

**"Never doubt that a small group of thoughtful, committed, *organized* citizens can change the world; indeed, it's the only thing that ever has."** Margaret Mead

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

### **DOCUMENT OVERVIEW**

- I ACCESS to THE THREE WEEKLY CALLS via the Internet**
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST**
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS**

### **I TO ACCESS THE THREE WEEKLY CALLS via the Internet**

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com); click on "64K Listen"

**\* Thursday: *A Night at the Round Table* Hosts: Panel Members**  
6 pm Pacific / 9 pm Eastern

**\* Friday: *Friday Night Hard News* Hosts: Tara & Rama**  
6 pm Pacific / 9 pm Eastern

**One Hour conference Call: 1-641-741-1704 - Access Code: 353 863#**

**\* Saturday: *History of our Galactic World & NESARA* Hosts: Tara & Rama**  
1:30 pm Pacific / 4:30 pm Eastern

**One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#**

**Call to interact / ask questions: Canada & US: STATION 2 1- 888-429-5471**  
**Direct 1- 323-744-4841**

**C Skype: BBSradio2**

### **D Archives for the 3 Programs listed above:**

- Go to *BBSRadio.com*; in first column, LHS, **FIND TALK SHOW**
- Enter **The True History**, press the GO button. You'll be taken directly to the True History call: click on "**Archives**" which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
  - To listen directly, click on the arrow on the black bar.
  - To download, go to **Episode MP3 link**. Then **right click** on the name 'theturehistory **including the date**' and the drop down menu appears. Click on '**save link as**'

**E Archives, both written and audio, also exist on the 2013 website:**  
<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for **written notes plus audio recordings** of the conference calls plus the entire podcast.

### **II ACCESS TO OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: *Cheryl Croci's Activation Calls***  
**6 pm Pacific/ 9 pm Eastern**

By telephone only: 1 – 605-475-4120; PIN 946 7441#

**B Tuesdays**

***Ashtar on the Road***

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday** each month

**6 pm Pacific/9 pm Eastern**

Host is Fran; various guests

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

**by Phone:** 1-228-339-7800 or 1-712-832-8330

• Call is free [except for long distance charges]

**via HD Conferencing:** <https://www.freeconferencecallhd.com/hd-conferencing/>  
**PIN # 980339** [always the same]

**via Skype**

**Click on the voip button** and enter what they ask for:

<https://www.freeconferencecallhd.com/hd-conferencing/>

**C Wednesdays:**

***The Friends of The Aboriginal Moabite Nation Call***

**7:00 – 9:00 EST**

By telephone only: 1-712-432-0900 PIN 666238#

Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

**D Every 2<sup>nd</sup> Wednesday *The Abundance Call***

**5:45 PM Pacific / 8:45 PM Eastern – a 1 hour call**

with The Collective, a group of Angelic and Galactic beings,  
channeled by Caroline Oceana Ryan

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message  
"YES to Abundance!"**

**III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION  
SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

**A. Opening Meditation: Cheryl Croci**

**B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week  
**Need \$300 for this week. Thanks for keeping us up-to-date!**

**All BBS archives can be accessed for free,** including the podcasts for  
the Thursday, Friday, Saturday calls, listed above.

• **2013 Rainbow Roundtable has archives, too.**

• Go to [BBSradio.com/Station2](http://BBSradio.com/Station2); find **Hard News** call listing & **Paypal**  
button

• BBS appreciates getting checks via the mail: no Paypal fees!

• The mailing address for those who do not like paying electronically:

**B B S RADIO** [Please put **"Attention Don"** on the envelope]

1500 Pleasant Hill RD

Lafayette, CA 94549

[Note inside that it's for T & R calls

[& the Thursday call, as well]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to  
what is really going on behind the artificial world we see around us.  
They don't ask for anything but they do require food, a home, gas

for the car, and access to BBS Radio in order to compile and distribute this information to the world.

- Donations via Paypal button on the **homepage of 2013 Rainbow Roundtable**

**FOOD MONEY, BASICS:** They need **\$ for food, basics, gas, bills \$400 +/-**

VIA PAYPAL OR GO TO [www.rainbowroundtable.net](http://www.rainbowroundtable.net) –  
**where there is a donate button !**

- **Please notify T & R if you're sending something:** [koran999@comcast.net](mailto:koran999@comcast.net)  
**EVERY \$5 HELPS ALL GRATEFULLY RECEIVED**

- Rama's mailing address for cheques, Money orders: Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567
- **Remember: you can book a session with Mother, as well!**
- To make donations to the **Fresh Produce Fund for Tara & Rama** -

**\*\* go to [www.rainbowroundtable.net](http://www.rainbowroundtable.net) and find the link to the donation button**

**[koran9999@hotmail.com](mailto:koran9999@hotmail.com) is the link to use with Paypal**

- Your donation supports an account set up for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, NM
- These funds are used exclusively to maintain this weekly account for a steady supply of fresh produce to Tara and Rama.  
They and the sponsors are very grateful for your assistance.

- Let Rama know by e-mail that you are sending any donations: [koran999@comcast.net](mailto:koran999@comcast.net)

**FREEMART:** <https://www.shopfreemart.com/tarram> a/c # 7000

- Freemart is a private shoppers club; it's **FREE TO JOIN.**
  - all the products have much to offer, so take a look!
  - check out the headings called **READ MORE** - it's definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there. **The returns also help 2013 Rainbow Roundtable**

### **C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

contact Rainbird with questions: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0> **(CHECK THIS OUT)**

**One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life\\_-\\_Production\\_and\\_Application\\_-\\_Prevention\\_and\\_Reversal\\_of\\_the\\_Corona\\_Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_-_Prevention_and_Reversal_of_the_Corona_Virus)

## **KF Wiki**

<https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

## **Keshe Foundation Store**

<https://store.keshefoundation.org/store/?alias=store>

## **Keshe Corona site**

[www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/](http://www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/)

**Keshe Letter to World Leaders about the studies using the plasma technology with covid patients**

[www.plasmatimes.com](http://www.plasmatimes.com)

**E: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-january-23-2021>

**F: THE NEW WEBSITE AND ADDRESS: [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET) –**

Still under construction, but already in use: take a peek . . . all of Caroline Oceana Ryan's updates are posted there too

## **HARD NEWS**

**Rama, Tara [R, T]**

**RAMA, TARA: Greetings, and thanks to all . . .**

**T:** about timelines – the old timeline and the new one existing together

**R:** the energies coming in are changing us, they are moving us up and up, more and more – affecting physical matter – our bodies

**R: spoke to the Poppy Lady and Sweet Angelique the Cat today**

(the Poppy Lady is a name used to identify her as being from Afghanistan; nor are poppies/drugs involved: this is an old meme – never was true)

Listen to Tara's discussion following the statement above

*They told Rama:*

- the physical bodies are not us: what is going on in the physical mind isn't necessarily what is happening
- the children coming in now don't see the physical the way we do: they feel the heart

*They also told him:*

- Larry King passed over this am  
[T brings up Larry's past history – Nebraska, child trafficking]
- that - re Afghanistan - as Pres Biden has reached out to the Taliban and the Afghani gov't – about reviewing the peace agreement –
  - at the same time, Afghanistan wants the US OUT of there!  
[R: the US has no business being there or in Iran or other places there ]
- there is so much history that needs to be re-membered correctly

*They also said*

- everyone in the US – and elsewhere - has had 4 years of intense trauma and stress – we should all thank ourselves that we are still here and things are getting better on the planet in spite of appearances; gives examples

**R:** brings up Obi Wan who said if you're going to play with those things (guns) get a Light Sabre and learn Tai Chi and know what you're doing! -

- and that things are happening at quantum light speed – doesn't know how to describe time and space . .
  - Talks about remembering the Orion War . . . got help getting out from under the control of the Borgs
- 
- Discussion about someone's kids dying - put in the Circle of Support
  - Discussion of Kamala as a bridger – we all choose to come in
    - the body is not us, and Hitler caused experiments to be done on the physical bodies
    - a female in her original self could create out of herself without sperm – depends on knowing a number of yogas (that are not taught commercially)
  - Max and Stacy say it as it is re: money and what is happening

**AUDIO:** [Keiser Report: Get ready for the perpetual bond](#)

**2021-01-23**

**VIDEO:** <https://www.rt.com/shows/keiser-report/513338-china-companies-trade-wars/>

**PODCAST:** <https://soundcloud.com/rttv/keiser-report-get-ready-for-the-perpetual-bond>

In this episode of the *Keiser Report*, Max and Stacy look at the discussion of governments issuing perpetual bonds for the unpayable debts and eternal economic crisis.

In the second half, Max continues his conversation with Gerald Celente of TrendsResearch.com about the year everything changed. They discuss civil unrest and trade wars with China.



**AUDIO:** Kryon - "Circle of Twelve" + Bonus – 2020

**2021-01-16**

<https://www.youtube.com/watch?v=-MCCWHazaQE>

[KRYON - Channelling](#)

This live channelling series was streamed between October 7th and December 25th, 2020.

Multi-Dimensional Communications with Innate [00:00:00](#) -

Meditation Monika Muranyi [00:01:24](#) -

Kryon The System of The Old Soul [00:16:24](#) -

Meditation Monika Muranyi [00:18:29](#) -

Kryon Innate Knows You Are Looking [00:31:52](#) -

Meditation Monika Muranyi [00:33:21](#) -  
Kryon The Majesty of Consciousness [00:46:24](#) -

Meditation Monika Muranyi [00:48:10](#) -  
Kryon USA Election Special [01:01:42](#) - A Maturing Humanity -

Kryon Stargate Christmas Special - The Plan - [01:21:57](#) - The Plan -  
**AUDIO: Politics Nation – Michael Eric Dyson is the guest**

**T's comments on what was being discussed** – the vaccination as a means for cutting off our consciousness.

**Reading:** from **The Secret Destiny of America – Chapter 9 – the Prophecies of Nostradamus**

- Religion as a means to hide/negate the teachings of St Germain
- K17 is a whole written material by the galactics -

**ASTROLOGY RICHARD [RI]**

**RI: Opening comments . . .**

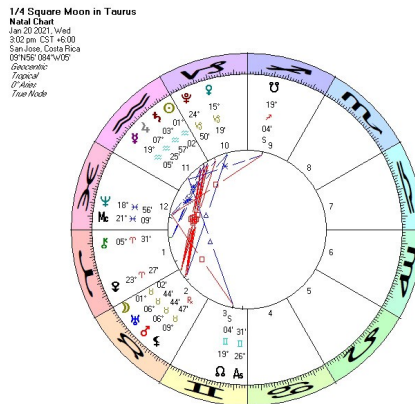


**January 20, 2021 Astrology Forecast**

[Astrology for the Soul January 20, 2021](#)

<https://youtu.be/Y5Kh-05kAng>

[Click here to download/listen to the Pele Report](#)



*I will create a new future,  
Keeping the best of the past,  
By maintaining a forward momentum,  
And not pushing too hard or fast.*

Hola Alliarchists!

**Just thinking of a name for the new paradigm... Matriarchy and Patriarchy = ?archy? Allarchy? Omniarchy? With the Moon conjunct Mars and Uranus today, maybe Radarchy. A mighty day indeed.** We can do a birth chart for the Joe Biden presidency that will tell us about his next four years in office, and it will be pretty similar to the attached 1/4 square Moon chart for today. What does that herald? Listen to today's Pele Report and stretch it out over 4 years. This week's mantra will also hold good for some time to come.

**What I find highly significant, and perhaps I didn't go into it deeply enough in today's report, are the Moon's nodes coming into exactly square Neptune this week (within minutes right now!).** If we consider Neptune in Pisces as a "skipped step" or a "missing piece of the puzzle," to me, that says that what we need to make that chart work. Make Biden's presidency work. Make Life work right now. **Divine Love, Hope, Compassion, Forgiveness, Unity, Imagination, and Spiritualization of our consciousness. Can we pull that off?**

We need to take the natural laws of Sagittarius and bring them down and out through Gemini. I'm sitting with the old saying, "So much to do in so little time." I know I spoke of a Chiron in Aries workshop. **Today, I'm thinking of a "Politics of America" workshop where we'd look at Biden's and Harris' charts individually and in relation to the US chart.** I love that he has his powerful Scorpio Sun in the 12th house, which tells me he is more and has more going on than what meets the eye! **Let me know via the NPA [IG](#), [FB](#), or [website](#) what your preference for a day-long Astro webinar might be, and I'll see if I can put it together!**

**I did mention it briefly in the report, but I think it is worth emphasizing that this week is propitious for beginning new projects, manifesting new ideas and new relationships.** As the Moon is waxing to become full in Leo next week, the energy is supporting expansion. That Full Moon is opposite a Sun Jupiter conjunction too, but that is next week's report!

**For now, the challenge is that of self-mastery.** Not too fast, not too slow, not too much, not too little. Everything coming from the center. It's a time to invest your time, energy, and resources into long term initiatives. All the better if these are ingenious alternatives emerging from an enlightened awareness of all life's interconnectedness both on and off the planet.

**Let's make the new "normal," the new "spectacular!"** I always think of Uranus when I see the thumbnail for this week's report as I associate it with the third eye. Only appropriate to have Alan Parson's "[Eye In The Sky](#)" as this week's song!

Also, you might like "[Ride the Storm](#)," by Lindsey and Gerrit.

***So Much Love,  
Kaypacha***

**AUDIO: FULL MOON in LEO [Jan 28] Astrology Numerology Star Code Forecast**

<https://taniagabrielle.com/ep-92-leo-full-moon-express-love-and-goodness/>

<https://www.youtube.com/watch?v=p0jnJGOsHmE>



The Leo Full Moon on January 28 merges the Sun with joyful Jupiter while stimulating a fiery, potent T-square from the Full Moon to Mars and Uranus. An activation of profound proportions is shifting your belief about life – and allowing you to trust in loving, giving and goodness.

**CONFERENCE CALL**

<https://fccdl.in/aZ9rksLgWX>

**Ca/CH:** Report on events at the school – various kids tested positive

**Ca/PA:** comments on the testing processes . . .

**T:** a cold is on the coronavirus spectrum -

- now there are 2 other variants found in the UK
- they are playing with the technology of sound

**Ca/Ph:** thinking of things like creating an orgone vest

**Ca/PA:** asking of any studies using orgone on the virus?

- Thinks using orgone would take body's vibration higher so the virus can't live
- Read the 21st Psalm – about making the most high your sanctuary

**Ca/Bi:** also wants to have an orgone vest!

**Ca/Ph:** has a book about orgone – has made quilt covers, vests in the past

**AND MUCH MORE!!! PLEASE LISTEN TO THE CONFERENCE CALL**

**B B S RADIO**

**Rama's music choices**

**T:** our task now is to stay in the higher vibration . . .

**AUDIO: Ancient Technology of Ra**

[Ancient Civilizations](#)

<https://www.gaia.com/video/ancient-technology-ra>

S3:Ep2

30 mins

January 18, 2021

With a computer graphics simulation, we reconstruct the Temple of Heliopolis to demonstrate how it generated electrical power across a network of obelisks.



Our team of luminaries examine the materials of the pyramids and the obelisks, as well as their geometrical construction, to see how they used the sun to generate and distribute electricity. It seems that this civilization was more advanced than history gives credit. We also discover that the gifts of Ra include more than solar power. The energy emanating from such an array would have affected the minds of those nearby. If we learn these secrets, could we once again harness the energy of Ra which radiates to raise consciousness, fuel society, and nourish the state of the world?

Featuring: Chris Dunn, Johnny Enoch, Matias De Stefano, Andrew Collins, Freddy Silva, William Henry, Tricia McCannon, Nassim Hamein, 13:30?, Sonja Grace, Gregg Braden, Jack Cary

**AUDIO: New Age of Atlantis with Raymond Tarpey** [Open Minds with Regina Meredith](#)  
S 9: Ep 4 55 mins July 6, 2017

<https://www.gaia.com/video/new-age-atlantis-raymond-tarpey>

In this interview with Regina Meredith, Raymond Tarpey tells us that it is America's destiny to become the new Atlantis. To explain this, he guides us through the history and influence of Atlantean culture on the growth of civilization and the spiritual development of humanity. Ages ago, as great cataclysms tore apart the great domains of Atlantis, refugees sought out new lands and new civilizations to become seeds of this lost golden age. Those seeds took root in Egypt and other civilizations, spreading esoteric teachings through various cultures across the world. We still see the influence of Atlantis, today, as these ancient esoteric teachings become more common knowledge and a new golden age is reborn.

Instructor/Host: Regina Meredith

Featuring: Raymond Tarpey

**AUDIO: Time of the Vulture with Darryl Schoon** [Open Minds with Regina Meredith](#)  
S 18: Ep 3 57 mins January 21, 2021

<https://www.gaia.com/video/time-vulture-darryl-schoon>

What are the lessons of the current economic era? Financial analyst Darryl Schoon is the author of **Time of the Vulture: How to Survive the Crisis and Prosper in the Process**. In this conversation, he shares vivid stories from his time as a student in 1960s California to a prison sentence for selling psychedelics. He has seen many waves of growth and change in our society. He says that the coming "time of the vulture" is the potential for the collapse of our modern currency and banking. That may not be a bad thing, according to Schoon, if we keep faith in our limitless human potential.

Instructor/Host: Regina Meredith

Featuring: Darryl Schoon

**T:** Various kinds of music; Pres Biden's speech in front of President Lincoln; another speaker

**Closing:** Rainbird

**Rama:** Alan Watts - The Secret of Life  
<https://www.youtube.com/watch?v=iZ8so-ld-l0>