2024-01-11 A NIGHT AT THE ROUNDTABLE

DOCUMENT OVERVIEW

I INFORMATION REGARDING ACCESS TO

A THE THREE WEEKLY Internet / BBS Radio CALLS **B ARCHIVES** - provided by BBS and by Rainbow Roundtable C OTHER CALLS SUPPORTED by https://www.rainbowroundtable.net

D LINK TO PODCAST

OPENING MEDITATION; ENERGY UPDATE II

III **HARD NEWS** ΙV **GUEST HOUR**

Ι **INFORMATION REGARDING ACCESS TO**

I - A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM https://bbsradio.com/

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday 605-313-5166

Pin Code: 353 863#

BBS RADIO STATION 1 BBSRADIO STATION 2

INFORMATION RE: OPTIONS FOR LISTENERS are listed below

A Night at the Roundtable Friday Night Hard News

Saturday History Call

LISTEN ON LINE

CLICK ON AUDIO ICON

CLICK ON AUDIO ICON

LISTEN BY PHONE

1-641-793-8120 [N0 code needed]

1-804-220-6484 [No code needed]

CALL IN TO INTERACT

Only during

1-888-429-5471 Direct: 323-744-4841

live calls

888-627-6008 Direct: 323-744-**4831**

ACCESS CUSTOMER SERVICE Toll Free: 1-888-710-8061

Direct Line: 1-323-744-4828

OTHER BBS SERVICES

FREE

PHONE APPS • Free BBS Radio Android phone app

• Free BBS Radio iPhone and iPad app

I - B ARCHIVES - provided by BBS and by Rainbow Roundtable

ARCHIVES: BBS

- Go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading

TALK SHOW PROGRAM ARCHIVES FOR PODCASTING

• Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to https://www.rainbowroundtable.net/
- WRITTEN Go to "Archives" tab for written notes: NOTES on RHS
 - AUDIO Go to "Archives" tab for audio links on LHS: includes BBS podcast + Conference Call Links

I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST WEEKDAY / TIME ACCESS POINT TELEPHONE NUMBER

Aboriginal Moabite Nation Call Wednesday Telephone Only 1- 605 - 472 - 5406

6:00 – 7:30 MST PIN 402-493#

Grand Goddess Lillie

Abundance Call Every 2nd Wednesday Telephone

Caroline Oceana Ryan 5:45 PM PT/ 8:45 PM ET ZOOM

To be notified: email https://www.ascensiontimes.com/the-abundance-group
Scroll down to the sign-up sheet and enter the requested info.

Ascension Call Every Sunday, Monday Telephone Only 1-425-436-6260

PIN 9467 441#

Cheryl Croci 9 – 10:30 EST Call Cheryl for # in your area

Ashtar Legacy Calls*** Every 2nd, 4th Tuesday

5th Tuesday – no call **Telephone** 1-717-908-1834

Fran Pearre PIN 980 339#

9:00 - 10:00 pm EST Call is free; LD charges are not

VOIP/ H D 1-717-908-1834

PIN #980 339#

https://www.freeconferencecallhd.com/hd-conferencing/

via Skype Click on VOIP button and enter

info as requested

*** To access past ALC calls, go to Ashtar Legacy Teleconferences (ashtarontheroad.com)

Call In Numbers: 888 627 6008 323 744 4831

LINK TO BBS PODCAST:

https://bbsradio.com/podcast/night-roundtable-january-11-2024

OPENING: COR

MEDITATION: OMENA

HOST: COR

TONIGHT'S PANEL:

Caroline Oceana Ryan [COR] Micah Green [MG]

Omena [O] Rama, Tara [R,T]

THE LAW OF ONE

We are all One
When One is helped, all are helped.

Therefore in the name of the I AM – and I AM One with All there is I ask only that the Highest Good of all concerned – Happen.
And I give thanks that this is done!
So Be It!

COR: introduces the show, Omena who leads the meditation, and introduces the guest Sarah Ellingsworth

PLEASE LISTEN TO THE PODCAST FOR THE ENTIRE DISCUSSION AND QUESTIONS COMPLETED THE INTERVIEW AT 56:00 MINUTES

ENERGY UPDATES FROM EVERYONE

COR: talks of the strength of the energies

O: some days feels like she's floating; other times that she's dragging the world behind her some days, has the energy; others, has to nap!

Why are the energy so intense? why are they seming now

Why are the energy so intense? why are they coming now? She understands the idea of Divine Chaos – when will Divine Order appear? ? ?

MG: very short review

- **R, T:** to COR, O and others: what is coming in from the Sun, the Great Central Sun, the Grand Central Sun, the Hunab Ku energies coming in are uploading our sun's energy, and raising us up too to be able to accept the rise to 5D . . . we are in a precarious time, as well as a very exciting time . . .
 - there will be NO NUKES! He calls it cartoon physics, where reality makes no sense!!!
 - We need to do the sadna, the spiritual work to be grounded and able to take the energies
 - he goes through his grieving process and releases the pain and anguish of what is happening shares this with the deer and the crows!
 - there is a need for the shadow work that people like Sarah are doing
- **T:** talks of the hierarchy here: Lady Nada is the bridge between earth and the falactci realm she is the special Lawyer at the International Court of Justice, and is on Dracos, at the galactic court!!
 - Accountability has to happen first before NESARA law can be enacted.
- Speaks of MariettaRobert who has been diagnosed that she has cancer in all her bones!!! Asks for support of MariettaRobert
- Penny has had a headache for 2 days and nights straight: never had this before

R: has had a similar experience off and on: takes a nap – it's the ascension energies WE HAVE DONE THIS BEFORE WHICH IS WHY WE ARE HERE!!!

• This is the greatest shift in this sector of the galaxy – EVER!!! And we will make it and not get into anger, judgment, and maintain our thoughts so we can send love to the other life forms! We have people who are as crazy as Lex Luther, or think they can run a planet when they can't run their own lives!!!

Audio: Lady Master Nada is the special lawyer from the World Court – the ICJ – she heard this pronouncement – it's an important moment

2024-01-11 "Nowhere Is Safe in Gaza": South Africa Lays Out Genocide Case vs. Israel at World Court in The Hague

https://www.democracynow.org/2024/1/11/south_africa_genocide_case_israel_gaza



SEE THE TRANSCRIPT AT THE END OF THE NOTES . . .

T: request for financial assistance – there was a bit of a financial break as Don completely missed the call!

And he is gifting the coming Saturday as well by way of apology . . .

R: reads the White Knight News

Questions from COR et al:

January 4, 2024 - January 11, 2024

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

For more info on the folks Rama talks to - who keep ALL OF US in the loop as well! - go to

https://www.rainbowroundtable.net/rama-s-contacts

2024-01-05

Friday Blue dia

Blue diamond-shaped beings; Darby O'Dell

Rama: I went up the mountain this morning by the Hyde Park turnoff at 10:35 am, mid morning. There I saw two 10 foot tall, **blue diamond-shaped beings.** People were on the roadside, taking pictures of these beings, who were moving from the forest towards the road. As they got closer, the people jumped back into their cars and took off up the road towards the mountain top.

I stayed and just sat in my driver's seat, pulled out my crystals, and started spinning them towards the beings. These being created the symbol of the OHM in the air! The sense I got from them was that they were saying to me, "Lord Rama, it's time to focus on the sacred sounds that can heal Mother Gaia."

Then I received a text message from **Darby O'Dell**; he said to me, "Lord Rama, I am here in Glastonbury, England. I am meeting with a group of wizards who are connected with the Council of Nine on Sirius B. The wizards are telling me that the Council of Nine is telling them it is time for our arrival on earth! Magic is afoot! Goddess is alive! See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

2024-01-08 Monday - 7 deer and 6 crows; Tom the Ring-tailed Cat, Sweet Angelique the Cat

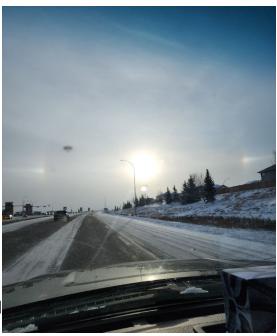
Rama: I went to a treed area a bit north of Santa Fe and sat with **7 deer and 6 crows**, at 11 am this morning. They intuitively said to me, "Lord Rama, keep focussing on the Light coming in. It is transforming us and everyone."

Then I received a text message from **Tom the Ring-tailed Cat and Sweet Angelique the Cat;** they said to me, "Lord Rama, stay in the Oneness of the Light coming in as strong as the Light of 10 trillion suns!!!

"We continue to be in the most critical juncture ever, as you also can see the Dark Side continues to go down fast! More and more stories are coming out about the exceedingly long list of people who have visited Jeffrey Epstein's island of St Thomas in the Caribbean. The real mission is to work with this Light pouring in. May Peace prevail on earth. Sat Nam! Namaste! Blaze the Violet Fire!"

From a friend of Penny's. **Sun dogs: January 10, 2024,** going south on the Manning
Freeway, Edmonton, AB

[https://en.wikipedia.org/wiki/Sun_dog]



2024-01-09 Tuesday 15 deer and 7 crows; Lady Natasha

Rama: I sat with 15 deer and 7 crows at the 10 Thousand Waves Health Spa at 1050 am, mid morning. They intuitively said to me, "Lord Rama, the Light coming in from the sun is lifting us all to ascension point."

Then I received a text message from **Lady Natasha**; she said to me, "Lord Rama, the matrix is over: THE LIGHT HAS WON! There are angel masters here in our midst; they are calibrating the light coming in from the sun. The Light coming in at 100^{th} dimension. This is why everything has sped up! We are on a collision course with The Age of Aquarius! On January 20^{th} , Pluto goes into Aquarius and things are really going to shift into the Age of Enlightenment! Even though things look as rough as they are, WE HAVE WON!!! All the other stories are endless loops of the matrix.

Is it no wonder we have amnesia? Graham Hancock speaks of our civilization having amnesia.

Meanwhile the Light of 10 Trillion Suns keeps pouring in! See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

2024-01-10 Wednesday Tom the Ring-tailed Cat, Sweet Angelique the Cat

Rama: I received a text message from Tom the Ring-tailed Cat and Sweet Angelique the Cat at 10:45 am, mid morning. They said to me, "Lord Rama, we are at Stonehenge once again for sunrise.

"The energies pouring in are tremendous! The Light that is coming in is the pristine Light coming from Super Galactic Center. This Light is transforming our bodies. It is transforming

the animals, the plants, the air, the soil, the water – everything! Even though we say we are in 5D, things still look and feel like Mordor!

From Tom the Ring tailed Cat, Sweet Angelique

January 10th Stonehenge at Sunrise

the Cat, via Lord Rama



"We know you gotta kiss from one of the deer today, and we know how you feel about what is going on in Gaza. What can we say about this is: THE LIGHT HAS ALREADY WON!!!

Just had to check this out: found out that deer DO kiss humans – and vice versa!!!!



 $\frac{\text{http://tripadvisor.com/locationphotodirectlink-g46978-d1119012-i18352818-dancing_wolf_resort-chama_new_mexico.html}{}$

See also: http://fineartamerica.com/featured/deer-kiss-marshall-bannister.html

"The fall-out of the matrix continues and know, as well, that things will change in the twinkling of an eye! Focus on the Violet Flame! As ever you are feeling down, bring up Violet Flame light into your heart. As Patti Cota Robles says: the need of the hour is at hand! The Company of Heaven is here! Call us in! Sat Nam! Namaste! Blaze the Violet Fire!"

2024-01-11 Thursday 3 deer, 6 crows; Lady Nada.

Rama: I sat with 3 deer and 6 crows this morning on the way to Chama at 11:50 am, late this morning. It was very cold 36*. The deer and the crows intuitively said to me: "Lord Rama, continue to focus on the light pouring in. The whole world is saying 'give peace a chance'!"

Then I received a text message from **Lady Nada**. She said to me, "Lord Rama, I am at The Hague. I sent you a short video clip of one of the judges speaking at the World Court. She called out Israel for genocide and crimes against humanity."

Lady Nada continued: "We are in a new age beginning, with Pluto going into Aquarius on Saturday, the 20th of January at 7:50 pm eastern time. All of the old stuff has to come up and be healed in the twinkling of an eye. Admiral Sananda Kumara and Captain Ashtar are here! As we went through this new moon in Capricorn, at 6:67 am Eastern time this morning, let us continue to send love and compassion to all the troubled spots on the planet. And Blaze the Violet Fire!

"See you in the Light of the Most Radiant one! Sat Nam! Namaste! Blaze the Violet Fire!"

GUEST NAME SARAH ELLINGWORTH

Guest Website https://spiritualacceleration.com/

Guest Category

Entertainment

Alternative Health
Energy Healing
Paranormal
Philosophy
Self Help
Spiritual

Access Consciousness
Psychic & Intuitive

Guest Occupation Energy Healer, Psychic



Sarah is a profound and naturally gifted Energy Healer and Psychic. She passionately embodies and shares her own healing journey, offering support and guidance, holding the light for others on the path of selfhealing.

Sarah has extensively studied esoteric teachings through numerous international mystery schools over the last 17 years.

The last three years, Sarah dedicated her studies with Spiritual Acceleration and mentoring with Bonnie Serratore. This has had an exponential impact on her scope and capacity as a powerful and innovative energy healer.

Through her refined skills of high-frequency channeling and divine connection, she will track and clear frequencies and foreign interference which are keeping you stuck, limited or playing small.

With an innate ability to compassionately cut to the core of the issue, Sarah will help you clear the misconceptions, embrace the learning, and provide divine guidance as you navigate your way forward on your path to self-mastery and reclaiming your divine sovereignty.

As the Lead Accelerator with Spiritual Acceleration, Sarah is teaching Intuitive You & the Foundations courses in 2024. Intuitive You is a 6-week psychic development course which Sarah has redeveloped to include deep clearings in every class to breakthrough blocks and limitations to owning ones psychic and intuitive gifts.

The 10-month Foundations program is being offered in Australia for the first time ever with Sarah leading the way.

This transformative course will revolutionize the way you show up in a healing capacity with the depth and expansion it offers for personal healing and the tools and techniques Bonnie has created to achieve real breakthroughs on the quest for true liberation.

Sarah lives on the Mornington Peninsula of Melbourne, Australia.

How to Connect with Sarah

Book a session Sarah Ellingworth - Spiritual Acceleration Team Member

Intuitive You Course <u>Intuitive You - Spiritual Acceleration</u>

Intuitive You free gift https://program.spiritualacceleration.com/intuitive-you-quiz-and-free-gift

Foundations Course 2024 Foundations Training Program - Spiritual Acceleration



Follow Sarah on Instagram Sarah Ellingworth (@meraki_holistic_healing) • Instagram photos and videos

Follow Sarah on Facebook (2) Facebook

Sarah's Website Energy Healing Melbourne | Meraki Holistic Healing by Sarah

Spiritual Acceleration's website Get Liberated - Spiritual Acceleration

CLOSING MUSIC

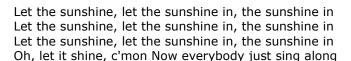
Age of Aquarius - The 5th Dimension (lyrics) HD

https://www.youtube.com/watch?v=ajgeaOt_HTQ

When the moon is in the Seventh House And Jupiter aligns with Mars Then peace will guide the planets And love will steer the stars This is the dawning of the age of Aquarius Age of Aquarius Aquarius Aquarius

Harmony and understanding Sympathy and trust abounding No more falsehoods or derisions Golden living dreams of visions Mystic crystal revelation And the mind's true liberation Aquarius Aquarius

When the moon is in the Seventh House And Jupiter aligns with Mars Then peace will guide the planets And love will steer the stars This is the dawning of the age of Aquarius Age of Aquarius Aquarius Aquarius Aquarius Aquarius



Let the sun shine in

Open up your heart and let it shine on in
When you are lonely, let it shine on
Got to open up your heart and let it shine on in

And when you feel like you've been mistreated And your friends turn away Just open your heart, and shine it on in

Written by Daniel Gibson, Robert Westerholt, Sharon J. Den Adel

• Copyright © Sony/ATV Music Publishing LLC, Universal Music Publishing Group, Imagem Music Inc



INFORMATION RELATED TO THE NOTES

2024-01-11 "Nowhere Is Safe in Gaza": South Africa Lays Out Genocide Case vs. Israel at World Court in The Hague

https://www.democracynow.org/2024/1/11/south_africa_genocide_case_israel_gaza

Topics

- South Africa
- International Court of Justice
- Israel
- Israel & Palestine
- Palestine
- Gaza

This is viewer supported news. Please do your part today. Donate

South Africa began to make its case Thursday at the International



Court of Justice that Israel is committing genocide against Palestinians in Gaza. In their opening statements, South Africa's lawyers argued that the sheer scale of Israel's violence, which has so far killed more than 23,000 people since October 7, is part of a political and military strategy aimed at the destruction of Palestinian life, using statements from top Israeli leaders to show genocidal intent. Israel and the United States have both vehemently rejected the charges. South Africa is seeking a provisional measure from the top U.N. court to stop Israel's military campaign, though a final ruling could take years. We feature highlights from the first day of proceedings at The Hague.

Transcript

This is a rush transcript. Copy may not be in its final form.

NERMEEN SHAIKH: South Africa has accused Israel of acts of genocide against Palestinians in opening remarks today at a historic hearing at the International Court of Justice in The Hague. At the hearing, South Africa demanded an emergency suspension of Israel's aerial and ground assault on Gaza, which it said was intended at bringing about, quote, "the destruction of the population of the territory." In a detailed 84-page document launching the case late last year, South Africa alleged that Israel has demonstrated that intent. The International Court of Justice is hearing South Africa's arguments today, and we'll hear Israel's response to the allegations on Friday. South Africa's Justice Minister Ronald Lamola addressed the court at the opening of the hearing.

RONALD LAMOLA: Madam President and distinguished members of the court, it is an honor for me to stand here in front of you on behalf of the Republic of South Africa on this exceptional case. "In extending our hands across the miles to the people of Palestine, we do so in the full knowledge that we are part of a humanity that is at one." These were the words of our founding president, Nelson Mandela. This is the spirit in which South Africa acceded to the Convention on the Prevention and Punishment of Crime of Genocide in 1998. This is the spirit in which we approach this court as a contracting party to the convention. This is a commitment we owe to the people of Palestine and Israelis alike.

As previously mentioned, the violence and the destruction in Palestine and Israel did not begin on the 7th of October, 2023. The Palestinians have experienced systematic oppression and violence for the last 76 years.

NERMEEN SHAIKH: That was South Africa's Justice Minister Ronald Lamola addressing the court at the opening of the hearing. South Africa lawyer Adila Hassim was next. She began by citing Israel's bombing campaign in Gaza in her opening argument.

ADILA HASSIM: For the past 96 days, Israel has subjected Gaza to what has been described as one of the heaviest conventional bombing campaigns in the history of modern warfare. Palestinians in Gaza are being killed by Israeli weaponry and bombs from air, land and sea. They are also at immediate risk of death by starvation, dehydration and disease as a result of the ongoing siege by Israel, the destruction of Palestinian towns, the insufficient aid being allowed through to the Palestinian population, and the impossibility of distributing this limited aid while bombs fall. This conduct renders essentials to life unobtainable.

AMY GOODMAN: South African lawyer Adila Hassim continued by laying out what South Africa says was a series of genocidal acts, including mass killing, displacement, denial of humanitarian aid, and more. She began on the mass killing of Palestinians in Gaza.

ADILA HASSIM: The first genocidal act committed by Israel is the mass killing of Palestinians in Gaza, in violation of Article II (a) of the Genocide Convention. As the U.N. secretary-general explained five weeks ago, the level of Israel's killing is so extensive that nowhere is safe in Gaza. As I stand before you today, 23,210 Palestinians have been killed by Israeli forces during the sustained attacks over the last three months, at least 70% of whom are believed to be women and children. Some 7,000 Palestinians are still missing, presumed dead under the rubble.

Palestinians in Gaza are subjected to relentless bombing wherever they go. They are killed in their homes, in places where they seek shelter, in hospitals, in schools, in mosques, in churches, and as they try to find food and water for their families. They have been killed if they failed to evacuate, in the places to which they have fled, and even while they attempted to flee along Israeli-declared safe routes. The level of killing is so extensive that those whose bodies are found are buried in mass graves, often unidentified.

In the first three weeks alone following 7 October, Israel deployed 6,000 bombs per week. At least 200 times, it has deployed 2,000-pound bombs in southern areas of Palestine designated as safe. These bombs have also decimated the north, including refugee camps. Two-thousand-pound bombs are some of the biggest and most destructive bombs available. They are dropped by lethal fighter jets that are used to strike targets on the ground by one of the world's most resourced armies.

AMY GOODMAN: South African lawyer Adila Hassim concluded her remarks by outlining the need for an emergency suspension of Israel's assault on Gaza.

ADILA HASSIM: All of these acts, individually and collectively, form a calculated pattern of conduct by Israel indicating a genocidal intent. This intent is evident from Israel's conduct in specially targeting Palestinians living in Gaza; using weaponry that causes large-scale homicidal destruction, as well as targeting — targeted sniping of civilians; designating safe zones for Palestinians to seek refuge and then bombing these; depriving Palestinians in Gaza of basic needs — food, water, healthcare, fuel, sanitation and communications; destroying social infrastructure — homes, schools, mosques, churches, hospitals; and killing, seriously injuring and leaving large numbers of children orphaned.

Genocides are never declared in advance. But this court has the benefit of the past 13 weeks of evidence that shows incontrovertibly a pattern of conduct and related intention that justifies a plausible claim of genocidal acts.

In the Gambian Myanmar case, this court did not hesitate to impose provisional measures in relation to allegations that Myanmar was committing genocidal acts against the Rohingya within the Rakhine state. The facts before the court today are, sadly, even more stark and, like the Gambian Myanmar case, deserve and demand this court's intervention.

Every day there is mounting, irreparable loss of life, property, dignity and humanity for the Palestinian people. Our newsfeeds show graphic images of suffering that has become unbearable to watch. Nothing will stop the suffering except an order from this court. Without an indication of provisional measures, the atrocities will continue, with the Israeli Defense Force indicating that it intends pursuing this course of action for at least a year.

NERMEEN SHAIKH: South African lawyer Adila Hassim. She was followed by attorney Tembeka Ngcukaitobi, who outlined what South Africa said was clear evidence of genocidal intent by Israel.

TEMBEKA NGCUKAITOBI: The intentional failure of the government of Israel to condemn, prevent and punish such genocidal incitement constitutes, in itself, a grave violation of the Genocide Convention. We should recall, Madam President, that in Article I of the convention, Israel confirmed that genocide, whether committed in time of peace or in time of war, is a crime under international law, and it undertook to prevent and to punish it as such. This failure to prevent, condemn and punish such speech by the government has served to normalize genocidal rhetoric and extreme danger for Palestinians within Israeli society.

As MK Moshe Saada from the Likud party has said, the government's own attorneys shares his views that Palestinians in Gaza must be destroyed. I quote: "You go anywhere, and they tell you to destroy them. In the kibbutz, they tell you to destroy them. My friends at the state attorney's office, who fought with me on political issues in debates, said to me, 'It is clear that we need to destroy all Gazans." "Destroy all Gazans."

Israel is aware of its destruction of Palestinian life and infrastructure. Despite this knowledge, it has maintained — and indeed intensified — its military activity in Gaza.

AMY GOODMAN: Excerpts from South Africa's arguments at the historic hearing at the International Court of Justice in The Hague accusing Israel of acts of genocide. When we come back, we go to Johannesburg and Jerusalem for response.