be right back with an important interview with Alexis Colón.

Before we move on, I want to remind everyone that Economic Update is produced by Democracy at Work, a small donor-funded, non-profit media organization celebrating 10 years of producing critical system analysis and visions of a more equitable and democratic world through a variety of media—like the long-form lecture series I host called Global Capitalism — designed to help others understand current economic events and trends so they can explain the impact and effects capitalism creates across the globe to others. Global capitalism is available on our website democracyatwork.info there you can also learn more about everything we produce, sign up for our mailing list, follow us on social media, and support the work we do. Please stay with us. We will be right back.

Welcome back friends to the second half of today's Economic Update. You know, it has often been said, and with good reason, that countries that maintain colonies can often be judged by how they behave in relationship to those they have colonized. That may be a hint as to why colonies are now relatively rare when once they were so widespread and so common. It's in the spirit of understanding colonialism—whether it's officially named that or not—that we have asked Alexis Colón to join us today.

Alexis graduated from the University of Puerto Rico with a bachelor's degree in Natural Science and he also studied economics at the graduate school of the University of Puerto Rico at Río Piedras. His areas of Interest are political economy and geopolitics. Recently he's been researching the origins of the huge debt crisis that plagues Puerto Rico.

RDW: So first of all welcome Alexis. Thank you very much for joining us.

AC: Thank you for having me.

RDW: Okay, let's jump right in here...Is it your view—having lived, grown up, and devoted yourself to understanding the political economy of Puerto Rico—is Puerto Rico a colony of the United States?...and if you think so, what is the evidence you use to get you to that conclusion?

AC: Yes, I believe Puerto Rico is a colony of the United States. To begin with, the US Congress has what has been termed by politicians, historians, and lawyers as [extraordinary] powers over Puerto Rico—meaning that Congress has complete control over Puerto Rico. Puerto Ricans cannot vote in federal elections and economic conditions are considerably worse in the colony than they are in the metropolis. The poverty rate, for example, in Puerto Rico is 44% which is twice as high as Mississippi in the poorest US state. The Gini Coefficient measuring economic inequality is 0.55—which is higher than any U.S state. That is to say, the colony is both poorer and more unequal than any US state.

To further examine whether Puerto Rico is a colony of the US Empire, we first begin by defining imperialism, which according to Michael Parenti is called, "the process whereby the dominant political-economic interests of one nation expropriate for their own enrichment the land, labor, raw materials and markets of another people." This is exactly the process that has been unfolding in Puerto Rico since the US invasion of 1898. As Nelson Denis wrote in his book, *War Against All Puerto Ricans*, Puerto Rico passed into the hands of the US in 1898, as "the spoils of victory in the Spanish-American War." He further states that, "the following year, the United States outlawed all Puerto Rican currency and declared the island's peso with a global value equal to the US dollar to be worth only 60 American cents. Every Puerto Rican lost 40 percent of their savings overnight." So the combined effects of a divided currency, a colonial land tax, and hurricanes destroying crops, was that the incipient bourgeoisie was rendered unable to meet its obligations, and the US banks foreclosed on them.

The banks then proceeded to turn the diversified Puerto Rican agriculture into one yard and sugarcane plantation which was more profitable to them at the time. Thus, Puerto Rico lost its ability to feed itself, to in turn feed the pockets of absentee landlords as Denis recounts, "by 1934 every sugar cane farm in Puerto Rico belonged to 141 syndicates—80 percent of which were US owned. So, the people of Puerto Rico have had their land, labor, raw materials, and markets expropriated by the US capitalist class. The Puerto Rican Independence movement has endured a brutal history of repression for independence activists have been systematically persecuted, arrested, tortured, and murdered. These repressive measures have delivered a huge blow to the Puerto Rican Independence movement, which is in turn, the reason why Puerto Rico is ruled today by two major pro-US parties. So, we don't have an independent movement—we are owned by

intermittent governments. Excuse me, we are owned by Congress and we don't have voting representation in Congress. Our president is the US president and yet we cannot vote in presidential elections. So, to me, all of this is evidence that we are indeed a colony of the United States of America.

RDW: Yeah, it sure would sound like it in terms of the history of colonialism in general. It also means that over the 120 years, roughly, that Puerto Rico has been a property of the United States, that the results—if you're going to measure the experience—is pretty pathetic. If you are twice the poverty rate... if you are twice the inequality, or worse even, compared to the poorest US state, it's clear that having been a colony has denied— or 120 years—has denied to Puerto Rico the kinds of economic development that were distributed across the mainland, if you like, of the United States.

Let me pursue it by asking you...I've wondered and I think many have...why is the word commonwealth used?...in other words it's called the Commonwealth of Puerto Rico. The origins of the term commonwealth are exactly what the words mean—a situation in which the wealth of a community is owned or held in common. What you've just described is pretty much the opposite of that, so what does the word actually mean?

AC: Well, for Puerto Rico, they were a commonwealth in this case...really just a euphemism for colony. It is akin to the US Department of War re-branding itself as the Department of Defense basically.

RDW: Good answer. All right, next question...one of the things Puerto Ricans have been able to do—as part of their ownership by the mainland—has been to migrate. Give us, if you can, a sense of what migration by people from Puerto Rico...what it looks like and what it means given its enormous size and importance.

AC: Well the imposition of the US citizenship in Puerto Rico in the early 20th century has served as a sort of escape valve during times of economic hardship in the archipelago. There had been several migration waves from Puerto Rico to the United States to the point that now around twice as many Puerto Ricans live in the US mainland than they do in the archipelago. There was a great exodus of Puerto Ricans—of about half a million of us—into the United States from the 1950s to the 1960s. More recently there has been another great exodus during this last decade, which saw a record 133,000 Puerto Ricans moved to the mainland in 2018 alone. A particular feature of this latest migration wave is what has been termed a brain drain, which references the fact that there are many young professionals leaving. In fact, the probability of someone migrating from Puerto Rico who has a graduate degree is twice as high as someone residing on the island. Essentially, we are spending resources educating young professionals to go work in the US labor market and this portends catastrophic consequences for the economy in Puerto Rico.

Chief among those consequences is a reduction in the tax base. As the population continues to decline, so does the tax base and therefore the state's coffers, further hampering the ability of the government to pay the debt. You now have a shrinking workforce supporting an increasing number of retirees which is unsustainable. Puerto Rico is faced with an aging population that increasingly cannot be provided for. La Junta has already put pension cuts on the table as part of their austerity measures so, therefore, I believe that the impact of migration has been mostly negative for the island. Furthermore, I would add that there were migrations doesn't do it justice. The reality is that Puerto Ricans are being violently displaced by austerity measures...by privatization...by crippling poverty and by creeping inequality. It is the crushing economic conditions that are behind the great exodus of Puerto Ricans into the United States.

RDW: Yeah, you know, it's common in my own studies that this word migration has been kind of hijacked into suggesting that it is some kind of casual choice of people who want even better other than they already have. Most of the time migration is a terribly difficult thing for human beings to do...ripped away from their communities of origin...their families, their localities, their language, their cuisine, their churches... all the parts of life...to go to a place where they cannot speak the language—where they have to learn everything from scratch... where they are often confronting hostile relationships with the police and with their neighbors. People do not do that usually—unless they are desperate. So, the real question is to ask what are the conditions that provoke an emigration? Before you attach some kind of notion of casual choice to this matter and—especially if you have any morality at all—if you face the privation that drives migration then you'd have a different attitude. You couldn't possibly treat immigrants the way, for example, the United States is now famous for at its southern border.

Okay, I don't want to leave people with all of just the negatives. I know enough to know that in Puerto Rico there are people who understand what you have explained to us...who see the situation. What are the movements for change in Puerto Rico? Are there movements for independence? Are there movements for a different economic system? Tell us a little bit about how Puerto Ricans are reacting to the very story you've told.

AC: Well, I believe that in Puerto Rico the labor movement has suffered a bit of a setback with the privatization of the power company—because they are one of the strongest unions in the country which is still active but less powerful now with the privatization drive. I think that undoubtedly the Independence Party has the most worker-oriented platform.

However it's not a Socialist Party. It remains to be seen whether that party can rise to the occasion as a sort of vanguard party that will galvanize this working-class discontent brewing in Puerto Rico. Despite the absence of that organizational structure that working-class discontent is powerfully manifesting in protests and movements across the island. For instance, in the summer of 2019, as many as 1 million Puerto Ricans hit the streets to demand the resignation of former Governor Ricardo Rosselló. That was after a leaked telegram chat with members of his cabinet on top aides exposed them using misogynous and homophobic slurs. There are also...there also have been huge marches on May Day with workers repudiating the Junta and the banks. There are ongoing rehabilitation projects of abandoned buildings by the Colectiva Feminista which is a feminist and anti-capitalist organization that is fighting against displacement in Puerto Rico. You also have the Se Acabaron Las Promesas, another anti-capitalist group that has been protesting against the Junta. You also have conservationist groups that are actively organizing protests to defend natural resources and protect land across the country. Recently, in one of those protests, a private security guard opened fire against a crowd of protesters and shot one on the leg. I believe that those bullets fired into the crowd of protesters are a physical and violent manifestation of the class warfare being waged against all Puerto Ricans. But these violent acts are helping the people gain awareness of that class warfare. There is now a working-class consciousness in embryo that I believe will give birth to a free and independent Puerto Rico.

RDW: All right. Alexis, it's very good that you end up our interview. I wish we had more time, but you have described both the conditions and the human reactions to those conditions. It's clear that anti-colonialism is as alive as the colonialism that provokes it. I want to thank you and I want to say to all of my audience, as always, I look forward to speaking with you all again next week.

Transcript by Barbara Bartlett